Pharmacokinetics

Pharmacokinetics (from [Ancient](https://en.wikipedia.org/wiki/Ancient_Greek) Greek *pharmakon* "drug" and *kinetikos* "moving, putting in motion"; see [chemical kinetics](https://en.wikipedia.org/wiki/Chemical_kinetics)), sometimes abbreviated as **PK**, is a branch of [pharmacology](https://en.wikipedia.org/wiki/Pharmacology) dedicated to determine the fate of substances administered to a living organism. The substances of interest include any chemical [xenobiotic](https://en.wikipedia.org/wiki/Xenobiotic) such as: [pharmaceutical](https://en.wikipedia.org/wiki/Pharmaceutical_drug) drugs, [pesticides,](https://en.wikipedia.org/wiki/Pesticide) [food additives,](https://en.wikipedia.org/wiki/Food_additive) [cosmetics,](https://en.wikipedia.org/wiki/Cosmetics) etc. It attempts to analyze chemical [metabolism](https://en.wikipedia.org/wiki/Metabolism) and to discover the fate of a chemical from the moment that it is administered up to the point at which it is completely [eliminated from](https://en.wikipedia.org/wiki/Excreted) the body. Pharmacokinetics is the study of how an organism affects a drug, whereas [pharmacodynamics](https://en.wikipedia.org/wiki/Pharmacodynamics) (PD) is the study of how the drug affects the organism. Both together influence [dosing](https://en.wikipedia.org/wiki/Dosing), benefit, and [adverse effects](https://en.wikipedia.org/wiki/Adverse_effect), as seen in [PK/PD models](https://en.wikipedia.org/wiki/PK/PD_models).

Overview

Pharmacokinetics describes how the body affects a specific xenobiotic/chemical after administration through the mechanisms of absorption and distribution, as well as the metabolic changes of the substance in the body (e.g. by metabolic [enzymes](https://en.wikipedia.org/wiki/Enzyme) such as [cytochrome P450](https://en.wikipedia.org/wiki/Cytochrome_P450) or [glucuronosyltransferase](https://en.wikipedia.org/wiki/Glucuronosyltransferase) enzymes), and the effects and routes of excretion of the [metabolites](https://en.wikipedia.org/wiki/Metabolites) of the drug.^{[\[2\]](#page-10-2)} Pharmacokinetic properties of chemicals are affected by the route of administration and the dose of administered drug. These may affect the absorption rate. $[3]$

Models have been developed to simplify conceptualization of the many processes that take place in the interaction between an organism and a chemical substance. One of these, the multi-compartmental model, is the most [commonly used approximations](https://en.wikipedia.org/wiki/Pharmacokinetics#Multi-compartmental_models) to reality; however, the complexity involved in adding parameters with that modelling approach means that *monocompartmental models* and above all *two compartmental models* are the most-frequently used. The various compartments that the model is divided into are commonly referred to as the [ADME](https://en.wikipedia.org/wiki/ADME) scheme (also referred to as LADME if liberation is included as a separate step from absorption):

- **L[iberation](https://en.wikipedia.org/wiki/Liberation_(pharmacology)) the process of release of a drug from the** [pharmaceutical](https://en.wikipedia.org/wiki/Pharmaceutical_formulation) formulation. [\[4\]](#page-10-4)[\[5\]](#page-10-5) See also [IVIVC.](https://en.wikipedia.org/wiki/IVIVC)
- **A[bsorption](https://en.wikipedia.org/wiki/Absorption_(pharmacokinetics))** the process of a substance entering the blood circulation.
- **D[istribution](https://en.wikipedia.org/wiki/Distribution_(pharmacology))** the dispersion or dissemination of substances throughout the fluids and tissues of the body.
- **M[etabolism](https://en.wikipedia.org/wiki/Metabolism) (or biotransformation, or inactivation) the recognition by the organism that a** foreign substance is present and the irreversible transformation of parent compounds into daughter metabolites.
- **E**[xcretion](https://en.wikipedia.org/wiki/Elimination_(pharmacology)) the removal of the substances from the body. In rare cases, some [drugs](https://en.wikipedia.org/wiki/Drugs) irreversibly accumulate in [body tissue.](https://en.wikipedia.org/wiki/Body_tissue)

The two phases of metabolism and excretion can also be grouped together under the title elimination. The study of these distinct phases involves the use and manipulation of basic concepts in order to understand the process dynamics. For this reason, in order to fully comprehend the *kinetics* of a drug it is necessary to have detailed knowledge of a number of factors such as: the properties of the substances that act as [excipients,](https://en.wikipedia.org/wiki/Excipient) the characteristics of the appropriate biological [membranes](https://en.wikipedia.org/wiki/Cell_membrane) and the way that substances can cross them, or the characteristics of the [enzyme reactions](https://en.wikipedia.org/wiki/Enzyme_kinetics) that inactivate the drug.

All these concepts can be [represented through](https://en.wikipedia.org/wiki/Graph_of_a_function) [mathematical](https://en.wikipedia.org/wiki/Expression_(mathematics)) formulas that have a corresponding graphical representation. The use of these models allows an understanding of the characteristics of a [molecule](https://en.wikipedia.org/wiki/Molecule), as well as how a particular drug will behave given information regarding some of its basic characteristics such as its acid [dissociation constant \(pKa\), bioavailability and solubility, absorption capacity and distribution in the](https://en.wikipedia.org/wiki/Acid_dissociation_constant) organism.

The model outputs for a drug can be used in industry (for example, in calculating [bioequivalence](https://en.wikipedia.org/wiki/Bioequivalence) when designing generic drugs) or in the clinical application of pharmacokinetic concepts. Clinical pharmacokinetics provides many performance guidelines for effective and efficient use of drugs for human-health professionals and in [veterinary medicine](https://en.wikipedia.org/wiki/Veterinary_medicine).

Metrics

The following are the most commonly measured pharmacokinetic metrics:^{[\[6\]](#page-10-6)} The units of the dose in the table are expressed in [moles](https://en.wikipedia.org/wiki/Mole_(unit)) (mol) and [molar](https://en.wikipedia.org/wiki/Molar_(unit)) (M). To express the metrics of the table in units of mass, instead of [Amount of substance,](https://en.wikipedia.org/wiki/Amount_of_substance) simply replace 'mol' with 'g' and 'M' with 'g/dm3'. Similarly, other units in the table may be expressed in units of an equivalent [dimension](https://en.wikipedia.org/wiki/Dimension) by scaling.

Topics of Pharmacokinetics

In pharmacokinetics, *steady state* refers to the situation where the overall intake of a drug is fairly in dynamic equilibrium with its [elimination. In practice, it](https://en.wikipedia.org/wiki/Dynamic_equilibrium) is generally considered that steady state is reached when a time of 3 to 5 times the half-life for a drug after regular dosing is started.

Pharmacokinetic models

Pharmacokinetic modelling is performed by noncompartmental or [compartmental](https://en.wikipedia.org/wiki/Compartment_(pharmacokinetics)) methods. Noncompartmental methods estimate the exposure to a drug by estimating the area [under](https://en.wikipedia.org/wiki/Integral) the curve of a concentration-time graph. Compartmental methods estimate the concentration-time graph using kinetic models. Noncompartmental methods are often more versatile in that they do not assume any specific compartmental model and produce accurate results also acceptable for bioequivalence studies. The final outcome of the transformations that a drug undergoes in an organism and the rules that determine this fate depend on a number of interrelated factors. A number of functional models have been developed in order to simplify the study of pharmacokinetics. These models are based on a consideration of an organism as a number of related compartments. The simplest idea is to think of an

The time course of drug plasma concentrations over 96 hours following oral administrations every 24 hours. Note that in steady state and in linear pharmacokinetics AUCτ=AUC∞.^{[\[7\]](#page-10-7)} Steady state is reached after about $5 \times 12 = 60$ hours. The graph depicts a typical time course of drug plasma concentration and illustrates main pharmacokinetic metrics

organism as only one homogenous compartment. This *monocompartmental model* presupposes that blood plasma concentrations of the drug are a true reflection of the drug's [concentration in other](https://en.wikipedia.org/wiki/Blood_plasma) fluids or tissues and that the elimination of the drug is [directly proportional](https://en.wikipedia.org/wiki/First_order_kinetics) to the drug's concentration in the organism (first order kinetics).

However, these models do not always truly reflect the real situation within an organism. For example, not all body tissues have the same [blood supply,](https://en.wikipedia.org/wiki/Blood) so the distribution of the drug will be slower in these tissues than in others with a better blood supply. In addition, there are some tissues (such as the [brain](https://en.wikipedia.org/wiki/Brain) tissue) that present a real barrier to the distribution of drugs, that can be breached with greater or lesser ease depending on the drug's characteristics. If these relative conditions for the different tissue types are considered along with the rate of elimination, the organism can be considered to be acting like two compartments: one that we can call the *central compartment* that has a more rapid distribution, comprising organs and systems with a well-developed blood supply; and a *peripheral compartment* made up of organs with a lower blood flow. Other tissues, such as the brain, can occupy a variable position depending on a drug's ability to cross the [barrier](https://en.wikipedia.org/wiki/Blood%E2%80%93brain_barrier) that separates the organ from the blood supply.

This *two compartment model* will vary depending on which compartment elimination occurs in. The most common situation is that elimination occurs in the central compartment as the [liver](https://en.wikipedia.org/wiki/Liver) and [kidneys](https://en.wikipedia.org/wiki/Kidneys) are organs with a good blood supply. However, in some situations it may be that elimination occurs in the peripheral compartment or even in both. This can mean that there are three possible variations in the two compartment model, which still do not cover all possibilities.^{[\[8\]](#page-10-8)}

This model may not be applicable in situations where some of the enzymes responsible for metabolizing the drug become saturated, or where an active elimination mechanism is present that is independent of the drug's plasma concentration. In the real world each tissue will have its own distribution characteristics and none of them will be strictly linear. If we label the drug's $\frac{1}{2}$ volume of [distribution](https://en.wikipedia.org/wiki/Volume_of_distribution) within the organism $\mathbf{Vd}_{\mathbf{F}}$ and its volume of distribution in a tissue Vd_T the former will be described by an equation that takes into account all the tissues that act in different ways, that is:

$Vd_F = Vd_{T1} + Vd_{T2} + Vd_{T3} + \cdots + Vd_{Tn}$

This represents the *multi-compartment model* with a number of curves that express complicated equations in order to obtain an overall curve. A number of [computer](https://en.wikipedia.org/wiki/Computer_program) programs have been developed to plot these equations.^{[\[8\]](#page-10-8)} However complicated and precise this model may be, it still does not truly represent reality despite the effort involved in obtaining various distribution values for a drug. This is because the concept of distribution volume is a relative concept that is not a true reflection of reality. The choice of model therefore comes down to deciding which one offers the lowest margin of error for the drug involved.

Noncompartmental analysis

Noncompartmental PK analysis is highly dependent on estimation of total drug exposure. Total drug exposure is most often estimated by area under the curve (AUC) methods, with the [trapezoidal](https://en.wikipedia.org/wiki/Trapezoidal_rule) rule (numerical [integration](https://en.wikipedia.org/wiki/Numerical_integration)) the most common method. Due to the dependence on the length of *x* in the trapezoidal rule, the area estimation is highly dependent on the blood/plasma sampling schedule. That is, the closer time points are, the closer the trapezoids reflect the actual shape of the concentration-time curve. The number of time points available in order to perform a successful NCA analysis should be enough to cover the absorption, distribution and elimination phase to accurately characterize the drug. Beyond AUC exposure measures, parameters such as Cmax (maximum concentration), Tmax(time at maximum concentration), CL and Vd can also be reported using NCA methods.

Compartmental analysis

[Compartmental](https://en.wikipedia.org/wiki/Multi-compartment_model) PK analysis uses kinetic models to describe and predict the concentration-time curve. PK compartmental models

are often similar to kinetic models used in other scientific disciplines such as [chemical](https://en.wikipedia.org/wiki/Chemical_kinetics) kinetics and [thermodynamics](https://en.wikipedia.org/wiki/Thermodynamics). The advantage of compartmental over some noncompartmental analyses is the ability to

Graph representing the monocompartmental action model.

predict the concentration at any time. The disadvantage is the difficulty in developing and validating the proper model. Compartment-free modelling based on curve stripping does not suffer this limitation. The simplest PK compartmental model is the one-compartmental PK model with IV bolus [administration and first-order](https://en.wikipedia.org/wiki/Biological_half-life#First-order_elimination) elimination. The most complex PK models (called [PBPK](https://en.wikipedia.org/wiki/PBPK) models) rely on the use of physiological information to ease development and validation.

Single-compartment model

Linear pharmacokinetics is so-called because the graph of the relationship between the various factors involved [\(dose,](https://en.wikipedia.org/wiki/Dose_(biochemistry)) blood plasma concentrations, elimination, etc.) gives a [straight line](https://en.wikipedia.org/wiki/Line_(geometry)) or an approximation to one. For drugs to be effective they need to be able to move rapidly from blood plasma to other body fluids and tissues.

The change in concentration over time can be expressed as $C = C_{initial} \times e^{-k_{el} \times t}$

Multi-compartmental models

The graph for the non-linear relationship between the various factors is represented by a [curve](https://en.wikipedia.org/wiki/Curve); the relationships between the factors can then be found by calculating the dimensions of different areas under the curve. The models used in *non-linear pharmacokinetics* are largely based on [Michaelis–Menten kinetics](https://en.wikipedia.org/wiki/Michaelis%E2%80%93Menten_kinetics). A reaction's factors of non-linearity include the following:

- Multiphasic absorption: Drugs injected [intravenously](https://en.wikipedia.org/wiki/Intravenous_therapy) are removed from the plasma through two primary mechanisms: (1) Distribution to body tissues and (2) metabolism + excretion of the drugs. The resulting decrease of the drug's plasma concentration follows a biphasic pattern (see figure).
	- Alpha phase: An initial phase of rapid decrease in plasma concentration. The decrease is primarily attributed to drug distribution from the central compartment (circulation) into the peripheral compartments (body tissues). This phase ends when a pseudo-equilibrium of drug concentration is established between the central and peripheral compartments.

Graphs for absorption and elimination for a non-linear pharmacokinetic model.

- Beta phase: A phase of gradual decrease in plasma concentration after the alpha phase. The decrease is primarily attributed to drug elimination, that is, metabolism and excretion.[\[9\]](#page-10-9)
- Additional phases (gamma, delta, etc.) are sometimes seen.^{[\[10\]](#page-10-10)}
- A drug's characteristics make a clear distinction between tissues with high and low blood flow.
- Enzymatic [saturation:](https://en.wikipedia.org/wiki/Binding_site) When the dose of a drug whose elimination depends on biotransformation is increased above a certain threshold the enzymes responsible for its metabolism become saturated. The drug's plasma concentration will then increase disproportionately and its elimination will no longer be constant.
- Induction or [enzymatic inhibition:](https://en.wikipedia.org/wiki/Enzyme_inhibitor) Some drugs have the capacity to inhibit or stimulate their own \blacksquare metabolism, in negative or positive [feedback](https://en.wikipedia.org/wiki/Positive_feedback#In_biology) reactions. As occurs with [fluvoxamine,](https://en.wikipedia.org/wiki/Fluvoxamine) [fluoxetine](https://en.wikipedia.org/wiki/Fluoxetine) and [phenytoin.](https://en.wikipedia.org/wiki/Phenytoin) As larger doses of these pharmaceuticals are administered the plasma concentrations of the unmetabolized drug increases and the [elimination](https://en.wikipedia.org/wiki/Biological_half-life) half-life increases. It is therefore necessary to adjust the dose or other treatment parameters when a high dosage is required.

■ The kidneys can also establish active elimination mechanisms for some drugs, independent of plasma concentrations.

It can therefore be seen that non-linearity can occur because of reasons that affect the entire pharmacokinetic sequence: absorption, distribution, metabolism and elimination.

Bioavailability

At a practical level, a drug's bioavailability can be defined as the proportion of the drug that reaches its site of action. From this perspective the [intravenous](https://en.wikipedia.org/wiki/Intravenous_therapy) administration of a drug provides the greatest possible bioavailability, and this method is considered to yield a bioavailability of 1 (or 100%). Bioavailability of other delivery methods is compared with that of intravenous injection (absolute

bioavailability) or to a standard value related to other delivery methods in a particular study (relative bioavailability).

$$
B_A = \frac{[ABC]_P \cdot D_{IV}}{[ABC]_{IV} \cdot D_P}
$$

$$
B_R = \frac{[ABC]_A \cdot \text{dose}_B}{[ABC]_B \cdot \text{dose}_A}
$$

Once a drug's bioavailability has been established it is possible to calculate the changes that need to be made to its dosage in order to reach the required blood plasma levels. Bioavailability is, therefore, a mathematical factor for each individual drug that influences the administered dose. It is possible to calculate the amount of a drug in the blood plasma that has a real potential to bring about its effect using the formula:

Plasma drug concentration vs time after an IV dose

Different forms of tablets, which will have different pharmacokinetic behaviours after their administration.

$De = B \cdot Da$

where *De* is the [effective dose,](https://en.wikipedia.org/wiki/Effective_dose_(pharmacology)) *B* bioavailability and *Da* the administered dose.

Therefore, if a drug has a bioavailability of 0.8 (or 80%) and it is administered in a dose of 100 mg, the equation will demonstrate the following:

De = 0.8 × 100 mg = 80 mg

That is the 100 mg administered represents a blood plasma concentration of 80 mg that has the capacity to have a pharmaceutical effect.

This concept depends on a series of factors inherent to each drug, such as: $^{[11]}$ $^{[11]}$ $^{[11]}$

- **[Pharmaceutical](https://en.wikipedia.org/wiki/Pharmaceutical_drug) form**
- Chemical form
- Route of [administration](https://en.wikipedia.org/wiki/Route_of_administration)
- **Stability**
- **[Metabolism](https://en.wikipedia.org/wiki/Metabolism)**

These concepts, which are discussed in detail in their respective titled articles, can be mathematically quantified and integrated to obtain an overall mathematical equation:

$$
De=Q\cdot Da\cdot B
$$

where $\mathbf Q$ is the drug's purity. $\frac{[11]}{[11]}$ $\frac{[11]}{[11]}$ $\frac{[11]}{[11]}$

$$
Va=\frac{Da\cdot B\cdot Q}{\tau}
$$

where Va is the drug's rate of administration and τ is the rate at which the absorbed drug reaches the circulatory system.

Finally, using the [Henderson-Hasselbalch equation,](https://en.wikipedia.org/wiki/Henderson-Hasselbalch_equation) and knowing the drug's pKa ([pH](https://en.wikipedia.org/wiki/PH) at which there is an equilibrium between its ionized and non ionized molecules), it is possible to calculate the non ionized concentration of the drug and therefore the concentration that will be subject to absorption:

$$
\mathrm{pH}=\mathrm{pKa}+\log\frac{B}{A}
$$

When two drugs have the same bioavailability, they are said to be biological equivalents or bioequivalents. This concept of [bioequivalence](https://en.wikipedia.org/wiki/Bioequivalence) is important because it is currently used as a yardstick in the authorization of [generic drugs](https://en.wikipedia.org/wiki/Generic_drug) in many countries.

LADME

A number of phases occur once the drug enters into contact with the organism, these are described using the acronym LADME:

- **[Liberation](https://en.wikipedia.org/wiki/Liberation_(pharmacology)) of the active substance from the delivery system,**
- [Absorption](https://en.wikipedia.org/wiki/Absorption_(pharmacokinetics)) of the active substance by the organism,
- [Distribution](https://en.wikipedia.org/wiki/Distribution_(pharmacology)) through the blood plasma and different body tissues,
- [Metabolism](https://en.wikipedia.org/wiki/Metabolism) that is inactivation of the xenobiotic substance, and finally
- **[Excretion](https://en.wikipedia.org/wiki/Excretion) or [elimination](https://en.wikipedia.org/wiki/Elimination_(pharmacology)) of the substance or the products of its metabolism.**

Some textbooks combine the first two phases as the drug is often administered in an active form, which means that there is no liberation phase. Others include a phase that combines distribution, metabolism and excretion into a disposition phase. Other authors include the drug's toxicological aspect in what is known as *ADME-Tox* or *ADMET*.

Each of the phases is subject to physico-chemical interactions between a drug and an organism, which can be expressed mathematically. Pharmacokinetics is therefore based on mathematical equations that allow the prediction of a drug's behavior and which place great emphasis on the relationships between drug plasma concentrations and the time elapsed since the drug's administration.

Analysis

Bioanalytical methods

[Bioanalytical](https://en.wikipedia.org/wiki/Bioanalysis) methods are necessary to construct a concentration-time profile. Chemical techniques are employed to measure the concentration of drugs in [biological](https://en.wikipedia.org/wiki/Biological_matrix) matrix, most often plasma. Proper bioanalytical methods should be selective and sensitive. For example, microscale [thermophoresis](https://en.wikipedia.org/wiki/Microscale_thermophoresis) can be used to quantify how the biological matrix/liquid affects the affinity of a drug to its target. $\frac{[12][13]}{[12]}$ $\frac{[12][13]}{[12]}$ $\frac{[12][13]}{[12]}$ $\frac{[12][13]}{[12]}$

Mass spectrometry

Pharmacokinetics is often studied using [mass spectrometry](https://en.wikipedia.org/wiki/Mass_spectrometry) because of the complex nature of the matrix (often plasma or urine) and the need for high sensitivity to observe concentrations after a low dose and a long time period. The most [common instrumentation used in this](https://en.wikipedia.org/wiki/Quadrupole_mass_analyzer) application is [LC-MS](https://en.wikipedia.org/wiki/Liquid_chromatography-mass_spectrometry) with a triple quadrupole mass spectrometer. Tandem mass [spectrometry](https://en.wikipedia.org/wiki/Tandem_mass_spectrometry) is usually employed for added specificity. Standard curves and internal standards are used for quantitation of usually a single pharmaceutical in the samples. The samples represent different time points as a pharmaceutical is administered and then metabolized or cleared from the body. Blank samples taken before administration are important in determining background and ensuring data integrity with such complex sample matrices. Much attention is paid to the linearity of the standard curve; however it is common to use [curve fitting](https://en.wikipedia.org/wiki/Curve_fitting) with more complex functions such as [quadratics](https://en.wikipedia.org/wiki/Quadratic_function) since the response of most mass spectrometers is not linear across large concentration ranges. [\[14\]](#page-11-0)[\[15\]](#page-11-1)[\[16\]](#page-11-2)

There is currently considerable interest in the use of very high sensitivity mass spectrometry for [microdosing](https://en.wikipedia.org/wiki/Microdosing) studies, which are seen as a promising alternative to animal [experimentation](https://en.wikipedia.org/wiki/Animal_experimentation).^{[\[17\]](#page-11-3)} Recent studies show that [Secondary electrospray ionization](https://en.wikipedia.org/wiki/Secondary_electrospray_ionization) (SESI-MS) can be used in drug monitoring, presenting the advantage of avoiding animal sacrifice.^{[\[18\]](#page-11-4)}

Population pharmacokinetics

Population pharmacokinetics is the study of the sources and correlates of variability in drug concentrations among individuals who are the target patient population receiving clinically relevant doses of a drug of interest.^{[\[19\]](#page-11-5)[\[20\]](#page-11-6)[\[21\]](#page-11-7)} Certain patient demographic, pathophysiological, and therapeutical features, such as body weight, excretory and metabolic functions, and the presence of other therapies, can regularly alter doseconcentration relationships and can explain variability in exposures. For example, steady-state concentrations of drugs eliminated mostly by the kidney are usually greater in patients suffering from [kidney failure](https://en.wikipedia.org/wiki/Kidney_failure) than they are in patients with normal kidney function receiving the same drug dosage. Population pharmacokinetics seeks to identify the measurable pathophysiologic factors and explain sources of variability that cause changes in the dose-concentration relationship and the extent of these changes so that, if such changes are associated with clinically relevant and significant shifts in exposures that impact the therapeutic index, dosage can be appropriately modified. An advantage of population pharmacokinetic modelling is its ability to analyse sparse data sets (sometimes only one concentration measurement per patient is available).

Clinical pharmacokinetics

Clinical pharmacokinetics (arising from the clinical use of population pharmacokinetics) is the direct application to a therapeutic situation of knowledge regarding a drug's pharmacokinetics and the characteristics of a population that a patient belongs to (or can be ascribed to).

An example is the relaunch of the use of [ciclosporin](https://en.wikipedia.org/wiki/Ciclosporin) as an [immunosuppressor](https://en.wikipedia.org/wiki/Immunosuppressive_drug) to facilitate organ transplant. The drug's therapeutic properties were initially demonstrated, but it was almost never used after it was found to cause [nephrotoxicity](https://en.wikipedia.org/wiki/Nephrotoxicity) in a number of patients.^{[\[22\]](#page-11-8)} However, it was then realized that it was possible to individualize a patient's dose of ciclosporin by analysing the patients plasmatic concentrations

(pharmacokinetic monitoring). This practice has allowed this drug to be used again and has facilitated a great number of organ transplants.

Clinical monitoring is usually carried out by determination of plasma concentrations as this data is usually the easiest to obtain and the most reliable. The main reasons for determining a drug's plasma concentration include: [\[23\]](#page-11-9)

- Narrow therapeutic range (difference between toxic and therapeutic concentrations)
- **High toxicity**
- **High risk to life.**

Ecotoxicology

[Ecotoxicology](https://en.wikipedia.org/wiki/Ecotoxicology) is the branch of science that deals with the nature, effects, and interactions of substances that are harmful to the environment. [\[24\]](#page-11-10)[\[25\]](#page-12-2)

See also

- **[Bateman](https://en.wikipedia.org/wiki/Bateman_equation) equation**
- Blood alcohol [concentration](https://en.wikipedia.org/wiki/Blood_alcohol_concentration)
- **[Biological](https://en.wikipedia.org/wiki/Biological_half-life) half-life**
- **[Bioavailability](https://en.wikipedia.org/wiki/Bioavailability)**
- **[Enzyme](https://en.wikipedia.org/wiki/Enzyme_kinetics) kinetics**
- **[Pharmacodynamics](https://en.wikipedia.org/wiki/Pharmacodynamics)**
- **[Idiosyncratic drug](https://en.wikipedia.org/wiki/Idiosyncratic_drug_reaction)** reaction
- Drug [interaction](https://en.wikipedia.org/wiki/Drug_interaction)
- [Patlak plot](https://en.wikipedia.org/wiki/Patlak_plot)
- **[Pharmacometrics](https://en.wikipedia.org/wiki/Pharmacometrics)**
- [Pharmacy](https://en.wikipedia.org/wiki/Pharmacy)
- **[Bioequivalence](https://en.wikipedia.org/wiki/Bioequivalence)**
- [Generic drugs](https://en.wikipedia.org/wiki/Generic_drugs)
- **Physiologically based** [pharmacokinetic modelling](https://en.wikipedia.org/wiki/Physiologically_based_pharmacokinetic_modelling)
- **Plateau [principle](https://en.wikipedia.org/wiki/Plateau_principle)**
- **[Toxicokinetics](https://en.wikipedia.org/wiki/Toxicokinetics)**

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External links

Software

Noncompartmental

- Freeware: bear [\(http://pkpd.kmu.edu.tw/bear/\)](http://pkpd.kmu.edu.tw/bear/) and PK [\(http://cran.at.r-project.org/web/package](http://cran.at.r-project.org/web/packages/PK/index.html) s/PK/index.html) for [R](https://en.wikipedia.org/wiki/R_(programming_language))
- Commercial: [MLAB,](https://en.wikipedia.org/wiki/MLAB) EquivTest [\(http://www.statistical-solutions-software.com/products-page/eq](http://www.statistical-solutions-software.com/products-page/equivtest-for-equivalence-testing/) uivtest-for-equivalence-testing/), Kinetica [\(http://www.thermoscientific.com/ecomm/servlet/produ](http://www.thermoscientific.com/ecomm/servlet/productsdetail?productId=11962424) ctsdetail?productId=11962424), MATLAB/SimBiology (http://www.mathworks.com/products/sim biology/), PKMP [\(http://aplanalyst.com/\),Phoenix/WinNonlin](http://www.mathworks.com/products/simbiology/) (https://web.archive.org/web/20130 [210014412/http://www.certara.com/products/pkpd/phx-wnl\),](https://web.archive.org/web/20130210014412/http://www.certara.com/products/pkpd/phx-wnl) PK Solutions (https://web.archive.o [rg/web/20110719235952/http://www.summitpk.com/pksolutions/pksolutions.htm\),](https://web.archive.org/web/20110719235952/http://www.summitpk.com/pksolutions/pksolutions.htm) RapidNCA (h [ttps://web.archive.org/web/20150407143248/http://www.mango-solutions.com/wp/products-ser](https://web.archive.org/web/20150407143248/http://www.mango-solutions.com/wp/products-services/products/rapidnca/) vices/products/rapidnca/).

Compartment based

- Freeware: ADAPT [\(http://bmsr.usc.edu/software/adapt/](http://bmsr.usc.edu/software/adapt/)[\),](http://pkpd.kmu.edu.tw/jguib/) Boomer [\(http://www.boomer.org/\)](http://www.boomer.org/) (GUI (http://pkpd.kmu.edu.tw/jguib/)), SBPKPD.org (Systems Biology Driven Pharmacokinetics and Pharmacodynamics) (http://www.sbpkpd.org/), WinSAAM [\(https://web.archive.org/web/201103](http://www.sbpkpd.org/)1 3141127/http://www.winsaam.com/), PKfit [\(http://cran.csie.ntu.edu.tw/web/packages/PKfit/inde](https://web.archive.org/web/20110313141127/http://www.winsaam.com/) x.html) for R, PharmaCalc and PharmaCalcCL [\(http://www.biopharmacy.ethz.ch/\),](http://www.biopharmacy.ethz.ch/) Java applications.
- Commercial: Imalytics [\(http://www.imalytics.philips.com/products/pharmacokinetic-modeling/ph](http://www.imalytics.philips.com/products/pharmacokinetic-modeling/pharmacokinetic-modeling.page) armacokinetic-modeling.page), Kinetica, MATLAB/SimBiology (http://www.mathworks.com/pro ducts/simbiology/), Phoenix/WinNonlin [\(https://web.archive.org/web/20130210014412/http://w](http://www.mathworks.com/products/simbiology/) ww.certara.com/products/pkpd/phx-wnl), PK Solutions, [PottersWheel,](https://en.wikipedia.org/wiki/PottersWheel) ProcessDB (http://www.i [ntegrativebioinformatics.com/processdb.html\),](http://www.integrativebioinformatics.com/processdb.html) SAAM II [\(http://depts.washington.edu/saam2/\).](http://depts.washington.edu/saam2/)

Physiologically based

- Freeware: MCSim [\(https://www.gnu.org/software/mcsim/\)](https://www.gnu.org/software/mcsim/)
- Commercial: acslX [\(https://web.archive.org/web/20160109094324/http://acslx.com/\)](https://web.archive.org/web/20160109094324/http://acslx.com/)[,](http://www.cloegateway.com/) Cloe PK (http://www.cloegateway.com/), GastroPlus [\(http://www.simulations-plus.com/Products.aspx?gr](http://www.simulations-plus.com/Products.aspx?grpID=3&cID=16&pID=11) pID=3&cID=16&pID=11), MATLAB/SimBiology (http://www.mathworks.com/products/simbiolog y/), PK-Sim [\(http://www.systems-biology.com/products/pk-sim.html\),](http://www.mathworks.com/products/simbiology/) ProcessDB (http://www.inte grativebioinformatics.com/processdb.html), Simcyp [\(http://www.simcyp.com/\),](http://www.simcyp.com/) Entelos PhysioLab [\(https://web.archive.org/web/20080704113719/http://entelos.com/\)](https://web.archive.org/web/20080704113719/http://entelos.com/) Phoenix/WinNonlin [\(https://web.archive.org/web/20130210014412/http://www.certara.com/prod](https://web.archive.org/web/20130210014412/http://www.certara.com/products/pkpd/phx-wnl) ucts/pkpd/phx-wnl), ADME Workbench [\(https://web.archive.org/web/20140221231528/http://ww](https://web.archive.org/web/20140221231528/http://www.admewb.com/) w.admewb.com/).

Population PK

- Freeware: [WinBUGS,](https://en.wikipedia.org/wiki/WinBUGS) ADAPT, S-ADAPT / SADAPT-TRAN, Boomer, PKBugs (https://web.archi [ve.org/web/20060716224622/http://www.winbugs-development.org.uk/pkbugs/home.html\),](https://web.archive.org/web/20060716224622/http://www.winbugs-development.org.uk/pkbugs/home.html) Pmetrics [\(http://www.lapk.org/pmetrics.php\)](http://www.lapk.org/pmetrics.php) for R.
- Commercial: Kinetica, MATLAB/SimBiology [\(http://www.mathworks.com/products/simbiology/\),](http://www.mathworks.com/products/simbiology/) Monolix [\(http://lixoft.com/products/monolix/\),](http://lixoft.com/products/monolix/) [NONMEM](https://en.wikipedia.org/wiki/NONMEM), Phoenix/NLME (https://web.archive.or [g/web/20110201042414/http://www.pharsight.com/products/prod_phoenix_nlme_home.php\),](https://web.archive.org/web/20110201042414/http://www.pharsight.com/products/prod_phoenix_nlme_home.php) PopKinetics [\(http://depts.washington.edu/saam2/popKinetics/index.html\)](http://depts.washington.edu/saam2/popKinetics/index.html) for SAAM II, USC*PACK [\(http://www.lapk.org/software.php\),](http://www.lapk.org/software.php) DoseMe-Rx [\(https://doseme-rx.com\),](https://doseme-rx.com/) Navigator Workbench [\(https://web.archive.org/web/20150408064739/http://www.mango-solutions.com/w](https://web.archive.org/web/20150408064739/http://www.mango-solutions.com/wp/products-services/products/navigator/) p/products-services/products/navigator/).

Simulation

All model based software above.

Freeware: [COPASI,](https://en.wikipedia.org/wiki/COPASI) [Berkeley Madonna,](https://en.wikipedia.org/wiki/Berkeley_Madonna) MEGen [\(http://xnet.hsl.gov.uk/megen/\).](http://xnet.hsl.gov.uk/megen/)

Educational centres

Global centres with the highest profiles for providing in-depth training include the Universities of [Buffalo,](https://en.wikipedia.org/wiki/Buffalo_University) [Florida,](https://en.wikipedia.org/wiki/Florida_University) [Gothenburg,](https://en.wikipedia.org/wiki/University_of_Gothenburg) [Leiden,](https://en.wikipedia.org/wiki/Leiden_University) [Otago](https://en.wikipedia.org/wiki/Otago_University), [San Francisco,](https://en.wikipedia.org/wiki/University_of_California,_San_Francisco) [Beijing](https://en.wikipedia.org/wiki/Peking_University), Tokyo, [Uppsala](https://en.wikipedia.org/wiki/Uppsala_University), [Washington](https://en.wikipedia.org/wiki/University_of_Washington), [Manchester,](https://en.wikipedia.org/wiki/Manchester_University) Monash University, and University of [Sheffield](https://en.wikipedia.org/wiki/Sheffield_University).^{[\[1\]](#page-13-1)}

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