

# Navigating the Unseen: Understanding Risk and Human Perception

Welcome to a journey through the complex world of risk perception. This presentation explores how humans evaluate and respond to risks in both personal and professional contexts, with special focus on industrial settings.

We'll examine psychological mechanisms, cognitive biases, and cultural factors that shape our understanding of risk, and provide practical strategies for improving risk management in engineering and safety fields.

### by Alessandro Nicotera



# THE TOP GLOBAL RISKS IN 2024

The World Economic Forum surveyed 1,490 leaders on the top global risks in 2024 and their potential scale of impact.

Please select up to five risks that you believe are most likely to present a material crisis on a global scale in 2024.





Where Data Tells the Story

App Store Coogle Play







Source: Lloyd's Register Foundation World Risk Poll, 2021 Methodology: The ratio measures the regional sentiment towards AI of 125,000 people in 121 countries, polled in 2021. The higher the ratio, the more favorable stance the region has towards artificial intelligence.

Here's how responses varied slightly when other attitudes and life experiences were taken into account.

Mostly help

Mostly harm

No opinion/response

#### Percentage of Those Who Said AI Would "Mostly Help" or 'Mostly Harm' by Their Experiences



Source: Lloyd's Register Foundation World Risk Poll, 2021

Source: Lloyd's Register Foundation World Risk Poll, 2021 Due to rounding, percentages may sum to 100% ±1%. Survey question: Do you think artificial intelligence will mostly HELP or mostly HARM people in this country in the next 20 years? "Discrimination based on a person's nationality/ethnicity, skin color, sex, or disability.

Download the free report here faced by ordinary people around the globe. >>> S VISUAL CAPITALIST



"The quest for certainty is the greatest obstacle to becoming an expert in risk."

- Gerd Gigerenzer



### **1. Paradox of Flying vs. Driving**

**Common belief:** Driving is safer than flying. **Reality:** Car accidents cause far more fatalities each year than airplane crashes, but the anxiety related to flying is much more common due to the dramatic nature of plane accidents and intense media coverage, which amplifies the *availability heuristic* 



### 2. Paradox of the Illusion of Control

**Common belief:** The more experience you have, the fewer risks you face.

**Reality:** Experts often underestimate the risks in their own field due to overconfidence in their skills, known as *expertise blindness* and *technical overconfidence*, which can lead to catastrophic mistakes



### **3. Paradox of Confirmation Bias**

**Common belief:** More information leads to better decisions. **Reality:** People often seek only information that confirms what they already believe, ignoring critical data that contradicts their initial assumptions, thereby worsening their risk assessments



### 4. Paradox of Emotion vs. Rationality

**Common belief:** Rational decisions are always better than emotional ones.

**Reality:** In some cases, instinctive, emotionally driven reactions can be more accurate than purely rational evaluations, especially in contexts where past experience plays a key role in recognizing danger signals



### **5. Paradox of Professional Overconfidence**

**Common belief:** Experienced professionals make fewer mistakes.

**Reality:** Paradoxically, experienced professionals can be more vulnerable to risk assessment errors because their expertise makes them ignore weak signals or unlikely events



### 6. Paradox of Familiarity and Risk

**Common belief:** Familiar things are safer. **Reality:** We often underestimate the risks associated with everyday activities like driving or using common machinery, while overestimating the dangers of rare but spectacular events



### 7. Paradox of Perceived Safety

**Common belief:** Advanced technology is always safer. **Reality:** Advanced technologies like artificial intelligence can introduce new, hard-to-identify risks, creating a false sense of security



### 8. Paradox of Fear and Risk

**Common belief:** Being afraid of something means it is more dangerous. **Reality:** Our fears often do not correspond to the actual probability of danger, as in the case of terrorism versus heart disease, the latter being far more deadly every year



### 9. Paradox of Tunnel Vision

**Common belief:** Focusing on a problem reduces risk. **Reality:** Excessive focus on a single aspect can lead to ignoring larger or more probable risks, as demonstrated in industrial accidents where attention is often limited to immediate dangers and not the root causes



### **10.** Paradox of Technological Progress

**Common belief:** Technology always reduces risk. **Reality:** While some technologies reduce risks, others introduce new and often more complex risks, creating invisible vulnerabilities and dangerous dependencies



If you had to use a bag to carry your groceries home, would you choose a paper bag or a plastic one? And why?



Producing a paper bag requires three times more water than producing a plastic bag. **Paper production** generates 70% more air pollution than plastic production. It also takes 91% more energy to recycle a kilogram of paper compared to a kilogram of plastic.

# Introduction: The Importance of Understanding Risk

Complexity & Uncertainty

In today's rapidly evolving world, understanding risk has become more crucial than ever before. Technological Advancement

Al, climate change, and global interconnectedness create new vulnerabilities requiring sophisticated risk management.

#### Human Vulnerability

Our intuitive understanding of risk often conflicts with scientific frameworks, creating dangerous gaps.





# The Psychology of Risk Assessment

#### Primitive Processing

Instant threat evaluation occurs before conscious thought, sometimes leading to risk misconceptions.

#### Dual-Processing

Risk assessment combines immediate emotional reactions with deliberate analytical evaluation.

#### Threat Evaluation

Controllability, familiarity, and potential impact influence how we perceive different risks.

#### **Emotional Response**

The amygdala processes threats before our rational mind analyzes the situation.

# Abstract vs. Concrete Threats

#### Concrete Threats

- Immediate physical dangers
- Easily recognized by our senses
- Trigger automatic responses
- Our brains evolved to handle these

#### Abstract Threats

- Climate change impacts
- Financial market fluctuations
- Cybersecurity vulnerabilities
- Harder for our brains to evaluate

How might this cognitive challenge affect your professional risk assessments? Consider areas where abstract threats may be underestimated in your field.

### Memory and Risk Perception

## 12x



Overestimation

People typically overestimate dramatic but rare risks (like terrorism) by as much as twelve times Underestimation

Common but less dramatic risks (like heart disease) are underestimated by approximately 40 percent

73%

Memory Influence Of risk assessments are significantly influenced by ease of recall rather than actual probability

How might this affect safety assessments in your organization? Consider how memorable events might distort risk evaluations in your field.



# Individual Differences in Risk Perception



Question: How might understanding these individual differences help you create more effective safety training programs?

# Cultural Influences on Risk Perception



# Media and Risk Perception

	Information Sources Varying levels of trust in different media		
$\sum$		Amplification Effect How media coverage can magnify perceived risks	
	Q		Selective Exposure People seek information confirming existing beliefs

Question: How does media coverage influence risk perception in your industry? Consider how certain risks get amplified while others receive minimal attention.

# Time Orientation and Risk

#### Short-Term Focus

Some cultures prioritize immediate risks and consequences.

- Quarterly business results
- Immediate safety hazards
- Visible, tangible threats

#### Long-Term Perspective

Other societies emphasize distant future risks.

- Climate change impacts
- Infrastructure deterioration
- Systemic, gradual risks

How does your organization balance short-term and long-term risk considerations? Consider the implications for resource allocation and planning.



# Evolution of Risk Understanding

Ancient Beginnings

Primitive societies developed basic methods intertwined with religious beliefs. Medieval Advances

2

Maritime trade led to sophisticated risk-sharing and early insurance concepts.

#### Industrial Revolution

3

New manufacturing processes created novel risk categories requiring better safety protocols.

#### Modern Era

4

Computational capabilities enabled sophisticated statistical analysis and risk modeling.



# Paradigm Shifts in Risk Theory

### 8

#### The Nuclear Age

Introduced entirely new categories of risk consideration, forcing reevaluation of catastrophic events.

#### Behavioral Approaches

Revealed complex interplay between human perception and technical risk assessment methodologies.



#### Quantitative Risk Assessment

Transformed risk from intuitive process to quantitative discipline through probabilistic approaches.

#### Globalization Impact

Created need for consistent approaches across different cultural and regulatory environments.

## Measuring Risk Perception

#### Psychometric Paradigm

Multidimensional scaling techniques mapping risk perceptions across attributes like controllability and severity.

#### Assessment Tools

Questionnaires utilizing Likert scales to quantify qualitative judgments about various risks.

#### Data Analysis

Multivariate analysis identifying patterns and correlations between different risk perception factors.

#### Calibration

Comparing subjective assessments against objective risk data to identify systematic biases.



# Digital Tools for Risk Perception Measurement

Mobile Applications

Enable real-time monitoring of risk perceptions across large populations.



Capture nuanced aspects of risk evaluation through interactive elements.



#### Big Data Analytics

Process large-scale risk perception data to identify patterns and trends.



Visualization Tools

Transform complex risk data into intuitive, actionable insights.

Question: How might these digital tools improve risk perception measurement in your field?





# The Availability Heuristic

#### Definition

The availability heuristic leads us to judge event likelihood based on how easily we can recall similar instances.

Recent or emotionally charged events become more accessible in memory, potentially distorting risk assessment.

### Real-World Example

After a widely publicized airplane accident, people often overestimate air travel dangers despite statistical evidence of safety.

This mental shortcut, while evolutionary useful, can lead to significant misjudgments in modern risk contexts.

Question: How might the availability heuristic affect safety assessments in your organization?



# Overconfidence Effect



In risk assessment, overconfidence is particularly dangerous when professionals overestimate their ability to control or prevent risks.

Engineers might believe they've considered all possible failure modes, leading to incomplete risk analyses.



# Anchoring Bias in Risk Evaluation

### Initial Exposure

First piece of information or estimate disproportionately influences final assessment.

#### Insufficient Adjustment

New information fails to adequately shift assessment away from initial anchor.

#### Persistent Effect

Even when aware of bias, professionals still demonstrate significant anchoring.

Question: How might previous safety ratings influence new assessments in your field? What processes could help overcome this bias?
### Representativeness Bias



Representativeness bias leads people to make judgments based on stereotypical patterns rather than probability.

Safety managers might underestimate risks in a new facility because it resembles a previously successful operation, overlooking crucial differences in personnel, equipment, or conditions.

### Fear and Risk Evaluation

#### Fear Response

- Activates amygdala in brain
- Can sharpen or distort perception
- Increases estimation of negative outcomes
- Evolved as protective mechanism

#### Professional Impact

- May lead to excessive caution
- Can cause overestimation of dramatic risks
- Sometimes appropriate as warning signal
- Requires conscious management

Question: How might fear responses influence risk assessments in high-stress engineering situations?

### Anxiety and Risk Assessment



Unlike the immediate response of fear, anxiety creates a persistent state that can both enhance and impair judgment.



### Emotional Regulation in Risk Assessment

Balanced Evaluation

Well-developed emotional regulation allows acknowledging feelings while maintaining analytical thinking.

**e** Emotional Awareness

Recognizing emotional states as they occur helps prevent them from unduly influencing assessments.

#### Regulation Techniques

Specific strategies like cognitive reappraisal help maintain objectivity during risk evaluation.

#### Skill Development

Emotional regulation can be improved through training and deliberate practice.

# Intuitive Judgment in Risk Assessment

#### Benefits

- Rapid assessment capability
- Integrates unconscious knowledge
- · Valuable when information is limited
- Draws on accumulated experience

#### Limitations

- Vulnerable to cognitive biases
- Reliability varies by domain
- Difficult to articulate reasoning
- May overlook novel factors

Question: When should professionals rely on intuitive judgment in risk assessment, and when is a more analytical approach needed?

### Technical Overconfidence in Engineering



Engineers, having successfully solved numerous technical challenges, may develop an inflated sense of their ability to control system behaviors.



### Professional Assumptions in Engineering

Standardized EducationSimilar training creates shared mental modelsIndustry Experience<br/>Common practices reinforced through careersCollective Blind Spots<br/>Shared assumptions creating systemic vulnerabilities

While common foundations provide valuable frameworks, they can create collective blind spots when engineers automatically apply familiar solutions without considering alternatives.

# Engineering Mindset Limitations

#### Quantitative Focus

Engineers often prioritize numerical data and technical specifications over qualitative information.

- Mathematical precision
- Statistical analysis
- Measurable parameters

#### **Overlooked Factors**

This focus can lead to undervaluing crucial "soft" data that reveals important risk factors.

- Operator feedback
- User experience
- Organizational factors
- Human behavior patterns

Question: How might your organization better integrate qualitative insights into risk assessment?

# Specialized Knowledge Gaps



Engineers develop deep expertise in specific domains while potentially overlooking interdisciplinary factors that could affect system safety.



### Structured Debiasing Approaches

#### Pre-mortem Analysis

Imagine potential failure scenarios before they occur to counteract optimism bias.

#### Structured Questioning

Challenge assumptions with protocols: What evidence contradicts our view? What alternatives exist?

#### Competing Hypotheses

Evaluate multiple explanations simultaneously rather than confirming one preferred solution.

#### Devil's Advocate

Formally assign someone to challenge the prevailing view to prevent groupthink.

### Cognitive Restructuring for Risk Assessment

Recognize Automatic Patterns

Identify habitual thought processes and assumptions in risk evaluation.

- Challenge Assumptions

2

 $\square$ 

Actively question the basis for risk judgments and perceived patterns.

Seek Balanced Evidence

Look for information both supporting and contradicting initial risk assessment.

— Develop Alternative View

Create more balanced, evidence-based risk evaluations.



# System Safety Engineering

N N K	Risk Assessment Matrices Standardized frameworks for evaluating probability and severity			
2.		Safety Protoc Comprehensiv	ocols ive procedures balancing safety and efficiency	
$ \leftrightarrow $		Failure Modes Analysis Systematic examination of potential component failures		
4			Preventive Measures Hierarchy of controls following elimination-to-PPE sequence	



# Redundancy and Fail-Safe Systems

#### Multiple Protection Layers

Critical systems designed with redundant safeguards to prevent single-point failures.

#### () Backup Power Systems

Secondary power sources ensure continuous operation of safety-critical components.

#### Redundant Control Circuits

Multiple control pathways maintain system integrity even when primary circuits fail.

#### Emergency Shutdown Systems

Automatic activation when dangerous conditions are detected, with manual override capability.

# Human Factors in Industrial Safety

#### Physical Ergonomics

Designing workstations, tools, and equipment to accommodate human biomechanical limitations.

- Comfortable reach zones
- Properly positioned controls
- Minimized physical strain

#### Cognitive Ergonomics

Addressing mental workload, decision-making requirements, and information processing demands.

- Intuitive interfaces
- Clear warning systems
- Manageable information load
- Decision support tools

# Workplace Psychology and Safety



When employees feel valued and supported, they are more likely to follow safety procedures and report potential hazards.

# Emergency Response Planning

Crisis Preparation

Comprehensive risk assessment identifying potential emergency scenarios

Command Structure

H

ß

A

Clear hierarchy following Incident Command System model

Communication Protocols Redundant systems for internal and external notification

**Evacuation Procedures** 

Multiple routes and assembly points considering environmental factors





### Risk Communication in Industry

Tailored Communication

Messages designed for specific stakeholder needs from shop floor to executive suite.

#### Structured Safety Briefings

Regular meetings using SHARP method: Situation, Hazards, Actions, Resources, Problems.

#### 🗊 Two-Way Dialogue

Feedback mechanisms ensuring messages are understood and actionable.



#### Visual Communication

Hazard maps, signage, and infographics transcending language barriers.

### Bhopal Disaster: A Case Study (1984 – 25.000 deaths)

Technical Failure Water contamination in methyl isocyanate storage tank Cost-Cutting

Gradual erosion of safety margins through budget reductions



Maintenance Issues Inadequate procedures and reduced safety systems

Insufficient Training

Operators not prepared for emergency response

### Nuclear Accident of Three Mile Island (1979): Human Factors Failure

#### **Event Sequence**

- Equipment malfunctions initiated event
- Operators misinterpreted indicators
- Alarm systems overwhelmed staff
- Control room design contributed to confusion
- · Partial core meltdown resulted

#### Human Factors Lessons

- Information overload during crisis
- Inadequate control room ergonomics
- Poor alarm prioritization
- Insufficient simulator training
- Complex procedures hindered response

### Challenger Disaster (1986-7 deaths): Organizational Failure

### 31°F

Launch Temperature Far below O-ring safety threshold

### 73s

Flight Duration Before catastrophic failure occurred

### 7

Warning Attempts By engineers concerned about O-ring performance

The Challenger disaster demonstrates how organizational culture and decision-making processes can override technical concerns. Management dismissed engineering warnings about O-ring performance in cold temperatures.



# Key Takeaways: Navigating the Unseen

Understand Psychological Factors

Recognize how cognitive biases and emotional responses affect risk perception. Consider Cultural Context

Acknowledge how cultural differences influence risk evaluation and communication. Balance Technical and Human Factors

Integrate engineering solutions with psychological and organizational considerations.

#### Learn From History

Study both failures and successes to build more resilient safety systems.

### 📀 Ta

#### Take Action

Implement structured debiasing techniques and comprehensive safety frameworks.

8