

# Influenza A viruses: new research developments

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**Abstract** | Influenza A viruses are zoonotic pathogens that continuously circulate and change in several animal hosts, including birds, pigs, horses and humans. The emergence of novel virus strains that are capable of causing human epidemics or pandemics is a serious possibility. Here, we discuss the value of surveillance and characterization of naturally occurring influenza viruses, and review the impact that new developments in the laboratory have had on our understanding of the host tropism and virulence of viruses. We also revise the lessons that have been learnt from the pandemic viruses of the past 100 years.

## Reassortment

The exchange of segments of the viral genome between two distinct virus strains.

## Clades

Groups of biological taxa or species, the members of which share homologous features that were inherited from a common ancestor.

## Antigenic drift

A gradual change in genotype that is due to antibody-mediated immune selection pressure driving the accumulation of mutations.

## Antigenic shift

The reassortment of viral genomes, leading to the generation of a new subtype with a dramatic change in antigenic potential.

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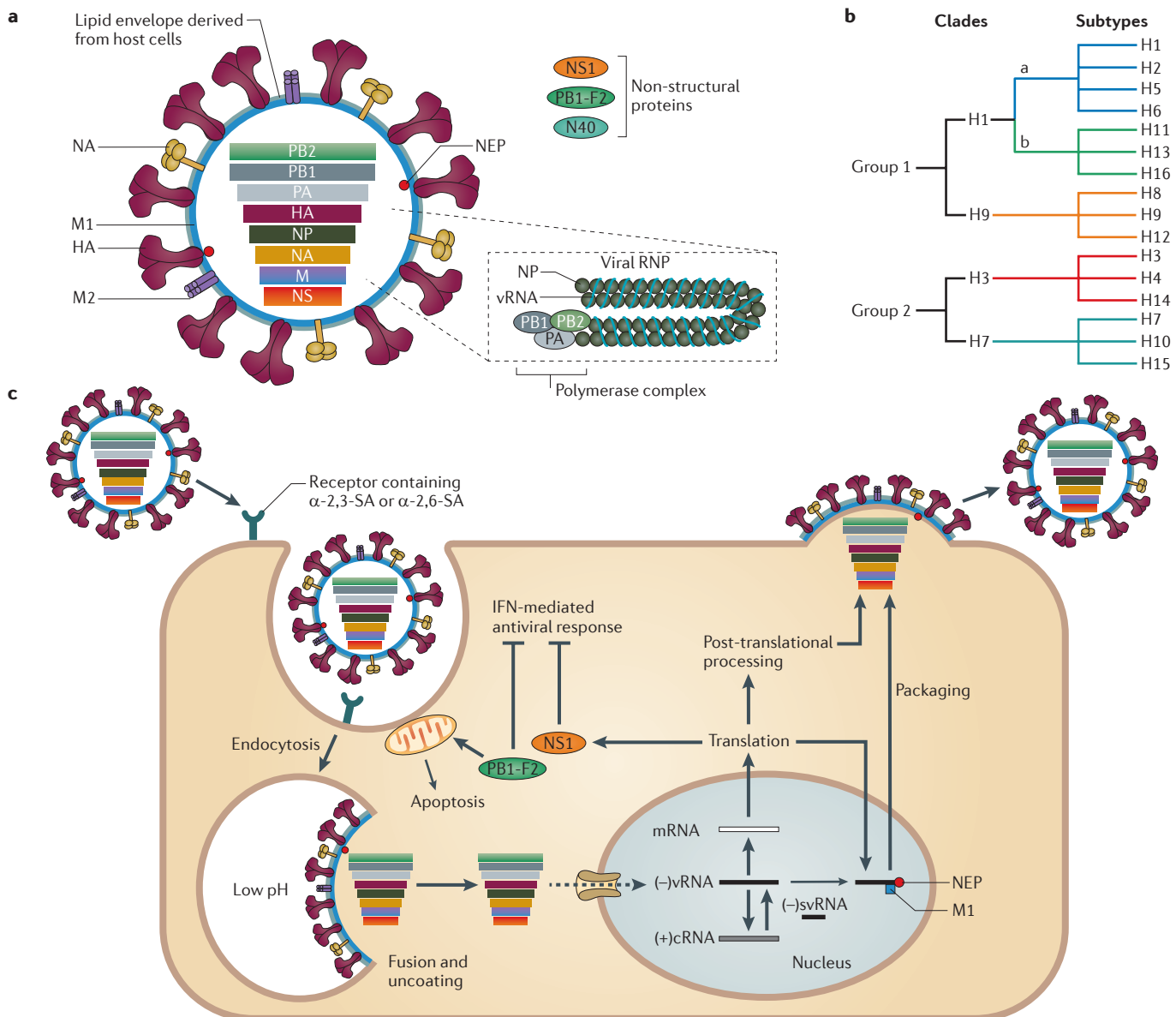
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Influenza A viruses constantly circulate in many animal hosts, such as humans, birds, horses, dogs and pigs. Seasonal influenza virus infections in humans cause annual epidemics that result in millions of human infections worldwide and have significant health and economic burdens<sup>1</sup>; influenza pandemics can also have devastating effects globally, resulting in millions of deaths<sup>2</sup>. Influenza A virus has a segmented genome of eight single-stranded negative-sense RNA molecules that typically encode 11 or 12 viral proteins<sup>3</sup>, including N40, a newly identified protein that is expressed from the PB1 segment<sup>4</sup> (FIG. 1a). It is well known that simultaneous infection of a single cell by two distinct influenza A viruses can lead to gene mixing, or reassortment, which can result in the generation of a novel influenza virus strain, and it is believed that most human pandemic viruses arose in this manner.

Influenza A viruses can be subtyped according to the antigenic properties of their haemagglutinin (HA) and neuraminidase (NA) glycoproteins. HA has an important role in determining host tropism, as it binds to host cell receptors that contain terminal  $\alpha$ -2,6-linked or  $\alpha$ -2,3-linked sialic acid ( $\alpha$ -2,6-SA or  $\alpha$ -2,3-SA) moieties. It also contains a cleavage site that must be cleaved by host cell proteases. The amino acid sequence of this cleavage site modulates tissue tropism and systemic spread, affecting disease severity (discussed below). The neuraminidase activity of NA is crucial for destroying the SA-containing receptors of the host and viral membranes, a process that is required for proper budding and release of progeny virions from the host cell surface. Currently, there are virus strains from 16 HA subtypes and nine NA subtypes circulating in birds, and strains from two virus subtypes circulating in humans: H1N1 and H3N2 (H2N2 strains were also circulating in humans from 1957 to 1968). Overall, the HA subtypes are classified into two groups

(or lineages) based on their antigenic properties and their major structural features<sup>5–8</sup> (FIG. 1b). Group 1 encompasses the H1a, H1b and H9 clades, which include the H1 subtype that contains both the 1918 and 2009 pandemic H1N1 strains and the human seasonal H1N1 strains, and the H5 HA subtype that includes the highly pathogenic avian influenza (HPAI) H5N1 strains. Group 2 consists of the H3 and H7 clades, which contain the human H3N2 strains and the HPAI H7N7 strains, respectively (FIG. 1b). Antigenic evolution of human seasonal influenza A viruses occurs through antigenic drift and is characterized by the seasonal selection of new strains containing amino acid changes in HA and NA. These changes partially overcome pre-existing immunity in humans, and these new strains are largely responsible for seasonal influenza epidemics. More dramatic changes in HA subtype resulting from antigenic shift have traditionally been associated with the emergence of pandemic viruses<sup>9</sup>, although this notion has been challenged by the 2009 H1N1 pandemic (discussed below). Therefore, HA not only has a crucial role in the influenza virus life cycle (FIG. 1c) but also, through variations in its genotype, is a determinant of host susceptibility and pathogenesis.

The zoonotic origin of human influenza pandemics is well described<sup>9</sup> and is highlighted by the increasing number of lethal human infections with HPAI H5N1 viruses that have spread in domestic birds throughout parts of East and Southeast Asia, the Middle East, Africa and Europe. Fortunately, these antigenically novel viruses have yet to sustain human–human transmission and have therefore failed to generate a potentially devastating human pandemic. By contrast, and as a surprise to the influenza virus research community, a novel H1N1 swine origin influenza virus (SOIV) emerged in 2009 to produce the first human influenza pandemic of the twenty-first



**Figure 1 | Replication and antigenic classification of influenza A viruses.** **a** The influenza A virus genome consists of eight single-stranded RNAs that encode 11 or 12 proteins. These are nuclear export protein (NEP), also known as NS2) and the host antiviral response antagonist non-structural protein 1 (NS1), which are encoded by the NS segment; the matrix protein M1 and the ion channel M2, which are encoded by the M segment; the receptor-binding protein haemagglutinin (HA), the sialic acid-destroying enzyme neuraminidase (NA), nucleoprotein (NP), and the components of the RNA-dependent RNA polymerase complex (PB1, PB2 and PA), all expressed from their respective genome segments; and the newly identified N40 protein, which is expressed from the PB1 segment and has an unknown function<sup>4</sup>. In addition, some viruses express the pro-apoptotic protein PB1-F2, which is encoded by a second ORF in the PB1 segment. Within the virion, each of the eight viral segments forms a viral ribonucleoprotein (RNP) complex: viral RNA is wrapped around NP, and this structure is then bound to the viral polymerase complex. **b** The antigenic properties of HA allow the classification of influenza A viruses into two major groups, 1 and 2, which are further classified into five clades and 16 subtypes. **c** In the initial stages of influenza A virus replication, the viral HA attaches to host cell receptors that contain terminal  $\alpha$ -2,6-linked or  $\alpha$ -2,3-linked sialic acid ( $\alpha$ -2,6-SA or  $\alpha$ -2,3-SA) moieties, and the virus enters the cell by receptor-mediated endocytosis. Cleavage of HA by cellular

proteases is required to expose the HA peptide that is responsible for the fusion between the viral envelope and the endosomal membrane (see below). Acidification of the endocytic vesicle opens the M2 ion channel, resulting in acidification of the inside of the virion, a process that is required for proper uncoating of the RNP complexes that contain the viral genome. Acidification of the endosome also triggers the pH-dependent fusion step that is mediated by HA and results in the cytoplasmic release of the RNP complexes. These translocate to the nucleus, where the RNA-dependent RNA polymerase transcribes and replicates the negative-sense viral RNA ((-)vRNA), giving rise to three types of RNA molecules: the complementary positive-sense RNA ((+)cRNA), which it uses as a template to generate more vRNA; negative-sense small viral RNAs (svRNAs), which are thought to regulate the switch from transcription to replication<sup>153,154</sup>; and the viral mRNAs, which are exported to the cytoplasm for translation. Viral proteins that are needed in replication and transcription are translocated back to the nucleus, and progeny RNPs are then exported to the cytoplasm for packaging, assisted by M1 and NEP. Viral HA, NA and M2 are transported by the trans-Golgi secretory pathway, and the mature proteins arrive at the plasma membrane, where M1 assists in the formation of virus particles. Budding then occurs, and release from the host cells is mediated by the neuraminidase activity of NA, which destroys the SA of the cellular and viral glycoproteins that would otherwise retain the new virions at the cell surface.

century. Within 1 year, this virus spread to 214 countries and caused >18,000 confirmed deaths worldwide<sup>10</sup>. It is estimated that, by April 2010, 43 million to 89 million people had been infected with this virus in the United States alone<sup>11</sup>.

As the 2009 pandemic H1N1 SOIV spread, modern-day surveillance systems, as well as recently established experimental tools and animal models, were rapidly deployed to characterize its genomic sequence and pathogenicity and to investigate its transmission competence, antigenic characteristics and antiviral susceptibility. Outstanding collaborative work from many laboratories worldwide ensured that the pandemic was dealt with as swiftly as possible. During this period, it was apparent that progress in several areas of current influenza virus research greatly enhanced our ability to react quickly. However, it was also apparent that the pandemic caught the world off guard and that specific aspects of the pandemic-preparedness plans are still in need of improvement. This Review discusses the recent advances and future needs for comprehensive and systematic animal and human surveillance, improved assessment of the virulence of novel strains in humans and a better understanding of viral tropism and of the underlying mechanisms of pathogenesis.

### Influenza A strains of the twenty-first century

The pandemic potential of the HPAI H5N1 virus, as well as the numerous outbreaks in wild birds with viruses of the H5, H7 and H9 subtypes in the past decade<sup>12,13</sup>, has prompted the surveillance of influenza viruses in avian species in several regions around the world<sup>14,15</sup>. However, the emergence of the 2009 H1N1 pandemic from pigs revealed the lack of systematic surveillance of other susceptible hosts. Large-scale surveillance efforts have been aided by the development of several key technologies, including high-throughput and deep-sequencing techniques (which have been used to obtain full viral genome sequences from field and clinical isolates), dedicated sequence databases and sophisticated phylogenetic and coalescent analysis tools. These tools are allowing faster, more comprehensive epidemiological studies of influenza viruses in human and natural reservoirs.

**Surveillance of avian viruses.** HPAI H5N1 viruses probably arose from mutations in the HA cleavage site through the introduction of a low-pathogenic avian H5N1 virus from wild birds into domestic birds<sup>16</sup>. Several major outbreaks of HPAI H5N1 viruses in domestic birds have occurred, and the first human case of HPAI H5N1 infection was documented in 1997 (REF. 17). Overall, 562 human cases from 15 countries, with a fatality rate of ~59% (329 deaths), have been reported to the WHO<sup>18</sup>, and so far most cases have been associated with direct human contact with infected avian species. Surveillance of wild birds is key to understanding the origin, pathogenesis, evolution and global spread of these viruses. Since 2002, genotype Z (which contains small deletions in the genes encoding the NA and NS1 proteins) has been the predominant H5N1 genotype in southern China<sup>19</sup>. Nonetheless, ten main distinct clades of the HPAI H5N1

virus have been identified to date<sup>20,21</sup>, demonstrating the complex and dynamic evolution of these viruses in nature. Comprehensive genomic studies of a diverse collection of avian influenza viruses (AIVs) demonstrated that the greatest variability lies in the HA, NA and NS1 proteins<sup>15</sup>, and led to the discovery of a putative PDZ domain ligand at the carboxyl terminus of NS1 (REF. 15) that might be involved in virulence<sup>22</sup>. Surveillance of North American wild birds indicated that Eurasian and American strains rarely mix and detected no evidence of HPAI H5N1 viruses<sup>14</sup>. However, AIV isolates from the United States demonstrated a high rate of reassortment rates among circulating strains, although no clear association patterns among RNA segments were found (that is, there seems to be no requirement for a pair or group of segments to be reassorted together). This is suggestive of a constant mixing of AIV genomes rather than the spreading of a restricted and stable set of segments that characterizes mammalian-adapted influenza A viruses<sup>23</sup>.

In 2005, an HPAI H5N1 virus was responsible for an outbreak in waterfowl in Qinghai Lake, western China, resulting in high bird mortality and raising concerns of the potential for sustained transmission of HPAI H5N1 viruses among migratory birds<sup>24</sup>. Subsequently, genetically and antigenically distinct HPAI H5N1 clades have emerged throughout a broad geographical range in Southeast Asia and have become endemic in domestic poultry<sup>25,26</sup>. More recently, HPAI H5N1 viral lineages have emerged through reassortment with the endemic viruses that are present in local aquatic poultry, leading to the selection of viruses that are capable of infecting multiple avian hosts and allowing transmission to other geographical regions<sup>16</sup>. Both transport of poultry and bird migration appear to have important roles in the spread of HPAI H5N1 viruses over long distances, and possibly explain the outbreaks in Europe, the Middle East and Africa. Nonetheless, the lack of further reassortment of these viruses after they have been exported out of China indicates that different factors affecting the epidemiology of AIVs may exist in other areas of the world<sup>16</sup>.

In addition to outbreaks in wild birds and human disease caused by HPAI H5N1 viruses, the past two decades have seen outbreaks in poultry<sup>12,13</sup> and also zoonotic infection of humans with viruses of the H7 (REFS 27,28) and H9 (REFS 29,30) subtypes in Europe, Asia and the Americas<sup>31,32</sup>. These outbreaks have motivated enhanced surveillance efforts to better understand the ecology, genomic characteristics and global circulation of these and other AIVs<sup>12,13</sup>. A large-scale phylogenetic analysis of the H9N2 viruses revealed marked geographical and host-specific patterns that reflect the complex evolution of these viruses<sup>33</sup>. In southern China, the long-term establishment of multiple AIV lineages, such as the H9N2 and H5N1 lineages, is thought to contribute to the high level of reassortment that is seen in this region, thus giving rise to the great genetic diversity of these viruses<sup>34</sup>. Interestingly, the genes encoding the internal proteins (PB2, PB1, PA, NP, M and NS) of H9N2 viruses have been found to be similar to those of the AIV and HPAI H5N1 viruses that were isolated from humans during 1997 (REFS 30,33), whereas the HA protein of the H9N2

#### Genotype

The classification of an influenza A virus subtype based on the genetic characteristics of the eight gene segments.

#### Zoonotic

Pertaining to an infectious disease: originating in non-human animals, both wild and domestic, and able to be transmitted from those animals to humans.

#### Coalescent analysis

A retrospective study of a genetic population (in this case, the influenza A virus genomes or segments), allowing all the alleles of each gene in question to be traced to a single ancestral gene.

**Box 1 | Molecular epidemiology of the 2009 H1N1 influenza A virus pandemic**

The 2009 H1N1 influenza A virus possibly emerged in April 2009 through a single introduction into humans<sup>49</sup> in North America (most likely in Mexico)<sup>147</sup>. Its genome has none of the previously known markers of human adaptation, and its predecessors possibly circulated undetected in pigs for some time, suggesting that reassortment of the precursor swine lineages probably occurred years before the detection of the virus in humans<sup>49,50</sup>. Early epidemiological data indicated that the basic reproduction number ( $R_0$ ; a measure of human–human transmission) was approximately 1.2, similar to the lower-end  $R_0$  estimates of previous influenza pandemics, and in children <15 years old the clinical attack rate was double that in adults<sup>48</sup>. Antigenic analysis confirmed the similarity of this virus to swine viruses circulating in North America and its difference to human seasonal H1N1 viruses<sup>49</sup>. Shortly after worldwide outbreaks began, the dynamic spread of the virus was rapidly tracked and mapped<sup>147–149</sup>. Outbreaks were characterized by multiple regional introductions of the novel pandemic strain<sup>150</sup>. The global geographical spread occurred in three major stages: first, the spread from Mexico to the United States; second, sustained transmission in North America and an initial spread to other parts of the world; and third, continuous global spread and secondary outbreaks outside the Americas<sup>147,149</sup>. Coalescent-based studies demonstrated that the virus circulated in the human population for a period of up to 3 months before it was first identified (the date of the original human infection (that is, the date of the most recent ancestor) was estimated to have been between 29 December 2008 and 22 February 2009)<sup>147,148</sup>, with its spread resembling the epidemiological dynamics of seasonal influenza viruses<sup>38</sup>. Of note, during the 2009 pandemic multiple introductions of the virus into domestic pigs were detected in several parts of the world, and a study in Hong Kong reported the presence of a swine reassortant isolate containing an NA protein similar to that of the human pandemic H1N1 virus<sup>151</sup>. A comprehensive longitudinal study conducted in southern China showed that extensive reassortment among circulating swine and human–avian lineages (such as those shown in FIG. 1b) led to the emergence of antigenically and genetically diverse swine influenza viruses in around 2007 (REF. 152). The potential for further reassortment of the 2009 pandemic H1N1 virus warrants further systematic and comprehensive surveillance of pigs worldwide to characterize and detect circulating viral strains with a potential risk for humans.

viruses that are endemic to China, and were surveyed throughout 2007, appear to have undergone positive selection for about 13 years rather than undergoing reassortment<sup>35</sup>. Extensive segment reassortments have also been observed within the H7 viruses, which have multiple NA subtypes that are associated and maintained with specific H7 HA proteins throughout different geographical regions (for example, in Australia H7 viruses form a monophyletic clade based on their HA protein, which can combine with N2, N3, N4, N6 and N7 subtypes)<sup>36</sup>. Recent H7 viruses that were isolated through surveillance of wild birds in Europe were closely related to those H7 viruses that caused outbreaks in poultry in Italy (1999–2000) and the Netherlands (2003)<sup>37</sup>, highlighting the value of systematic surveillance efforts for detecting avian viruses that are potential threats to humans.

***Molecular epidemiology of human seasonal viruses.***

The seasonal H1N1 and H3N2 viruses have been co-circulating in humans since 1977. Although both H1N1 and H3N2 subtypes have distinct evolutionary dynamics, with the H1N1 subtype drifting at a slower rate<sup>38</sup>, they each undergo frequent reassortment among the lineages within their subtype<sup>39–41</sup>. Thus, multiple lineages co-circulate, and random intra-lineage reassortment contributes to the overall viral genetic pool that is present in a season<sup>40</sup>. Large-scale analysis of H1N1 and H3N2 virus sequences led to the ‘sink–source’ model to explain the origin of annual seasonal strains.

This model proposes that a population in the tropics undergoes strong antigenic selection and serves as the ‘source’ for influenza virus epidemics, such that viruses are exported linearly from this source to ‘sink’ populations in the Northern and Southern Hemispheres<sup>38</sup>. The strongly unidirectional nature of global epidemics was also shown by genetic and antigenic analysis of the 2002–2007 seasonal H3N2 viruses<sup>42</sup>. This study showed that overlapping epidemics in East and Southeast Asia generate a continuous circulation of H3N2 influenza viruses within this region, from which viruses are then seeded (through travel and trade) to Oceania, North America, Europe and, subsequently, South America. Hence, close surveillance of influenza viruses in East and Southeast Asia may help to determine the antigenic characteristics of the viruses that might circulate later in other parts of the world<sup>42</sup>. In agreement with these findings, the emergence of influenza viruses that cause seasonal epidemics is largely influenced by the global migration of viruses and is not a result of latent influenza viruses within the host being reactivated during winter<sup>43</sup>. Dry, cold, wintery conditions appear to contribute to the efficient transmission and spread of influenza viruses<sup>44</sup>. However, the 2009 pandemic H1N1 virus emerged during spring in the Northern Hemisphere, spread during summer and produced a larger second wave of infections that peaked in early autumn<sup>45</sup>, indicating that although climate conditions influence the epidemiology of influenza A virus, its transmission and spread can occur efficiently in naive populations regardless of seasonality, and that this spread can be modulated by other factors such as close gathering of the susceptible population<sup>46,47</sup>.

***Emergence of the 2009 pandemic H1N1 influenza virus.***

Despite an increased focus on surveillance of HPAI H5N1 viruses in Southeast Asia, the emergence of an H1N1 pandemic SOIV in April 2009 was largely unexpected. Fortunately, several years of coordinated international efforts to avoid a potential H5N1 pandemic allowed the prompt detection and continuous surveillance of the novel pandemic H1N1 strain as it spread worldwide (BOX 1). Unprecedented efforts using modern epidemiological and molecular tools allowed the rapid characterization of human transmission rates<sup>48</sup> and the determination of the pathogenic potential<sup>48</sup> and the sequence and origin<sup>49,50</sup> of the novel H1N1 virus. However, the accuracy and value of evaluating pathogenesis early during a pandemic remains a controversial issue. For instance, the limited epidemiological data that were available at the beginning of the outbreak in Mexico led to an overestimation of the severity of the novel pandemic virus<sup>48</sup>. Nonetheless, early genetic and evolutionary analyses revealed that this virus contains a complex set of genes which originate from the viruses that infect birds, humans and pigs<sup>49,50</sup> (FIG. 2), and that it was likely to be derived from viruses which had been circulating in swine populations, undetected, for approximately one decade<sup>50</sup>. The emergence of the 2009 pandemic H1N1 virus thus underscored the importance of animal and human surveillance in understanding and responding to emerging and re-emerging zoonotic pathogens.

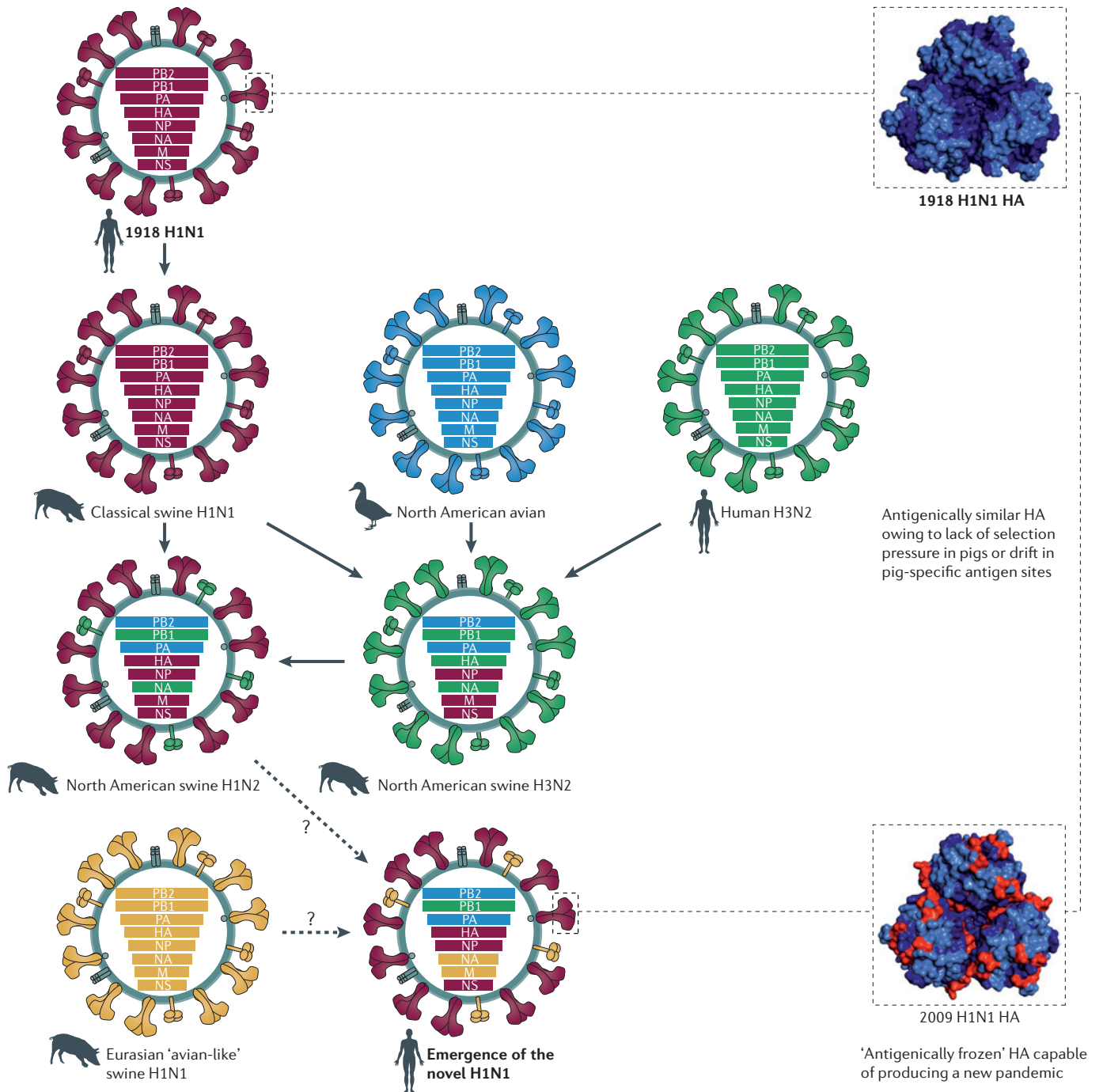


Figure 2 | **Emergence of an 'antigenically frozen' 2009 pandemic H1N1 virus.** Influenza viruses similar to the 1918 pandemic H1N1 virus became established in domestic pigs between 1918 and 1920; this lineage is referred to as the classical swine lineage. In 1979, a distinct Eurasian 'avian-like' H1N1 virus emerged in European pigs and has since co-circulated with the classical swine H1N1 viruses. Triple-reassortant swine origin influenza virus (SOIV) H1 viruses of different strains and subtypes (for example, H3N2 and H1N2) emerged and became predominant among North American pig herds in the 1990s. All of these viruses provided the genetic pool for the genesis of the 2009 pandemic H1N1 SOIV, possibly owing to further reassortment in pigs. Thus, the 2009 pandemic H1N1 virus is composed of PB2 and PA segments from North American avian viruses, the PB1 segment of the human H3N2 viruses, haemagglutinin (HA; of the H1 subtype), nucleoprotein (NP) and NS segments derived from classical swine H1N1 viruses, and the neuraminidase (NA; of the N1 subtype) and M segments of Eurasian 'avian-like' swine viruses. Sequence and antigenic analyses of the 2009 pandemic H1N1 virus show that there are similarities between the HA of this virus and that of the 1918 and human H1N1 viruses that circulated sometime between 1918 and the 1950s. The antigenic similarities between the 1918 and 2009 pandemic H1N1 viruses are represented in the crystal structure models of the trimeric configuration of the HA protein globular head, as seen from a top view. The antigenic sites of the HA proteins are shown in light blue, non-antigenic sites are shown in dark blue. The sites that differ between the 1918 and 2009 HA proteins are depicted in red.

### Novel concepts in host tropism

Most influenza virus subtypes are restricted to specific hosts, but some seem to be more promiscuous and circulate in several species (for example, H1N1 and H3N2 viruses are endemic in humans, birds and pigs). Since 1918, the H1N1, H2N2 and H3N2 subtypes have initiated influenza pandemics in humans<sup>9</sup>. The fact that only sporadic infections have occurred (in humans who were in direct contact with avian species infected with HPAI H5N1 viruses) emphasizes the notion that host factors restrict influenza virus infection in new species (reviewed in REF. 51). Nonetheless, the 2009 H1N1 pandemic and previous pandemics are reminders that certain viruses can readily bypass host restriction barriers.

**Tissue tropism and receptor specificity.** The HA proteins of the human seasonal H1 and H3 virus subtypes mainly recognize receptors with terminal  $\alpha$ -2,6-SA moieties, which are found on bronchial epithelial cells of the human upper respiratory tract (URT)<sup>52,53</sup>. By contrast, AIVs bind predominantly to galactose linked to  $\alpha$ -2,3-SA<sup>54</sup>, which is found abundantly on epithelial cells in the intestine of birds and in the lower respiratory tract (LRT) of humans<sup>55,56</sup> (FIG. 3). Pigs have receptors containing both  $\alpha$ -2,3-SA and  $\alpha$ -2,6-SA in their trachea and have therefore been proposed as a ‘mixing vessel’ (REF. 57) for the reassortment of human and avian viruses, leading to the potential generation of pandemic viruses<sup>58</sup>. Similarly, pheasants, turkeys, quail and guinea fowl contain both receptor types in their respiratory tract and intestine<sup>59,60</sup>, so may also serve as mixing vessels. Interestingly, the H1N1 SOIV responsible for the 2009 pandemic has been reported to bind to  $\alpha$ -2,6-SA and, to a limited extent, to  $\alpha$ -2,3-SA<sup>61–63</sup>, and can infect cells of the URT and LRT<sup>64,65</sup>. Binding to the LRT is thought to induce the viral pneumonia that is seen in individuals infected with HPAI viruses and occurred in some severe cases from the 2009 pandemic. However, HPAI H5N1 viruses can also infect and replicate in cells of the nasopharyngeal and oropharyngeal epithelia, and thus might use other receptors to infect cells of the URT<sup>66</sup>. The specificity of avian viruses for  $\alpha$ -2,3-SA-containing receptors, which in humans are mainly present in the LRT, probably contributes to the limited avian–human viral transmission, although exchange of the HPAI H5N1 virus surface glycoproteins with those of a URT transmission-competent seasonal virus did not confer transmissibility<sup>67</sup>. Hence, in addition to HA–receptor specificity, other viral, host and environmental factors<sup>44</sup> probably influence the fitness and transmission of influenza viruses in different hosts.

Nevertheless, the specificity and affinity of the viral HA for its receptor is one of the crucial determinants of host tropism and transmission (FIG. 3). For example, the airborne transmission of the 1918 pandemic H1N1 influenza virus in a ferret model is modulated by amino acids at positions 190 and 225 in HA (H3 numbering is used for standardization). D225G variants have decreased  $\alpha$ -2,6-SA-binding affinity<sup>52,68</sup>, resulting in reduced attachment to goblet cells of the human trachea (which express  $\alpha$ -2,6-SA-containing receptors)<sup>52,68</sup> and

decreased transmission in ferrets<sup>69</sup>. The D225G variant in combination with the D190E change, which matches the consensus amino acids that are found in avian H1N1 strains, results in a binding preference for receptors containing  $\alpha$ -2,3-SA<sup>52</sup>. Although this virus can replicate efficiently in the ferret URT, its transmissibility is abolished<sup>69</sup>. Efficient human–human transmission of HPAI H5N1 viruses has not occurred efficiently in nature or in experimental mammalian models of transmission<sup>67,70</sup>. Therefore, specific adaptations might be needed for efficient infection and transmission of HPAI viruses in humans. Mutations G225D and E190D reduced the avidity of an HPAI H5N1 virus to  $\alpha$ -2,3-SA, but  $\alpha$ -2,6-SA specificity was not favoured<sup>71</sup>, indicating that different residues are responsible for receptor-binding specificity in H5N1 viruses<sup>72,73</sup> (FIG. 3; TABLE 1). Similarly, different residues located around the receptor-binding site have been implicated in the receptor-binding specificities of other avian<sup>71,74</sup> and pandemic viruses<sup>75,76</sup> (TABLE 1), indicating that receptor specificity is differentially modulated in diverse HA subtypes. Importantly, isolates of H1N1 SOIV viruses from the 2009 pandemic that were found to contain a D225G mutation have been associated with severe human disease and death<sup>77,78</sup>. These isolates show increased  $\alpha$ -2,3-SA binding, so this mutation confers dual receptor specificity<sup>79,80</sup>. The ability of the H1N1 SOIV responsible for the 2009 pandemic to partially bind  $\alpha$ -2,3-SA<sup>61–63</sup> contrasts with the seasonal human H1N1 viruses that emerged previous to 2009, which bind predominantly to  $\alpha$ -2,6-SA and possibly reflect years of human adaptation. Interestingly, these human viruses have higher affinity for long than for short sugars containing  $\alpha$ -2,6-SA<sup>53</sup>, suggesting that glycan topology may also modulate the binding affinity of HA and viral receptor adaptations. The slight differences in receptor-binding specificity of the 2009 pandemic strain might partly explain the increased replication, transmission and pathogenesis that were observed in animal models for this virus compared with seasonal viruses<sup>64,79,81,82</sup>. Of note, the severity of the disease induced by the 2009 pandemic H1N1 virus in the general human population was not drastically different to that seen with seasonal influenza, suggesting that additional factors, such as pre-existing immunity and host adaptations (discussed below), modulate the pathogenic potential of influenza A viruses in humans.

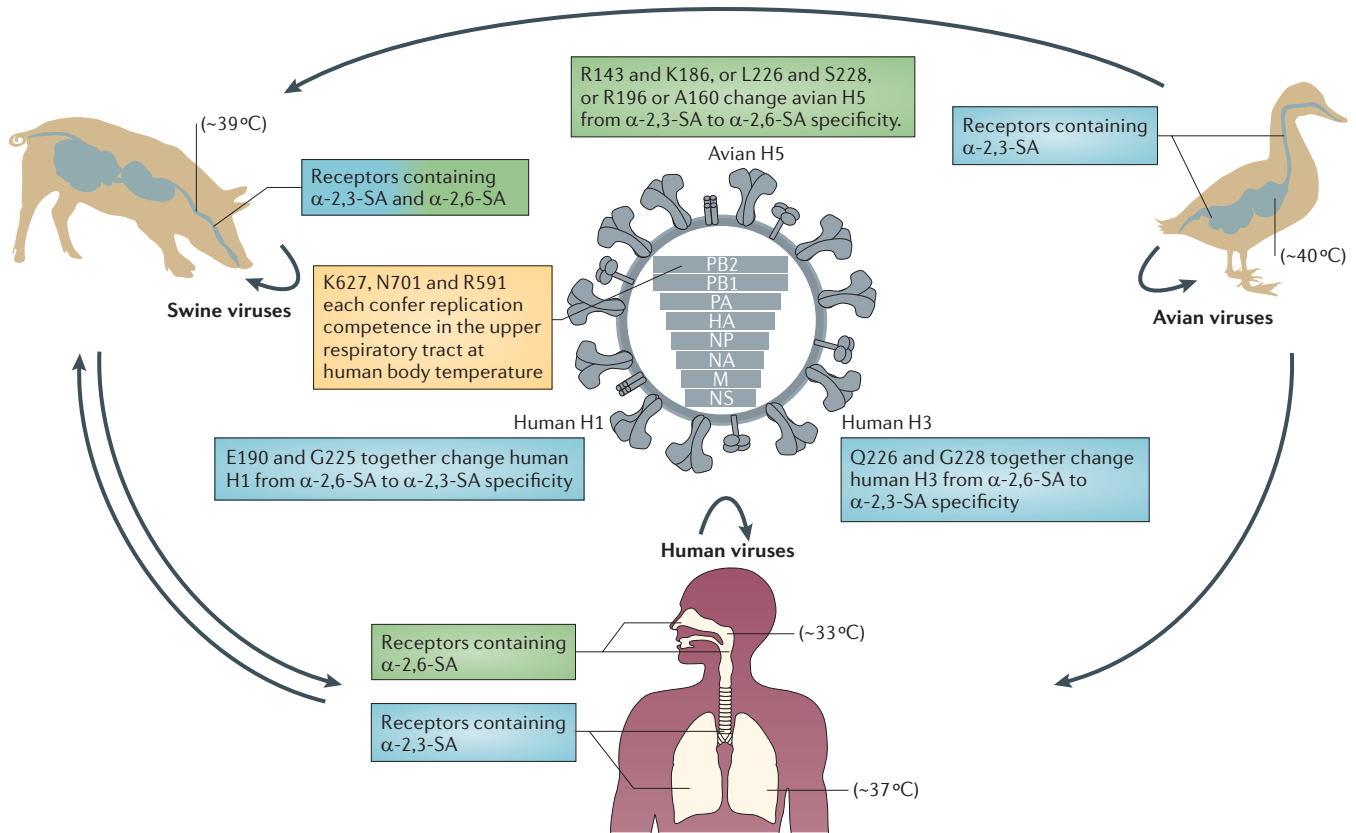
**Replication competence.** Receptor affinity alone does not guarantee successful infection and replication in the host<sup>83</sup>, as overall viral fitness is crucial for influenza virus growth. The viral polymerase confers host-specific adaptations that enhance replication efficiency. The K627 residue of the RNA-dependent RNA polymerase protein PB2 has long been recognized as a host range determinant that confers the ability to infect humans<sup>84</sup> and is present in most human H1N1 and H3N2 viruses but not in many avian viruses. Viruses containing the K627 residue can grow at 33 °C and replicate efficiently in the URT of mice<sup>85</sup>, indicating that they can readily replicate in the URT of humans (FIG. 3). K627 has been correlated with enhanced virulence of human HPAI H5N1 isolates

#### Nasopharyngeal

Pertaining to the area near the nasopharynx, which is the area of the upper throat that lies behind the nose.

#### Oropharyngeal

Pertaining to the area near the oropharynx, which is the area of the upper throat that lies behind the mouth.



**Figure 3 | Influenza A virus tropism.** The anatomical expression patterns of the viral receptors in different hosts restricts infection with and replication of influenza A viruses. The swine trachea contains receptors with  $\alpha$ -2,3-linked and  $\alpha$ -2,6-linked sialic acid ( $\alpha$ -2,3-SA and  $\alpha$ -2,6-SA) moieties that allow for binding of both avian and human viruses, leading to the idea that pigs can serve as the 'mixing vessel' (REF. 57) in which reassortment of human and avian viruses can occur. Avian viruses bind preferentially to  $\alpha$ -2,3-SA, which is found on receptors in the gut and respiratory tract of birds. By contrast, human-adapted viruses (for example, seasonal H1N1, H3N2 and 2009 pandemic H1N1 viruses) have a higher affinity for  $\alpha$ -2,6-SAs, which are expressed in the upper respiratory tract of humans. Human infection with a non-human-adapted virus is rare and is usually a result of a direct spillover transmission event. Viral proteins and their specific residues that affect receptor binding and have been established as adaptations to the human host are listed; H1, H3 and H5 are variations of the haemagglutinin (HA) protein, and PB2 is an RNA-dependent RNA polymerase component.

and was found in a fatal human case of infection with HPAI H7N7 virus during an outbreak in the Netherlands in 2003 (REF. 86). Viruses that were isolated from birds during the 2005 Qinghai Lake outbreak in China also possessed a K627 substitution<sup>24</sup>, indicating that this residue can evolve in nature without previous selection in humans. A D701N mutation in PB2 has also been implicated in the adaptation of AIVs to growth in mammalian cells<sup>87,88</sup> and has been shown to modulate transmission in the guinea pig<sup>70,73</sup> and ferret<sup>89</sup> models. Surprisingly, the 2009 pandemic H1N1 strain can efficiently replicate and transmit, and can even outcompete the seasonal human-adapted strains<sup>90</sup>, despite its PB2 having neither the K627 nor the N701 adaptations. It was recently established that an R591 residue, which is present in the 2009 pandemic strain, can confer efficient replication in mammals and compensates for the lack of the K627 and N701 adaptations<sup>91,92</sup>. Other recent studies have shown that HA, NA, PB2 and PA (another RNA-dependent RNA polymerase protein) contribute to the replication competence of H7N7 viruses in human cells<sup>86</sup>. Similarly, human-adapted

PB2 and HA proteins were found to confer replication competence and transmissibility to some AIVs in the ferret model<sup>89</sup>. Thus, adaptations in the polymerase proteins and in HA allow successful viral binding to, entry into and replication in the relevant human cells of the respiratory tract.

**Host factors that influence influenza virus infection.** Recent genome-wide approaches have identified various host factors that are required for efficient influenza virus replication<sup>93-97</sup> (reviewed in REF. 98). These include host factors that are involved in viral fusion and uncoating; transport of viral RNP complexes into the nucleus; replication, transcription and translation of the viral genome; export of viral RNP complexes from the nucleus; and viral assembly and budding. Knockdown of several of the required host factors substantially reduced viral infection rates. For example, the vacuolar ATPase ATP6V0D1, which is involved in the endocytosis pathway, is required for influenza virus entry, and small interfering RNA-mediated depletion of

Table 1 | **Molecular virulence markers and pathogenic determinants of influenza A viruses**

Virulence marker and pathogenic determinant	Pandemic virus				HPAI virus		Contemporary seasonal virus	
	1918 H1N1	1957 H2N2	1968 H3N2	2009 H1N1	H5N1	H7N7	H1N1	H3N2
<b>HA (binding and fusing with the host cell; antigenic determinant)</b>								
Sialic acid linkage specificity	$\alpha$ -2,6*	$\alpha$ -2,6 <sup>†</sup>	$\alpha$ -2,6 <sup>†</sup>	$\alpha$ -2,6 and $\alpha$ -2,3 <sup>§</sup>	$\alpha$ -2,3	$\alpha$ -2,3 <sup>  </sup>	$\alpha$ -2,6	$\alpha$ -2,6
Residues involved in binding specificity <sup>¶</sup>	D190 and D225	Q226 and N186, or L226 and S228	L226 and S228	D190 and D225 <sup>§</sup> ; K133 <sup>#</sup> , K145 <sup>#</sup> and K222 <sup>#</sup>	G143, T160, N186, Q196, Q226 and G228	Q226 <sup>**</sup>	D190 and D225	L226 <sup>¶¶</sup> and S228
Multibasic cleavage site	No	No	No	No	Yes	Yes	No	No
<b>PB1-F2 (induction of apoptosis; promotion of secondary bacterial infection)</b>								
S66 (associated with increased virulence), N66 or truncation	S66	N66	N66	Truncation	S66 or N66 <sup>§§</sup>	N66	Truncation	N66
<b>PB2 (temperature-dependent replication competence)</b>								
Adaptation to mammalian hosts	K627	K627	K627	R591	K627 or N701 <sup>   </sup>	K627 or N701 <sup>   </sup>	K627	K627
<b>NS1 (host antiviral response antagonist)</b>								
PDZ domain-binding motif <sup>¶¶¶</sup>	KSEV	RSKV	RSKV	Truncated	ESEV or EPEV; ~3.3% of H5N1 isolates in 2003 were truncated	ESEV	RSEV	RSKV
CPSF30 binding	Yes	Yes <sup>##</sup>	Yes <sup>##</sup>	No	Yes <sup>##</sup>	Yes <sup>***</sup>	Yes	Yes
E91 associated with virulence	No	No	No	No	Yes <sup>+++</sup>	No	No	No
<b>M2 (ion channel)</b>								
Resistant to adamantanes (presence of N31)	No	No	No	Yes	Yes and no <sup>§§§</sup>	No	No	Yes
<b>NA (receptor-destroying enzyme)</b>								
Resistant to oseltamivir (presence of Y275 and S294)	No	No	No	No <sup>    </sup>	No <sup>    </sup>	No	Yes	No

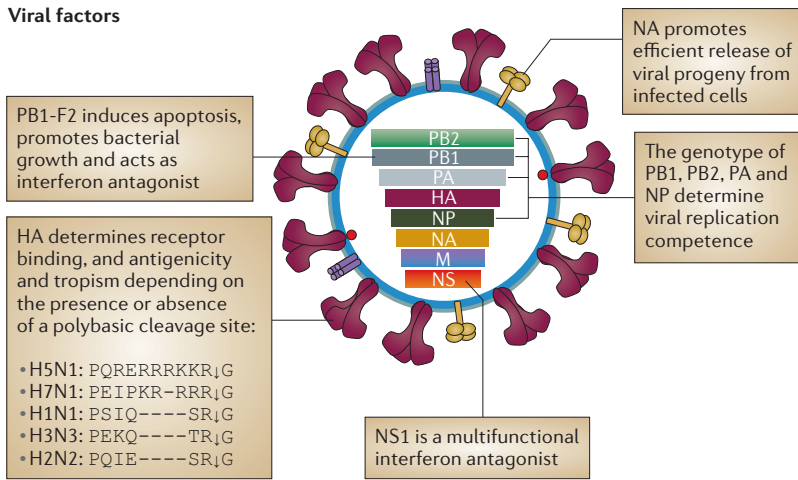
CPSF30, cleavage and polyadenylation specificity factor 30 kDa subunit; HA, haemagglutinin; HPAI, highly pathogenic avian influenza; NA, neuraminidase; NS1, non-structural protein 1. \*Some 1918 virus variants have differential receptor binding, allowing dual  $\alpha$ -2,6-linked sialic acid ( $\alpha$ -2,6-SA) and  $\alpha$ -2,3-SA specificity (see main text for details). †Some early human virus isolates contained the  $\alpha$ -2,3-SA-binding residues Q226 and Q228. ‡Residues D190 and D225 are needed for  $\alpha$ -2,6-SA binding. Binding to  $\alpha$ -2,3-SA is limited; however, the D225G amino acid mutation that is found in a small subset of 2009 pandemic H1N1 isolates from some severe cases confers an increased  $\alpha$ -2,3-SA-binding specificity. §H7 viruses also show moderate binding to  $\alpha$ -2,6-SA owing to a K193 residue. ¶For the HA protein, amino acid positions are according to the H3 numbering. ¶¶Part of a positively charged 'lysine fence' at the base of the receptor-binding site (identified through structural prediction models) that allows binding to  $\alpha$ -2,3-SA and compensates for the lack of the avian E190. ¶¶¶Predicted from amino acid sequence analysis and from a crystal structure of an H7N3 HA in complex with receptor analogues. ##Recent viruses contain either a V (from years 1996–2002) or I (from years 2003–2011) at position 226. §§Natural virus variants can contain either S or N. |||Found in a mouse-adapted H7N7 virus and in some avian H7N7 isolates, and in some avian and human H5N1 isolates. ¶¶Binding to the PDZ domain, a common structural domain of 80–90 amino-acids that is found in the signalling proteins of diverse organisms, has been implicated in virulence: (K/E)(S/P)EV is a strong binding motif, RS(E/K)V displays weak or no binding. ###Some variants have weaker binding. \*\*\*Predicted binding; not confirmed experimentally. +++Found in viruses that were isolated during the 1997 H5N1 outbreak. §§§Avian and human H5N1 isolates containing the resistant N31 residue or the sensitive S31 residue have been isolated and exist in nature. ||||Resistant viruses may occasionally emerge in patients undergoing treatment or prophylaxis.

*ATP6V0D1* mRNA in human HEK-293 cells specifically decreased the replication of H1N1 and H5N1 viruses<sup>93</sup>. Other proteins that were found to be required for optimal influenza A virus replication were: CAMK2B, a calcium sensor that is expressed ubiquitously and implicated in the regulation of several cell processes; CDC-like kinase 1 (CLK1), which is involved in regulation of alternative splicing in mammalian cells; and p27 (also known as CDKN1B), a cell cycle regulator<sup>94,96</sup>. A different study identified several physical and regulatory interactions between viral proteins and host factors that map to novel cellular pathways and that affect influenza virus replication. For instance, deletion of WNT pathway components increased viral replication and reduced

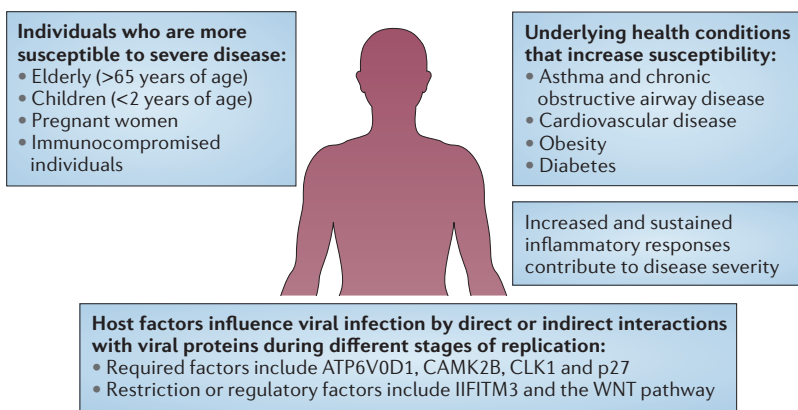
interferon (IFN) production, indicating that this pathway regulates influenza virus infection through as-yet-unknown mechanisms<sup>95</sup>. Furthermore, two independent studies reported that IFN-induced transmembrane protein 3 (IFITM3) restricts an early step of influenza virus replication<sup>97,99</sup>. Additional studies to establish the strain-specific effects of these host factors will not only aid our understanding of the influenza virus–host interactions, but also possibly lead to the development of novel broad-spectrum antiviral approaches. The inhibition of certain host factors (without affecting host-specific functions) could be used successfully as a pharmacological intervention to combat influenza viruses and could minimize the development of resistant viral strains.



**Viral factors**



**Host factors**



**Figure 4 | Summary of viral and host factors that influence the pathogenesis of influenza A virus.** Virus–host interactions affect viral replication. Variation in many of the influenza A virus proteins contributes to pathogenesis, and host factors can also influence susceptibility to infection and disease progression. The risk factors obesity and diabetes were identified during the 2009 H1N1 pandemic. HA, haemagglutinin; NA, neuraminidase; NP, nucleoprotein; NS1, non-structural protein 1.

**Novel concepts about influenza virus pathogenesis**

Genetic manipulation of influenza viruses has allowed the identification of several viral markers that are associated with virulence and pathogenesis (TABLE 1). Most notably, the reconstruction of the H1N1 influenza virus responsible for the 1918 Spanish influenza pandemic<sup>100</sup> and studies of HPAI H5N1 influenza viruses have clearly established the complexity and multigenic characteristics of influenza virus pathogenesis. In addition, animal model systems have been developed and used extensively to elucidate many of the virus–host interactions and host factors that contribute to pathogenesis (FIG. 4). Similarly, the 2009 H1N1 pandemic has expanded our understanding of the underlying risk factors and the molecular mechanisms that lead to severe disease in humans.

**Pre-existing immunity and pathogenesis.** As discussed above, the antigenic properties of influenza HA are a major determinant of pathogenesis. The main concern

about antigenic shift is that it could generate a human pandemic virus belonging to an HA subtype to which the human population is naive. However, a novel concept from the 2009 H1N1 pandemic is that a change of HA subtype is not required for the generation of a human pandemic virus, as younger members of the population are immunologically naive and thus susceptible to strains that the older generation has been exposed to and is protected against (FIG. 2). During the 1918 H1N1 pandemic, the H1N1 virus established independent lineages in both humans and pigs. Constant antigenic drift of the H1N1 viruses in humans resulted in the modern seasonal H1N1 viruses, which are notably different, antigenically, from the original parental 1918 virus. However, the swine H1N1 virus that was established during the 1918 pandemic, from which the HA of the new 2009 pandemic H1N1 virus is derived, did not undergo extensive drift and was thus maintained ‘antigenically frozen’ in pigs. This could be due to the short life span of domestic pigs, which are not exposed to multiple influenza virus infections in their lifetime and are therefore under no major humoral selection pressure to stimulate antigenic drift. Alternatively, host-specific immune selection pressure might drive antigenic drift in pigs at sites other than those that are important for antigenicity in humans. Both processes could lead to an ‘antigenically frozen’ HA. Thus, given the right conditions (for example, zoonotic transmission within a large immunologically naive human population), a spillover event of a virus that has been circulating for some time in pigs can result in the emergence of a novel human pandemic virus containing an HA from a previously circulating subtype.

Early epidemiological data gathered during the 2009 pandemic indicated that the young (<35 years of age) were more vulnerable to infection than the old (>65 year of age)<sup>101</sup>. The sera of elderly individuals were found to contain cross-reactive antibodies to the novel strain<sup>81,102</sup>, suggestive of previous exposure to antigenically similar viruses. Remarkably, immunization of mice with 1918 H1N1 virus-like particles, human H1N1 viruses that circulated before 1947 or classical swine H1N1 viruses elicited cross-reactive antibodies and conferred protection to a 2009 H1N1 virus challenge<sup>82,103,104</sup>, demonstrating the close antigenic similarity of these viruses. The highest antigenic similarity is between the new 2009 and the old 1918 pandemic viruses, which have high similarity at the antigenic sites (named Sa, Sb, Ca1, Ca2 and Cb) of the globular head of the HA protein, particularly at site Sa<sup>82</sup>. Vaccination of humans with the novel 2009 H1N1 vaccine strain elicits significant levels of cross-reactive antibodies against the 1918 H1N1 virus, confirming their antigenic similarity, and treatment of mice with human sera that were positive for these antibodies protected the mice against a lethal challenge with 1918 H1N1 virus<sup>105</sup>. The vast global spread of the 2009 H1N1 virus, which resulted in millions of natural infections, and the widespread immunization with the 2009 H1N1 vaccine strain suggest that a large proportion of the global population now has antibodies that are cross-reactive to the 1918 virus, an unanticipated benefit of the

**Spillover**

Infection of a distinct host by an infected natural host reservoir.

current vaccine strain. By contrast, the vaccines against seasonal H1N1 viruses have a low cross reactivity to the 1918 virus. This is due to the accumulation of mutations in the antigenic sites of HA during antigenic drift, and to the acquisition of glycosylation sites in the globular head of the protein, which can shield antigenically relevant regions<sup>82,106–108</sup>; overall, these changes result in drastic antigenic differences between the seasonal strains and the 1918 and 2009 pandemic viruses. Thus, young adults who have been exposed to only modern seasonal H1N1 viruses are immunologically naive to the 2009 pandemic H1N1 virus, partially explaining their higher incidence of severe disease caused by infection with the 2009 pandemic virus<sup>101</sup>.

**Viral determinants of pathogenesis.** The sequence of the HA cleavage site is a major determinant of disease severity. The HA cleavage site of most low-pathogenic influenza virus strains contains a single arginine amino acid that is recognized by specific extracellular trypsin-like proteases (for example, serine proteases such as human transmembrane protease serine 2 (TMPRSS2) and trypsin-like proteases of the human airway epithelium) that are present only in the intestinal and respiratory mucosal surfaces of the host. However, the HA proteins of H5 and H7 HPAI viruses are characterized by the presence of a multibasic cleavage site, which is cleaved by intracellular ubiquitous proteases that are found in multiple organs, such as the subtilisin-like proteases furin and proprotein convertase subtilisin–kexin type 6. This can lead to systemic infection and increased virulence, especially in birds and small mammals<sup>109</sup>. In humans, infections with the HPAI H5N1 virus are also characterized by the presence of viral RNA outside the respiratory tissue and by increased lethality as a result of multiple organ failure<sup>88,109</sup>. However, despite the 1918 pandemic H1N1 virus lacking an HA multibasic cleavage site, infection with this virus in animal models results in high levels of viral replication and induction of pro-inflammatory cytokines, leading to severe disease<sup>110</sup>. Recombinant viruses expressing only the nucleoprotein (NP) and RNA-dependent RNA polymerase proteins PB1, PB2 and PA from the 1918 virus, along with a seasonal HA, showed efficient replication in the URT and LRT of ferrets<sup>111</sup>; furthermore, the HA, NA and PB1 proteins from the 1918 virus are also critical determinants of virulence in mice<sup>112</sup>. A newly identified virulence factor is the protein PB1-F2, which localizes to mitochondria in infected cells, inducing dissipation of the mitochondrial membrane and leading to apoptosis<sup>113–115</sup>. The 1918 pandemic virus is unusual in that it contains a S66 residue in PB1-F2 that is only present in various isolates of the HPAI H5N1 viruses. The most common residue found at this position in PB1-F2 of other strains is N, and a S66N substitution dramatically decreases the virulence of the 1918 virus and of other viruses containing a HPAI PB1 segment<sup>116</sup>. PB1-F2 also promotes and increases pathogenesis of secondary pneumonia infection<sup>117</sup>. More recently, it was found that PB1-F2 cooperates with the viral NS1 protein to inhibit the host

IFN response<sup>118</sup>. However, in some viruses, particularly swine and modern human H1N1 isolates (including the 2009 pandemic H1N1 strain), stop codons in PB1-F2 lead to the expression of a truncated protein, but restoring the PB1-F2-coding capacity of the 2009 virus had only a minimal impact on virulence<sup>119</sup>, probably owing to additional sequence requirements in PB1-F2 (REF. 120). Another virulence determinant of influenza virus is the multifunctional protein NS1 (reviewed in REF. 121), which is an antagonist of the IFN-mediated antiviral host response<sup>122</sup> and a modulator of adaptive immune responses<sup>123</sup>, and can inhibit global host gene expression through its interaction with the nuclear protein cleavage and polyadenylation specificity factor 30 kDa subunit (CPSF30; also known as CPSF4)<sup>124</sup>. NS1 probably contributes to the cytokine dysregulation that is seen in macaques infected with the 1918 virus<sup>110</sup> and in humans that succumb to HPAI H5N1 virus infection<sup>125</sup>. The E92 residue of the HPAI H5N1 virus NS1 has also been implicated in virulence<sup>126</sup>. The NS1 protein from the 2009 pandemic H1N1 strain contains both mutations that abolish its CPSF30-binding properties and an 11 amino acid deletion at its carboxyl terminus, and it therefore lacks the PDZ-binding domain that was previously implicated in virulence<sup>22</sup>. Unexpectedly, when these functions were reintroduced they had no major effects on the replication, pathogenesis or transmission<sup>127,128</sup> of the 2009 pandemic virus, suggesting that certain NS1 functions are not needed for successful human infection.

**Host determinants of pathogenesis.** In humans, HPAI viruses can induce high plasma levels of 10 kDa IFN $\gamma$ -induced protein (IP10; also known as CXCL10), monocyte chemoattractant protein 1 (MCP1; also known as CCL2), interleukin-8 (IL-8), IL-6, IL-10 and other pro-inflammatory cytokines that correlate with an elevated pharyngeal virus load and increased frequency of death caused by viral pneumonia<sup>88</sup> (reviewed in REF. 125). Mammalian models of infection with 1918 H1N1 and HPAI H5N1 viruses show an increased and rapid activation of host immune response genes. Infection with the 1918 H1N1 virus is associated with severe pulmonary pathology as compared to infection with the contemporary H1N1 strain<sup>129</sup>. These infection models also show induction of macrophage and neutrophil infiltration for both strains (HPAI H5N1 and 1918 H1N1 viruses), resulting in acute lung inflammation<sup>130</sup> and in the deregulation of antiviral responses that are insufficient for protection and possibly contribute to pathogenesis<sup>110</sup>. The severity of the disease resulting from infection with the 1918 virus correlates with a sustained pathology resulting from upregulation of inflammatory and cell death genes<sup>131</sup>. Similarly, increased and prolonged transcription of type I IFN, inflammation and innate immune induction are seen during infection with the HPAI H5N1 virus, resulting in apoptosis of dendritic cells and severe lung pathology<sup>132</sup>. Furthermore, influenza virus infection of mice that are deficient in IL-15 (REF. 133), IL-17 (REF. 134) or CC-chemokine receptor 2 (CCR2)<sup>135</sup> signalling and of mice that lack both

tumour necrosis factor (TNF) and IL-1 receptors<sup>136</sup> results in increased survival and/or delayed mortality compared with those seen on infection of wild-type mice, owing to a reduced level of leukocyte<sup>133</sup>, neutrophil<sup>134,136</sup> or macrophage<sup>135,136</sup> infiltration. Infections of IL-10-knockout mice cause increased production of antibodies in the lungs compared with the levels in infected wild-type mice, resulting in lower viral titres and increased survival<sup>137</sup>. However, a different study demonstrated that CD8<sup>+</sup> effector T cells, by producing IL-10, could control the lung inflammation and injury that is induced during acute influenza virus infection<sup>138</sup>. Thus, further investigation is needed to define the role of IL-10, particularly in the context of highly virulent influenza virus strains. Moreover, mice that are deficient in TNF, IL-6 or CC-chemokine ligand 2 (CCL2) succumb to infection with HPAI H5N1 virus similarly to wild-type mice<sup>139</sup>, indicating that although acute host immune responses may contribute to pathogenesis, the elimination of some pro-inflammatory signals does not prevent severe disease. The development of replication-competent fluorescence-labelled influenza A viruses provides a novel tool aimed at elucidating the kinetics and cell tropism of influenza virus infection *in vivo*. This tool has revealed that natural killer cells, B cells and antigen-presenting cells are also susceptible to infection, in addition to epithelial cells<sup>140</sup>. Such model systems will allow further investigation of the specific host cells that contribute to pathogenesis and to recovery from disease.

During the 2009 H1N1 pandemic, a subset of individuals developed rapid and severe viral pneumonia that was often associated with failure of other organs and resulted in considerable deterioration of underlying asthma or chronic obstructive airway disease<sup>141</sup>. The highest risks of severe or fatal illness were found in pregnant women (especially during the third trimester of pregnancy), children younger than 2 years of age and people with chronic lung diseases, including asthma<sup>141</sup>. Obesity<sup>142</sup> and diabetes<sup>143,144</sup> were newly identified risk factors for severe infection with the 2009 pandemic H1N1 virus. A severe infection with this virus was also observed in some healthy individuals. However, the underlying cause of severity is still unknown, and a close observation of the clinical course and the rapid management of individuals with severe disease therefore remain the main approaches for mitigating lethality. Interestingly, a recent study reported a high correlation for immune complex-mediated disease and severe symptoms in adults after infection with the 2009 H1N1 virus. Severe disease was associated with high levels of low-avidity, non-protective antibodies and immune complex-mediated complement activation in the respiratory tract of infected adults, uncovering a novel mechanism which might explain the increased disease severity that was observed in middle-aged individuals during the 2009 H1N1 pandemic<sup>145</sup>. Additional studies expanding these observations to animal models would be an important step towards understanding the severity of the disease caused by pandemic influenza A viruses.

#### Immune complex

A cluster of antibodies bound to a soluble antigen. These can cause disease if they are deposited in organs where they lead to tissue damage.

#### What does the future hold?

The 2009 H1N1 strain has drastically changed the circulation dynamics of the previous seasonal influenza virus strains (since the emergence of the pandemic, almost no seasonal H1N1 has been detected worldwide). Immune selection pressure will probably cause the 2009 H1N1 virus to undergo changes in its antigenic characteristics (that is, to undergo antigenic drift). Exposure to contemporary seasonal viruses, immunization with the current vaccine strains and pre-existing immunity to older H1N1 viruses together result in a complex spectrum of immunity in the population, and this will probably select for previously unseen drift variants, reflecting the plasticity of antigenic evolution of the influenza virus HA protein. High-throughput whole-genome sequencing from original clinical isolates will allow a systematic surveillance of human influenza viruses in real time to establish drift variants and genetic changes that might be of epidemiological relevance.

Additional emphasis should also be placed on surveying influenza viruses from humans and from wild and domestic animal hosts in geographical regions that are currently poorly represented or not represented in the genomic databases (for example, Latin America and Africa). Continuous and enhanced surveillance of the wild hosts that harbour influenza viruses will not only allow the detection of novel strains, but also contribute to our understanding of influenza virus ecology (by establishing a map of influenza A virus hot spots worldwide), of the species that harbour these viruses and of the extent to which natural avian migration and/or localized avian communities modulate the generation of reassortant viruses. Additional viral sequences will also aid in the refinements of current models of influenza virus evolution, improve our ability to assess the underlying molecular basis of virulence and help in the design of more efficient long-term, worldwide surveillance efforts.

Two families of antiviral drugs are currently used to treat human influenza virus infections. Oseltamivir (Tamiflu; Roche) and zanamivir (Relenza; GlaxoSmithKline) inhibit the neuraminidase activity of the NA protein, thus blocking release of the newly formed virions from infected cells. The adamantanes (amantadine and rimantadine) inhibit the ability of the viral ion channel protein M2 to exchange H<sup>+</sup> in order to lower the pH inside the virus, a step that is needed for viral uncoating during entry into the host cell. Although these antiviral therapies are efficacious against the current influenza virus strains, their use can result in the selection of resistant viruses<sup>146</sup>, and resistant strains do occur in nature (TABLE 1). This emphasizes the great need for additional broad-spectrum therapeutic approaches. Drugs aimed at diverse viral or host targets and at distinct stages of influenza virus replication would represent formidable tools to combat infection by multiple approaches and would minimize the development of resistant viruses.

The complex dynamics of influenza viruses continuously challenges host species barriers, and the emergence of novel virulent virus strains in humans is

therefore a constant possibility. To gain insights into the mechanism by which reassorted viruses arise, further studies are necessary to elucidate the specific receptor requirements and the specific cell type, or types, and site (organ) where such an event might take place. Furthermore, elucidating the molecular requirements of reassortment at the viral factor and host factor levels will greatly help our understanding of how these viruses arise in nature and should therefore lead to additional and enhanced antiviral interventions. Moreover, in this complex interplay between host and influenza virus,

host factors play an important part in disease severity and outcome, and studies focusing on identifying the human susceptibility factors are therefore key for understanding the host determinants of influenza virus pathogenesis. Current animal model systems only partially recapitulate human influenza, so complementary, carefully designed clinical studies are needed to validate such models and to find the genetic susceptibility factors and polymorphisms, as well as the specific underlying conditions, that modulate disease outcome in humans.

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#### Competing interests statement

The authors declare [competing financial interests](#): see Web version for details.

#### FURTHER INFORMATION

Adolfo Garcia-Sastre's homepage:

<http://www.mssm.edu/labs/garcia-sastre/>

CDC Seasonal Influenza: <http://www.cdc.gov/flu/>

EU Influenza Research: [http://ec.europa.eu/research/health/influenza/index\\_en.html](http://ec.europa.eu/research/health/influenza/index_en.html)

Food and Agriculture Organization of the United Nations,

Animal Production and Health Division:

<http://www.fao.org/ag/againfo/home/en/index.htm>

Influenza Virus Resource:

<http://www.ncbi.nlm.nih.gov/genomes/FLU/FLU.html>

Influenza Research Database: <http://www.fludb.org/>

National Institute of Allergy and Infectious Diseases

Influenza Genome Sequencing Project:

<http://www.niaid.nih.gov/labsandresources/resources/dmid/gsc/influenza/Pages/default.aspx>

WHO Global Alert and Response Influenza:

<http://www.who.int/csr/disease/influenza/en/>

World Organization for Animal Health (OIE)

Update on Avian Influenza: <http://www.oie.int/animal-health-in-the-world/update-on-avian-influenza/2011/>

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