Meet your Tutor Buddy !

For students enrolled in *Medicine and Surgery F* A.Y. 2026/2027

SAPIENZA
UNIVERSITÀ DI ROMA

Hi everyone, welcome to Sapienza!

I'm **Sara** Vitale and I am a **VI year** student in Medicine and Surgery F course.

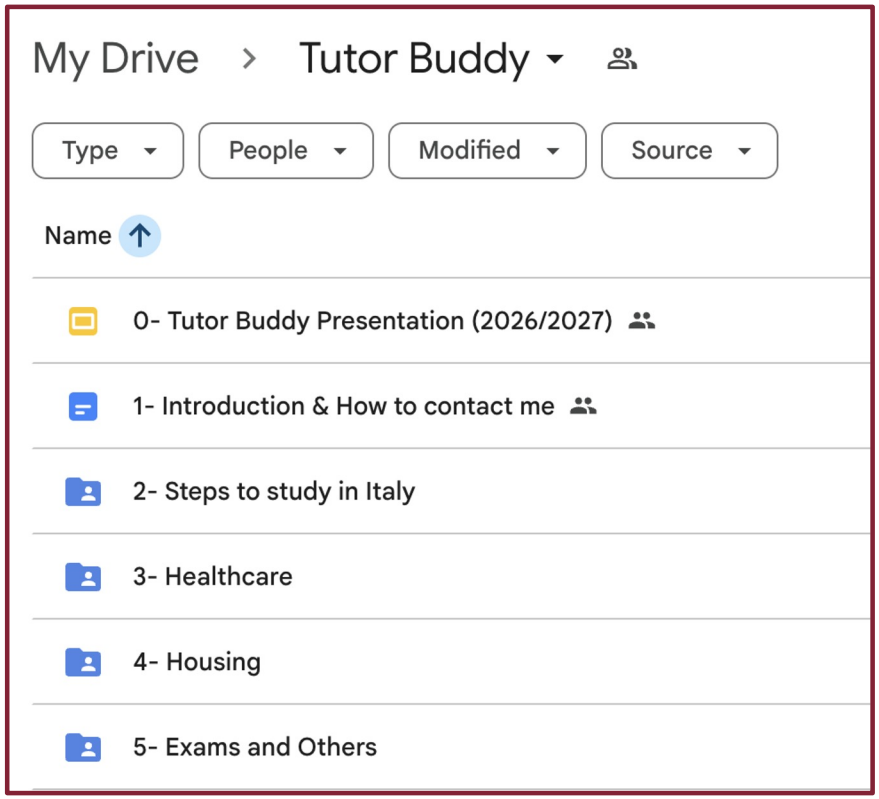


I am happy to be your Tutor Buddy: together we will make the first steps to successfully move to *Rome* and study at *Sapienza*.

The Tutor Buddy Drive

Our goal is to make challenges easy… to do so, you can refer to a series of documents and mini-guides available on the **Tutor Buddy Google Drive**.

Access must be with your institutional email address (surname.studentID@studenti.uniroma1.it)



How to contact me

For detailed instructions, click **here**



Emails and Whatsapp

I'll try to answer asap and at the latest on Wednesdays and Fridays evenings.



Scheduled Online Zoom Meetings on Sundays

Every Sunday from 5-7pm, book by the Friday before.

Cell Phone number: **+39 3806873515**

Institutional email address:
vitale.1935908@studenti.uniroma1.it

Steps to study in Italy: **Support and Welcoming Offices**

- Support office → **International Student Office**

Study Visa (non-EU citizens): email accesso.sapienza@uniroma1.it
Enrollment (EU and non-EU): email studentistranieri@uniroma1.it

- Welcoming office → **HELLO International Student Help Desk**

Front-office located under the Rectorate Building porch, no appointment needed
Email hello@uniroma1.it

More information available here

Steps to study in Italy:
The Permit of Stay (Non-EU)

For detailed instructions, click here

Once you are enrolled in the course of study, you **MUST** apply for the **Residence Permit for Study Purposes** (**Permesso di Soggiorno**) **within 8 days of arriving in Italy**.

- It is issued for the duration of the study programme envisaged
- You must apply for **renewal** at least *two months before the expiry date* of your current permit at a Post Office (renewal cannot exceed three years beyond the legal duration of your degree programme)


SO TIRED

Healthcare

In case of emergency call 112

EU (+ EFTA and UK)

1) Acquisition of the **EHIC card**

Contact the Health Insurance Institution of ***your*** home country at this link.

It gives access to *medically necessary* state-provided healthcare

Non-EU

1) **Voluntary enrollment in the Italian NHS** (SSN)

Follow several steps, including payment of **700€** (calendar year)

1) **Private insurance**

Housing

1) **DiSCoLazio** services (scholarships, accommodation, canteen)
   → Lazio DiSCo

1) **Sapienza** services → Sapienza University Residences

1) **Affiliated private** residential facilities
   → Register of Affiliated Housing Facilities | Sapienza Università di Roma



Exams and Others: **Useful Platforms**

- For general overview → **Course catalogue** | Medicine and Surgery F

- For lectures materials, out-classroom learning activities → **Moodle e-learning** | Medicine and Surgery F; **Info and Tutorial Activities**

- For booking of exams/electives → **Infostud** | Sapienza

- Book “exams” on Infostud → Exams section
- Book “ongoing examinations” on Infostud → Intermediate Tests section
- Book “ADEs” Infostud → Intermediate Tests section

Exams and Others: **Exam Validation and Student Transfer**

Once formally approved, the decision **cannot** be reversed

- Advantages → Shortening of course duration
- Disadvantages → Attendance discrepancies, Two different study groups, DiSCoLazio scholarship regulations, Tuition fees regulations



For further information, you can contact

- **Prof. Andrea Bellelli** (**andrea.bellelli@uniroma1.it**)
- Prof.ssa Giulia d'Amati (giulia.damati@uniroma1.it)

Exams and Others: **Lectures**

- **Timetable** of the 1st year 1st semester is available here

Start of lectures: Monday November 9th
End of lectures: Monday January 25th

- An **attendance** of **at least 67%** is mandatory to sit for exams



Exams and Others: **The Student Guide**

Facoltà di Farmacia e Medicina

Sapienza Università di Roma

Student Guide
Degree Course
in Medicine and Surgery *"F"*
International Medical School



Responsible of the degree course: Prof. ssa Giulia d'Amati

Academic Year 2026-2027

INDEX

Sommario

1.	Offices Degree Course "F"	5
2.	Educational and Pedagogical Technical Committee	6
3.	Study Regulations of the Degree Programme in Medicine and Surgery (extract)	7
4.	Study planning	14
5.	Course planning for each semester	16
6.	Exams and ongoing examinations	19
7.	Lectures timetable	25
8.	Teaching staff	31
9.	Teaching staff: Contact information	39
10.	Clinical Tutors: Contact information	50
11.	Course Programs	53
12.	Electives (ADE)	214
13.	Map and legend of Policlinico Umberto I of Rome	225



Thank You
for your attention !



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