

Bibliografia

Aldao, A., Nolen-Hoeksema, S. & Schweizer, S. (2010). Emotion-regulation strategies across psychopathology: A meta-analytic review. *Clinical Psychology Review*, 30, 217-237.

American Psychiatric Association. (2014). *Manuale diagnostico e statistico dei disturbi mentali. Quinta edizione (DSM-5®)*. Milano: Raffaello cortina editore

Andrews, G., Creamer, M., Crino, R., Hunt, C., Lampe, L., Page, A. & Piacentini, D. (2003). *Trattamento dei disturbi d'ansia: guide per il clinico e manuali per chi soffre del disturbo*. Torino: Centro scientifico editore

Barone, L. (2007). *Emozioni e sviluppo: percorsi tipici e atipici*. Roma: Carocci.

Bertacchi, I., Muratori, P., & Giuli, C. (2016). *Coping power nella scuola primaria: gestire i comportamenti problematici e promuovere le abilità relazionali in classe*. Trento: Edizioni Centro Studi Erickson.

Borkovec, T. D., Alcaine, O., & Behar, E. (2004). Avoidance theory of worry and generalized anxiety disorder. In Heimberg, R. G., Turk C. L., Mennin, D. S. (Eds) *Generalized anxiety disorder: Advances in research and practice*. New York: Guilford Press.

Celi, F., Fontana, D., Rovetto, F., Memo, F. & Lambruschi, F. (2015). *Psicopatologia dello sviluppo: storie di bambini e psicoterapia*. 3°ed. Milano: McGraw-Hill Education

Cerolini, S., Terrasi, M., Ballesio, A., Devoto, A., Bacaro, V., Vacca, M., & Lombardo, C. (2019). Efficacia di un training di regolazione delle emozioni in un gruppo di studenti universitari. *Cognitivismo clinico*, 16 (1), 33-44.

Chapman, A., Dixon-Gordon, K., Walters, K. (2013). Borderline personality features moderate emotion reactivity and emotion regulation in response to a fear stressor. *Journal of Experimental Psychopathology*, 4, 451-470.

Corsano, P. & Cigala A. (2004). *So-stare in solitudine. Tra competenze emotive e competenze sociale*. Milano: McGraw-Hill.

- Cribb, G., Moulds, M. L., & Carter, S. (2006). Rumination and experiential avoidance in depression. *Behaviour Change*, 23(3), 165-176.
- Di Pietro, M. & Bassi, E. (2013). *L'intervento cognitivo-comportamentale per l'età evolutiva*. Trento: Erickson.
- Michaud, F. D., Tarabulsky, G. M., Sylvestre, A., & Voisin, J. (2019). Children's Emotional Self-Regulation in the Context of Adversity and the Association with Academic Functioning. *Child psychiatry and human development*, 50, 856–867.
- Fairburn, C. G., Cooper, Z. & Shafran, R. (2003). Cognitive behaviour therapy for eating disorders: a “transdiagnostic” theory and treatment. *Behavior Research and Therapy*, 41(5), 509-528.
- Fairburn, C., G., Cooper, Z., Doll, H. A., O'Connor, M., E., Bohn, K., Hawker, D. M., et al. (2009). Transdiagnostic cognitive-behavioral therapy for patients with eating disorders: a two-site trial with 60-week follow-up. *American Journal of Psychiatry*, 166(3), 311-319.
- Gottman, J. M., Katz, L. F. & Hooven, C. (1996). Parental meta-emotion philosophy and the emotional life of families: Theoretical models and preliminary data. *Journal of family psychology*, 10(3), 243.
- Gross, J. J. (2015). Emotion regulation: Current status and future prospects. *Psychological Inquiry*, 26, 1-26.
- Hu, T., Zhang, D., Wang, J., Mistry, R., Ran, G., Wang, X. (2014). Relation between emotion regulation and mental health: A meta-analysis review. *Psychological Reports*, 114, 341-62.
- Kendall, P. C. (Eds) (2000). *Child and adolescent therapy: Cognitive-behavioral procedures*. New York: Guilford Press.
- Lambruschi, F. (Eds) (2014). *Psicoterapia cognitiva dell'età evolutiva: procedure di assessment e strategie psicoterapeutiche*. Torino: Bollati Boringhieri.
- Leahy, R. L., Tirsch, D., & Napolitano, L. A. (2013). *La regolazione delle emozioni in psicoterapia. Guida pratica per il professionista*. Firenze: Eclipsi.

- Legenbauer, T. (2018) Proper emotion recognition, dysfunctional emotion regulation: the mystery of affective dysregulation in adolescent psychiatric inpatients. *Jugendpsychiatrie Psychotherapie*, 46(1), 7–16.
- Linehan, M. M., Barone, L. & Liotti, G. (2001). *Trattamento cognitivo-comportamentale del disturbo borderline: il modello dialettico*. Milano: Raffaello Cortina.
- Lochman, J. E. & Wells, K. C. (2002). The Coping Power program at the middle-school transition: Universal and indicated prevention effects. *Psychology of Addictive Behaviors*, 16(4S), S40-S54.
- Lochman, J. E., & Wells, K. C. (2003). Effectiveness of the Coping Power Program and of classroom intervention with aggressive children: Outcomes at a 1-year follow-up. *Behavior Therapy*, 34(4), 493-515.
- Lochman, J., E., Wells, K. Lenhart, L., A. (2012). *Coping Power. Programma per il controllo di rabbia e aggressività in bambini e adolescenti*. Trento: Edizioni Centro Studi Erickson.
- Lombardo, C., & Violani, C. (2011). *Quando perfetto non è abbastanza*. Milano: LED Edizioni Universitarie.
- Marsh, A. A., Blair, R. J. R. (2008). Deficits in facial affect recognition among antisocial populations: a meta-analysis. *Neuroscience & Biobehavioral Reviews*, 32(3), 454-465.
- McKenzie, K. C., Gross, J. J. (2014). Nonsuicidal self-injury: An emotion regulation perspective. *Psychopathology*, 47 (4), 207-219.
- Michaud, F. D., Tarabulsky, G. M., Sylvestre, A. & Voisin, J. (2019). Children's Emotional Self-Regulation in the Context of Adversity and the Association with Academic Functioning. *Child psychiatry and human development*, 50(5):856-867.
- Muratori, P., Polidori, L., Lambruschi, F., Lenzi, F., Manfredi, A., Ruglioni, L. & Lochman, J. E. (2013). Un modello di trattamento in setting di gruppo per i Disturbi da Comportamento Dirompente in età evolutiva: il «Pisa-Coping Power Program». *Psicologia clinica dello sviluppo*, 17(3), 411-428.

- Neacsiu, A. D., Eberle, J. W., Kramer, R., Wiesmann, T., & Linehan, M. M. (2014). Dialectical behavior therapy skills for transdiagnostic emotion dysregulation: A pilot randomized controlled trial. *Behaviour research and therapy*, 59, 40-51.
- Neacsiu, Rizvi, Linnehan, (2010). Dialectical behavior therapy skills use as a mediator and outcome of treatment for borderline personality disorder. In *Behaviour Reserch and Therapy*, 48(9), 832-83.
- Perdighe, C., & Mancini, F. (2008). *Elementi di psicoterapia cognitiva*. Roma: Giovanni Fioriti Editore.
- Roberton, T., Daffern, M., Bucks, R. S. (2012). Emotion regulation and aggression. *Aggression and Violent Behavior*, 17 (1), 72-82.
- Rogier, G., Velotti, P. & Zavattini, G. C. (2018). Aggressività e disregolazione emotiva: il ruolo delle emozioni negative. *Giornale italiano di psicologia*, 45(1), 13-42.
- Ruggiero, G. M., Sassaroli S. (2013). *Il colloquio in psicoterapia cognitiva: tecnica e pratica clinica*. Milano: Raffaello Cortina Editore
- Rydell, A. M., Berlin, L., Bohlin, G. (2003). Emotionality, emotion regulation and adaptation among 5- to 8-year-old children, *Emotion*, 3, 30-47.
- Rydell, A. M., Thorell, L. B., Bohlin, G. (2007). Emotion regulation in relation to social functioning: An investigation of child self-reports, *European Journal of Developmental Psychology*, 4, 293-313.
- Safer, D. L., Telch, C. F., Agras, W. S. (2001). Dialectical behavior therapy for bulimia nervosa. *American Journal of Psychiatry*, 158(4), 632-634.
- Stephanou, G. & Mpiontini, M. H. (2017). Metacognitive knowledge and metacognitive regulation in self-Regulatory learning style, and in its effects on performance expectation and subsequent performance across diverse school subjects. *Psychology*, 8(12), 1941-1975.
- Trincas, R., Bernabei, L., Bellizzi, P. C., Laglia, C., Nachira, A., Vitali, G. & Mancini, F. (2018). Il ruolo delle credenze sulle emozioni nei processi di regolazione emotiva. Una rassegna della letteratura su teorie, ricerche e trattamento. *Giornale italiano di psicologia*, 45(1), 187-216.

Vanzin, L., Colombo, P., Valli, A., Mauri, V., Ceccarelli, S. B., Pozzi, M. & Nobile, M. (2018). The Effectiveness of Coping Power Program for ADHD: An Observational Outcome Study. *Journal of Child and Family Studies*, 27(11), 3554-3563.

Zammuner, V. L. & Cigala, A. (2001). La conoscenza delle emozioni nei bambini in età scolare. *Età evolutiva*, 19-43.

Zonnevylle-Bender, M. J., Matthys, W. & Lochman, J. E. (2007). Preventive effects of treatment of disruptive behavior disorder in middle childhood on substance use and delinquent behavior. *Journal of the American Academy of Child & Adolescent Psychiatry*, 46(1), 33-39.