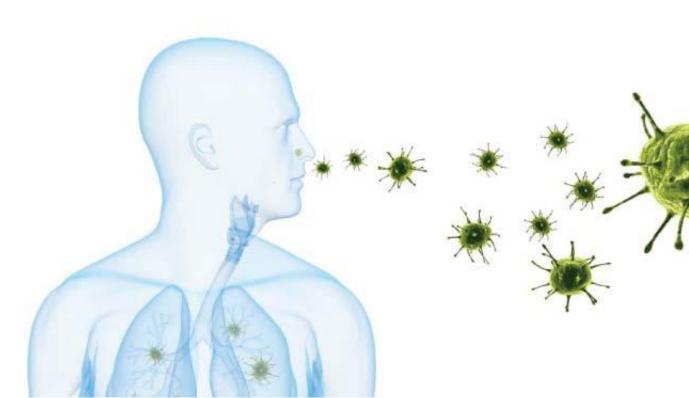
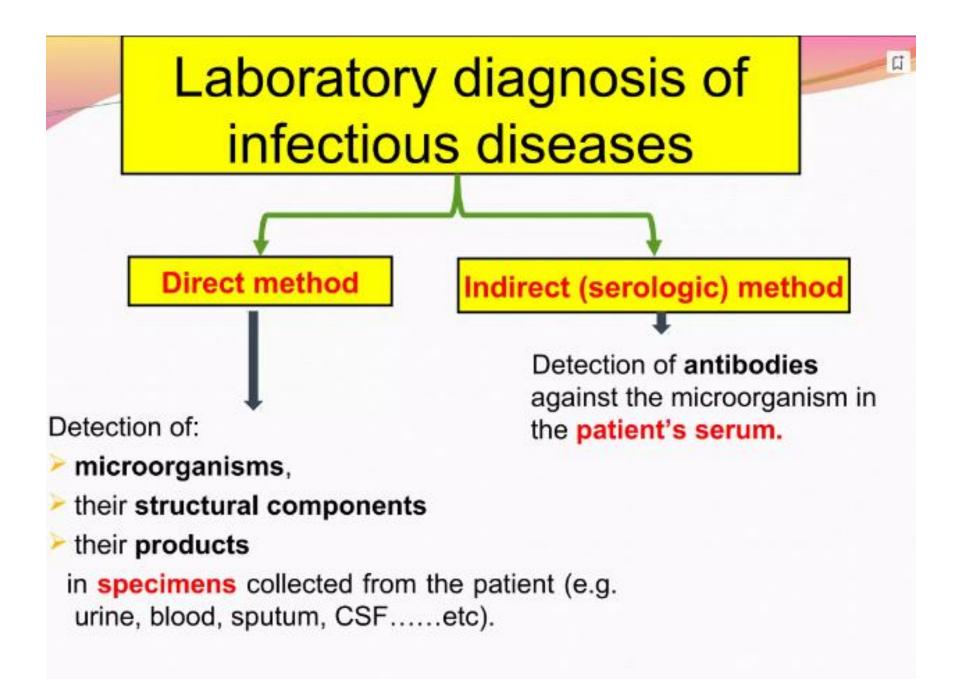
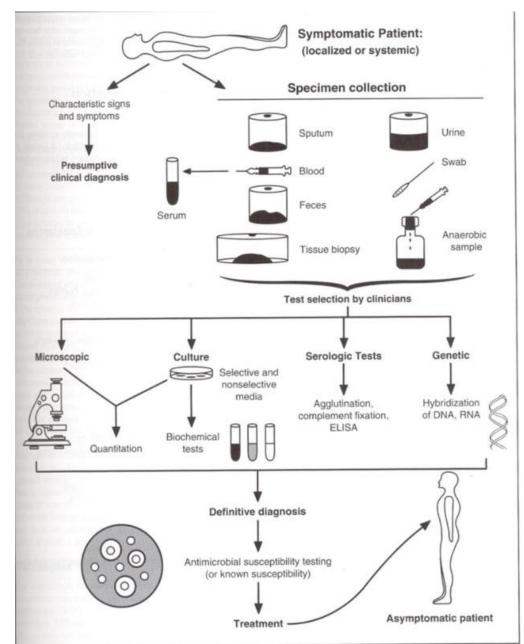
# DIAGNOSIS OF RESPIRATORY TRACT INFECTIONS



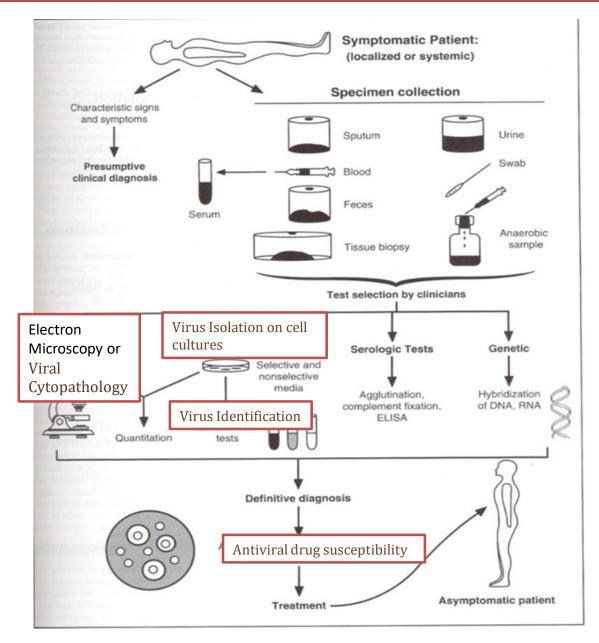


### **Principles of Bacterial Diagnostics**



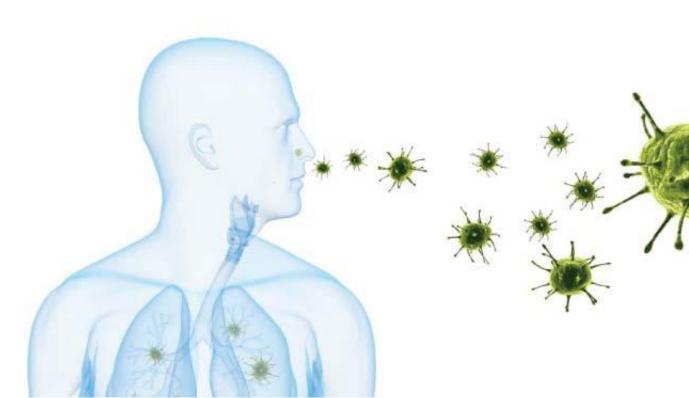
From: Medical Microbiology. 4th edition.

### **Principles of Viral Diagnostics**



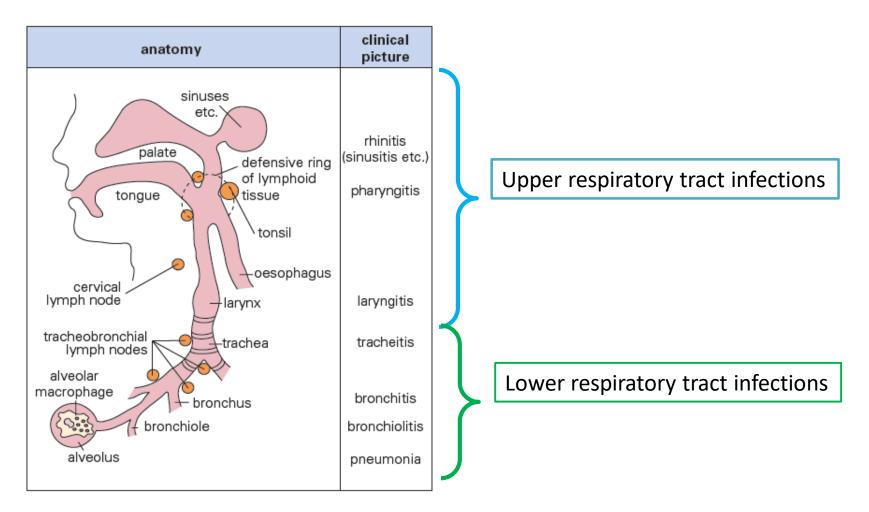
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# DIAGNOSIS OF RESPIRATORY TRACT INFECTIONS



## **RESPIRATORY TRACT**

- Lower respiratory tract infection is the most common infectious cause of death in the world, 3.5 million deaths yearly (The top 10 causes of death. WHO 2013)
- The respiratory tract is a main site of entry for infections
- The respiratory tract is a continuum as far as infectious agents are concerned



### Normal flora of the respiratory tract

| Type of resident <sup>®</sup>                | Microorganism 🛛   |
|--|---|
| Common residents (>50% of<br>normal people)  | Oral streptococci<br>Neisseria spp.<br>Moraxella<br>Corynebacteria<br>Bacteroides<br>Anaerobic cocci (Veillonella)<br>Fusiform bacteria <sup>b</sup><br>Candida albicans <sup>b</sup><br>Streptococcus mutans<br>Haemophilus influenzae |
| Occasional residents (<10% of normal people) | Streptococcus pyogenes<br>Streptococcus pneumoniae<br>Neisseria meningitidis  |

- Commensal organisms

   (the oropharyngeal microbiota)
   (the oropharyngeal microbiota)
  - Mainly present in the upper tract
  - Mainly Gram+
  - Occasional residents, Commensal Symbionts, Pathobionts

| Туре                  | Examples   | Consequences  |
|-----------------------|--|---|
| Restricted to surface | Rhinoviruses<br>Influenza<br><i>Streptococci</i> in throat<br><i>Chlamydia</i> (conjunctivitis)<br>Diphtheria<br>Pertussis<br><i>Candida albicans</i> (thrush) | Local spread<br>Local (mucosal) defences important<br>Adaptive (immune) response sometimes too late to be important in recovery<br>Short incubation period (days)<br>PATHOGENS of the respiratory tract   |
| Spread through body   | Measles, mumps, rubella<br>EBV, CMV<br><i>Chlamydophila psittaci</i> <sup>a</sup><br>Q fever<br><i>Cryptococcosis</i>  | Little or no lesion at entry site<br>Pathogen spreads through body, returns to surface for final multiplication and<br>shedding, e.g. salivary gland (mumps, CMV, EBV), respiratory tract (measles)<br>Adaptive immune response important in recovery<br>Longer incubation period (weeks) |

- «PROFESSIONAL» INVADERS: successfully infect the normally healthy respiratory tract and generally
   possess specific properties (such as capsule, toxins, enzymes for bacteria, mechanisms to evade local
   host defences ...)
- «SECONDARY» INVADERS : cause disease only when host defences are impaired

| Туре  | Requirement  | Examples  |
|---|--|---|
| Professional invaders (infect<br>healthy respiratory tract) | Adhesion to normal mucosa (in spite of mucociliary system)                   | Respiratory viruses (influenza, rhinoviruses)<br><i>Streptococcus pyogenes</i> (throat)<br><i>Strep. pneumoniae</i><br><i>Chlamydia</i> (psittacosis, chlamydial conjunctivitis and<br>pneumonia, trachoma) |
|   | Ability to interfere with cilia  | Bordetella pertussis<br>Mycoplasma pneumoniae<br>Strep. pneumoniae (pneumolysin)  |
|   | Ability to resist destruction in alveolar macrophage                         | Legionella<br>Mycobacterium tuberculosis  |
|   | Ability to damage local (mucosal, submucosal) tissues                        | Corynebacterium diphtheriae (toxin)<br>Strep. pneumoniae (pneumolysin)  |
| Secondary invaders (infect<br>when host defences impaired)  | Initial infection and damage by respiratory virus (e.g. influenza virus)     | Staphylococcus aureus<br>Strep. pneumoniae, pneumonia-complicating influenza  |
|   | Local defences impaired (e.g. cystic fibrosis)                               | Staph. aureus<br>Pseudomonas  |
|   | Chronic bronchitis, local foreign body or tumour                             | Haemophilus influenzae<br>Strep. pneumoniae   |
|   | Depressed immune responses<br>(e.g. AIDS, neoplastic disease)                | Pneumocystis jirovecii<br>Cytomegalovirus<br>M. tuberculosis  |
|   | Depressed resistance (e.g. elderly,<br>alcoholism, renal or hepatic disease) | Strep. pneumonia<br>Staph. aureus<br>H. influenzae  |

# **Upper respiratory tract infections**

The symptoms of an upper respiratory tract infection include fever, rhinitis and pharyngitis or sore throat

- RHINITIS
- SINUSITIS
- PHARYNGITIS
- TONSILLITIS
- EPIGLOTTITIS
- OTITIS



### **RHINITIS or common cold**

- Etiology:
  - Generally VIRAL INFECTIONS
  - Possibility of secondary bacterial infections
- Transmission: by aerosol, direct contact or fomitis
- No vaccines
- Treatment is symptomatic
- Diagnosis: unnecessary

```
VIRAL INFECTIONS
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```
RHINOVIRUSES (3 species: -A, -B, -C Around 160 genotypes)
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CORONAVIRUSES (Low pathogenic species: OC43, 229E, HKU1, NL63)

ADENOVIRUS (Around 40 genotypes)

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PARAINFLUENZA VIRUS 1-4
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• • •

### **PHARYNGITIS and TONSILLITIS**

- About 70% of acute sore throats are caused by viruses
- A laboratory diagnosis is not generally necessary but it is important to diagnose
   Streptococcus pyogenes infection because of the possible complications

#### Organisms Examples Comments Viruses A mild symptom in the common cold Rhinoviruses, coronaviruses Adenoviruses (types 3, 4, 7, 14, 21) Pharyngoconjunctival fever Parainfluenza viruses More severe than common cold Influenza viruses, CMV, EBV Not always present Coxsackie A and other enteroviruses Small vesicles (herpangina) Epstein–Barr virus Occurs in 70–90% of glandular fever patients Herpes simplex virus type 1 Can be severe, with palatal vesicles or ulcers Causes 10–20% of cases of acute pharyngitis; sudden onset; mostly Bacteria Streptococcus pyogenes in 5- to 10-year-old children Neisseria gonorrhoeae Often asymptomatic; usually via orogenital contact Corynebacterium diphtheriae Pharyngitis often mild, but toxic illness can be severe Haemophilus influenzae Epiglottis Borrelia vincentii plus fusiform bacilli Vincent's angina; commonest in adolescents and adults

#### Microorganisms causing acute pharyngitis

CMV. cvtomegalovirus: EBV. Epstein-Barr virus.

### Streptococcus pyogenes

### **COMPLICATIONS:**

- Quinsy: Peritonsillar abscess, uncommon complication of untreated streptococcal sore throat
- Otitis media, sinusitis and mastoiditis

#### SCARLET FEVER

- from strains of *S. pyogenes* producing an erythrogenic toxin coded for by a lysogenic phage.
- Highly contagious
- Impetigo, erysipelas and cellulitis
- PNEUMONIA

#### RHEUMATIC FEVER (Immune-mediated disease)



- Symptoms:
  - Rash
  - Sore throat
  - Red cheeks
  - Swollen tongue.

#### **Punctate erythema**

- Begins as facial erythema, then spreads to involve most of the body
- Rash fades over the course of 1 week
- Followed by peeling for 2–3 weeks

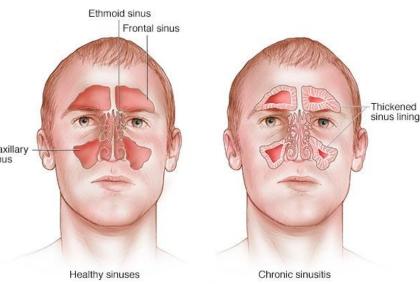


### **OTITIS and SINUSITIS**

- Invasion of the air spaces associated with the upper respiratory sinus tract (sinuses, middle ear, mastoid)
- ETIOLOGY:
- Many viruses (Rhinovirus, AdenoV, parainfluenzaV)
- Secondary bacterial invaders (i.e. *Strep. pneumoniae*, *H. influenzae* and *Moraxella catarrhalis* and sometimes anaerobes, such as *Bacteroides fragilis*)
- Brain abscess is a major complication

### **Otitis externa**

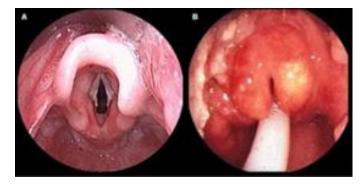
The warm moist environment (swimmers) favours **Staph. aureus, C. albicans** and Gram-negative opportunists such as **Proteus** and **Pseudomonas aeruginosa** CHRONIC SUPPURATIVE OTITIS MEDIA



## **ACUTE EPIGLOTTITIS**

- In young children, the responsible is *H*.
   *influenzae* capsular type B in 85% of cases
- Usually bacteraemia is present
- Severe inflammation and oedema -> difficulty in breathing due to respiratory obstruction

Acute epiglottitis is an emergency and necessitates intubation and treatment with antibiotics





### DIAGNOSIS

- Clinical diagnosis
- Confirmation by isolating bacteria from the blood

 $\rightarrow$  a pharyngeal swab is strongly discouraged in cases of suspected epiglottiditis because it can aggravate the obstruction

# LARYNGITIS and TRACHEITIS

Easily obstructed in children, due to their narrow passages, leading to hospital admission

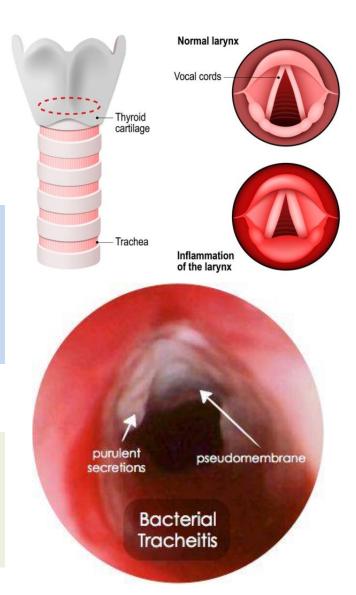
 Swelling may lead to a dry cough and inspiratory stridor ('crowing') known as croup

### ETIOLOGY

#### VIRUS

Viral infections of the upper respiratory tract may spread downwards Broad range: rhinovirus, parainfluenza virus, influenza virus, adenovirus, respiratory syncytial virus (RSV)

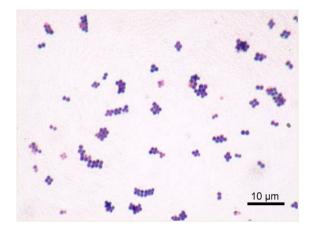
#### **BACTERIA** Less common Group A streptococci, Haemophilus influenzae and Staphylococcus aureus



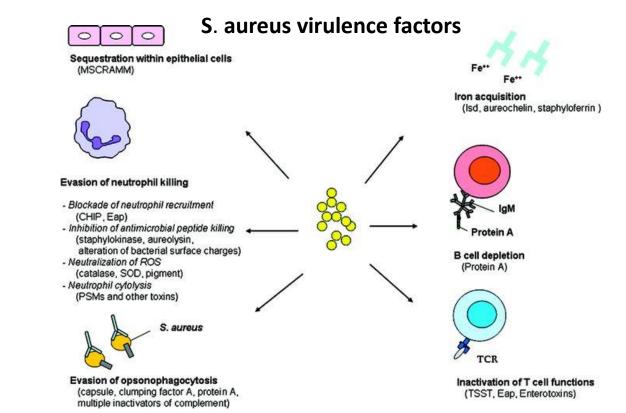
### STAPHYLOCOCCUS AUREUS



*S.aureus* colonies in MSA (Mannitol Salt Agar)



S. aureus can cause a range of illnesses, from minor skin infections, such as pimples, impetigo, boils, cellulitis, folliculitis, scalded skin syndrome, and abscesses, to life-threatening diseases such as pneumonia, meningitis, osteomyelitis, endocarditis, toxic shock syndrome, bacteremia, and sepsis.



### **WHOOPING COUGH**

Caused by **Bordetella pertussis** and **B. parapertussis** Infants, if not **immunized**, are at risk of severe complications

### DIAGNOSIS

NASOPHARYNGEAL ASPIRATE: recommended sample Nasopharyngeal swab Nasal swab

#### Culture on specific growth media

- Fails to grow on routine blood agar
- Enriched medium are required (e.g. Bordet–Gengou or blood charcoal agar)
- Requires **3–7 days' incubation** in moist atmosphere
- → Iridescent bisected pearl colony type characteristic on Bordet–Gengou

**Identification** by reaction with specific antisera (agglutination assay)



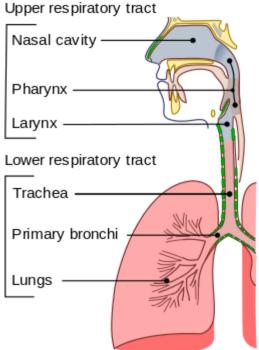


# Lower respiratory tract infections

- Infections are spread by the airborne route (except parasites)
- Acute or chronic
- > Tend to be more severe than infections of the upper respiratory tract
- > May be fatal without correct treatment.

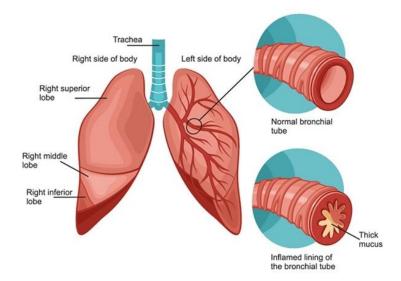
They are caused by a wide range of organisms – usually bacteria or viruses, but also fungi and parasites

- BRONCHITIS
- BRONCHIOLITIS
- PNEUMONIA
- TUBERCULOSIS



### **BRONCHITIS**

- Inflammatory condition of the tracheobronchial tree
- Characterized by cough and excessive mucus production
- The diagnosis is clinical



#### **ACUTE BRONCHITIS**

- Rhinoviruses
- Coronaviruses
- Influenza viruses
- Adenoviruses
- *Mycoplasma pneumoniae* Secondary bacterial infection:
- Streptococcus pneumoniae
- H. influenzae

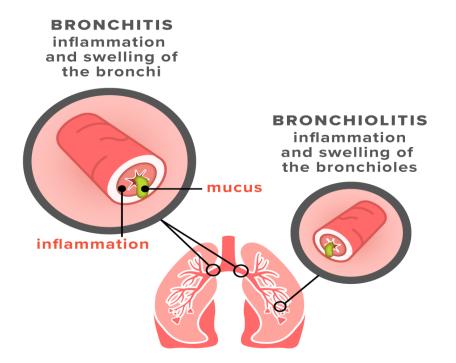
#### **CHRONIC BRONCHITIS**

(cigarette smoking, inhalation of dust or fumes) have infection-associated acute exacerbations

#### Bacteria most frequently isolated:

- S. pneumoniae
- uncapsulated strains of *H. influenzae* Less commonly associated:
- Staph. aureus
- *M. pneumoniae* Viruses

### **BRONCHIOLITIS**



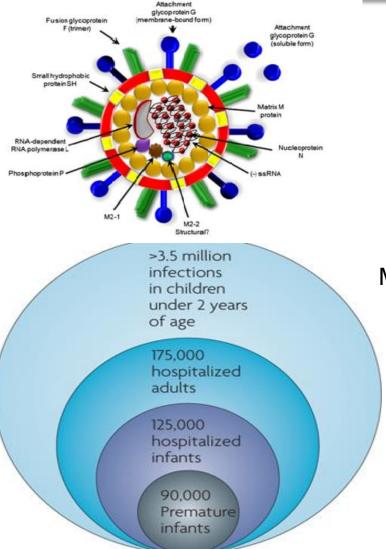
#### Children less than 1 years of age

#### Around 75% of bronchiolitis are caused by RSV

The remaining are also of viral aetiology (rhinoV, parainfluenza viruses, human metapneumovirus and influenza viruses)

### Respiratory Syncytial Virus (RSV)





#### RSV--The first cause of infants' hospitalization

Risk factors for severe bronchiolitis include prematurity, immunodeficiency, cardiovascular, pulmonary and chronic diseases, but most hospitalisations occur in previously healthy infants aged 3 to 9 months. Monoclonal Ab are available for prevention of severe disease in infants

But is also responsible for 7-10% ILI and 20-30% pneumonia in the older

Two vaccines against RSV have recently been approved

# **Tuberculosis**

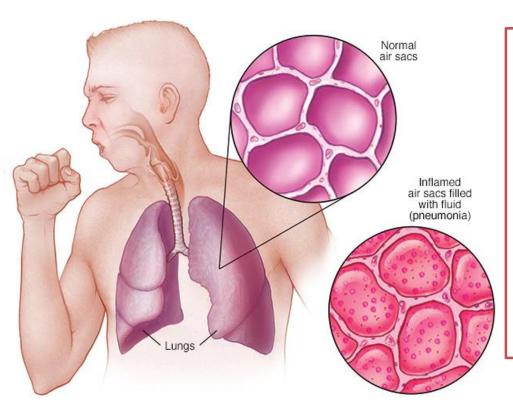
| Species                         | Clinical disease  |  |
|---------------------------------|---|--|
| Slow growers*                   |   |  |
| M. tuberculosis                 | Tuberculosis  |  |
| M. bovis                        | Bovine tuberculosis   |  |
| M. leprae                       | Leprosy   |  |
| M. avium⁵<br>M. intracellulare⁵ | ) Disseminated infection in AIDS<br>) patients M. avium complex (MAC)   |  |
| M. kansasii                     | Lung infections   |  |
| M. marinum                      | Skin infections and deeper infections<br>(e.g. arthritis, osteomyelitis) associated<br>with aquatic activity  |  |
| M. scrofulaceum                 | Cervical adenitis in children   |  |
| M. simiae                       | Lung, bone and kidney infections  |  |
| M. szulgai                      | Lung, skin and bone infections  |  |
| M. ulcerans                     | Skin infections   |  |
| M. xenopi                       | Lung infections   |  |
| M. paratuberculosis             | ? Association with Crohn's disease  |  |
| Rapid growers*                  |   |  |
| M. fortuitum<br>M. chelonae     | Opportunist infections with<br>introduction of organisms into deep<br>subcutaneous tissues; usually<br>associated with trauma or invasive<br>procedures |  |

### TB (one of the top 10 causes of death globally ) is caused by *Mycobacterium tuberculosis*

Non-tuberculous mycobacteria (NTM) also cause infection in the lungs

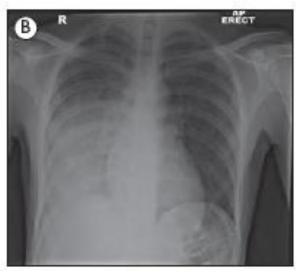
TB is primarily a disease of the lungs, but may spread to other sites or proceed to a generalized infection

- The most common cause of infection-related death in the USA and Europe
- It is caused by a wide range of microorganisms
- Simple clinical diagnosis, but difficult laboratory identification of the microbial cause

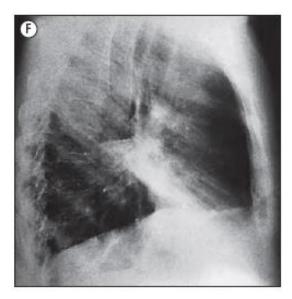


The host's response can be defined by the pathological and radiological findings:

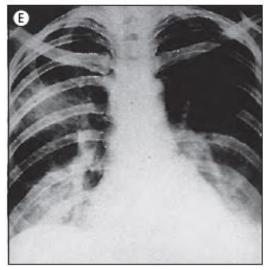
- Lobar pneumonia
- Bronchopneumonia
- Interstitial pneumonia or pneumonitis particularly characteristic of viral infections and in atypical bacterial and Pneumocystis infection
- Lung abscess, or necrotizing pneumonia, is a cavitation and destruction of the lung parenchyma



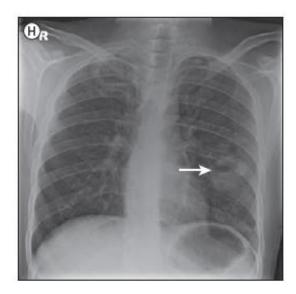
Right lower lobe pneumonia



Interstitial pneumonia due to viruses



#### Mycoplasma bronchopneumonia

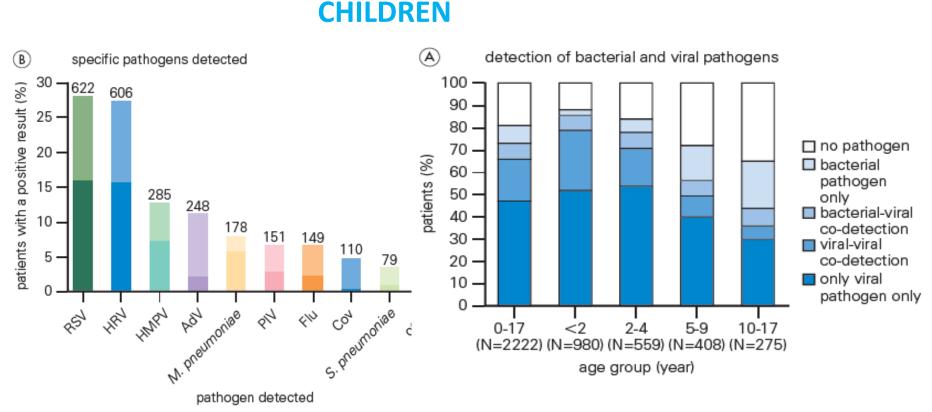


Lung abscess, showing an abscess cavity

#### the range of microorganisms causing pneumonia differ by age

| Children   | Adults   |
|--|--|
| Mainly viral (e.g. respiratory<br>syncytial virus, parainfluenza)<br>or bacterial secondary to viral<br>respiratory infection (e.g. after<br>influenza, measles) | Bacterial causes more<br>common than viral   |
| Neonates may develop<br>interstitial pneumonitis<br>caused by <i>Chlamydia</i><br><i>trachomatis</i> acquired from<br>the mother at birth                        | Aetiology varies with<br>age, underlying disease,<br>occupational and<br>geographic risk factors |

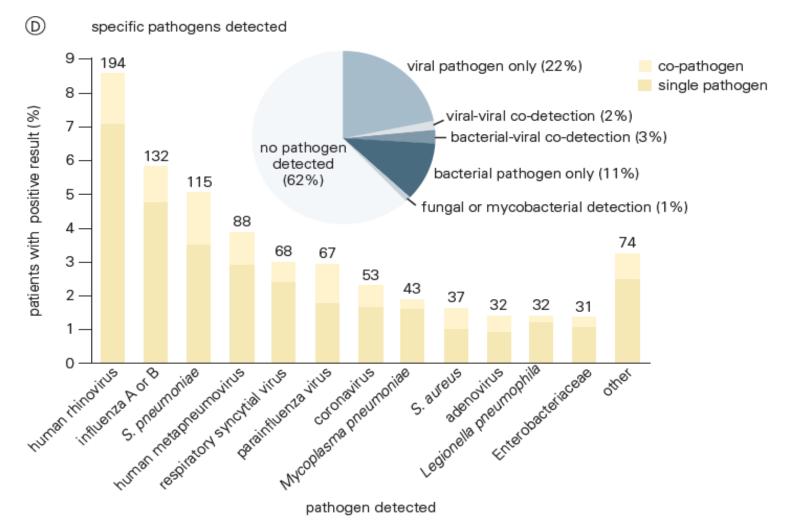
#### the range of microorganisms causing pneumonia differ by age



Pathogens detected in US children with community-acquired pneumonia requiring hospitalization

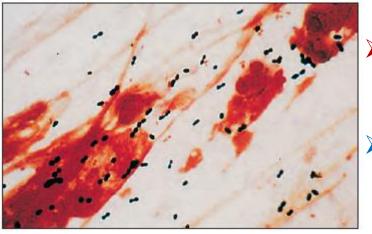
#### the range of microorganisms causing pneumonia differ by age

#### **ADULTS**



Pathogens detected in US adults with community-acquired pneumonia requiring hospitalization (NEJM 2015)

# **BACTERIAL pneumonia**

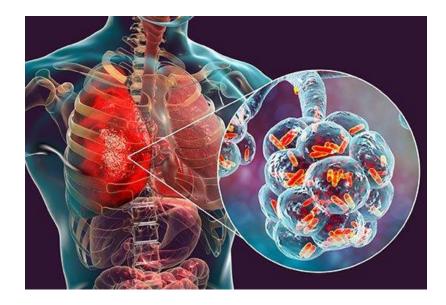


Streptococcus pneumoniae is the classic bacterial cause of acute community-acquired pneumonia

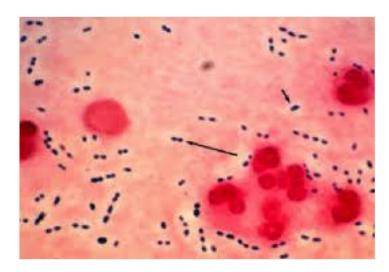
H. influenzae is the second most common cause

Other bacteria:

- M. pneumoniae
- Chlamydophila pneumoniae
- C. psittaci
- Legionella pneumophila
- Coxiella burnetii



## Streptoccus pneumoniae



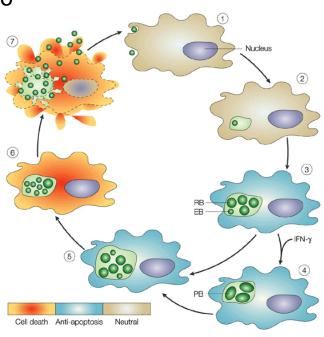
- Diplococcus pneumoniae or Streptococcus pneumoniae or PNEUMOCOCCUS, is a Grampositive, facultative anaerobic, alpha-hemolytic capsulated, asporigens
- typically colonize the respiratory tract, sinuses, and <u>nasal cavity</u> (healthy carriers)
- Pneumococcus is one of the most common causes of severe pneumonia.
- Pneumococcal bacteria are resistant to one or more antibiotics in 3 out of every 10 cases
- Can also cause invasive pneumococcal diseases: meningitis, sepsis, osteomyelitis, septic arthritis, endocarditis, peritonitis, pericarditis, and brain abscess
   The introduction of pneumococcal conjugate vaccines has universally resulted in a decline in vaccine-serotype pneumococcal meningitis incidence throughout Europe and northern America.

### Atypical pneumonia *Mycoplasma pneumoniae*

- Mycoplasma, one of the smallest bacteria (0.2 to 0.3 μm) with the smallest genome (between 0.6 and 1.35 Mbp)
- Mycoplasma lacks the cell wall structure: insensitive to beta-lactam anti microbial agents, no gram's staining
- *M. pneumoniae* is an important cause of respiratory tract infections and atypical pneumonia called "walking pneumonia" because of benign nature in young adults.
- The overall mortality is low, but up to 30% among the elderly
- Macrolides are the primary drugs of choice (Macrolide resistance rates reported to be 26% in Italy)
- Responsible for non-pulmonary manifestations including neurological, hepatic, cardiac diseases, hemolytic anemia, polyarthritis and erythema multiforme.

# Atypical pneumonia Chlamydia pneumoniae

- *C. pneumoniae* unique developmental cycle consists of two alternating forms: elementary and reticulate bodies.
- Elementary bodies, metabolically inactive, can infect the host cell
- C. pneumoniae growth takes place within host cells where it differentiate into reticulate bodies, which are metabolically active and divide by binary fission
- After 48 to 72 hours, the reticulate bodies reorganize themselves and condense to form new elementary bodies then leave the host cell and start a new infectious cycle
- The incubation period is generally between 3 to 4 weeks
- Culture requires growth within eukaryotic cells rather than on cell-free culture media.



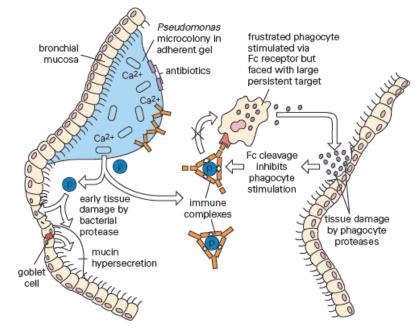
Nature Reviews | Microbiology

# Hospital-acquired pneumonia

- Methicillin-resistant Staphylococcus aureus (MRSA) is a common causative organism in pneumonia, particularly health care associated pneumonia (HCAP) and hospitalacquired pneumonia (HAP)
- ventilator-associated pneumonia (VAP) develops in intensive care: high mortality rate in cases caused by *Pseudomonas aeruginosa* and *Acinetobacter* spp.

# Individuals with cystic fibrosis are predisposed to develop lower respiratory tract infections

- *P. aeruginosa*, the main pathogen in cystic fibrosis
- Staph. aureus
- Burkholderia cepacia
- *H. influenzae*, found in association with *Staph. aureus* and *P. aeruginosa*
- Aspergillus fumigatus
- Non-tuberculous mycobacteria



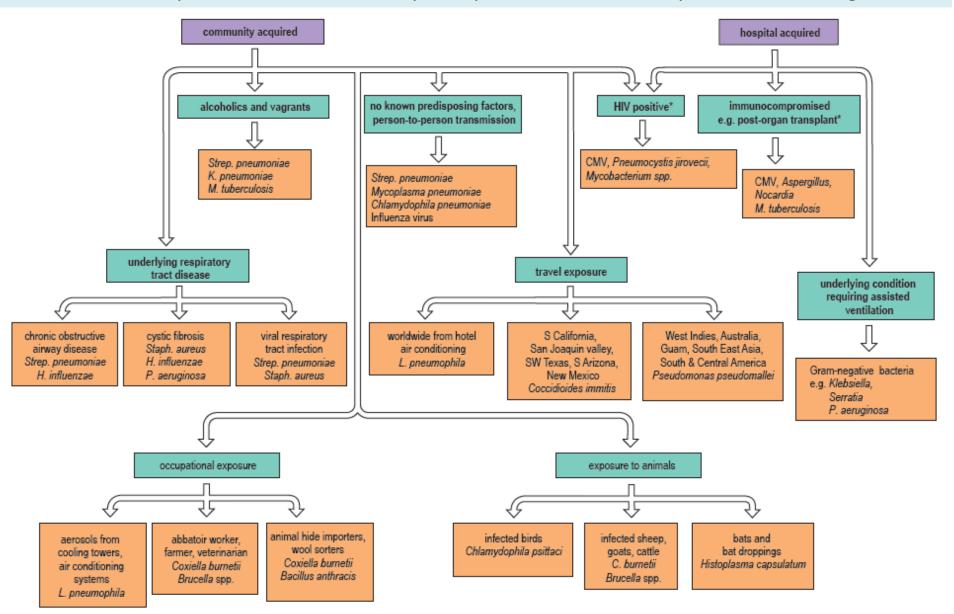


*P. aeruginosa* infection is uncommon in cystic fibrosis patients under 5 years of age, but colonizes the lungs of almost all aged 15–20 years

As infection progresses, *P. aeruginosa* changes to a highly mucoid form

### **BACTERIAL pneumonia**

**COMMUNITY** acquired and **HOSPITAL** acquired pneumonia caused by different microrganisms



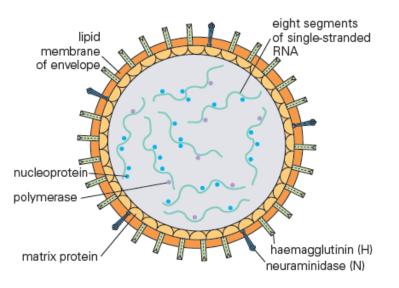
# VIRAL pneumonia

- Many viruses cause pneumonia in the face of normal host defences
- Even when viruses do not themselves cause pneumonia, they may damage respiratory defences, laying the ground for secondary bacterial pneumonia

| Virus                          | Clinical condition   | Comments   |
|--------------------------------|--|--|
| Influenza A or B               | Primary viral pneumonia or pneumonia<br>associated with secondary bacterial<br>infection                                       | Pandemics (type A) and epidemics (type A or B); increased<br>susceptibility in elderly or in certain chronic diseases; antivirals<br>and vaccine available                       |
| Parainfluenza<br>(types 1–4)   | Croup, pneumonia in children <5 years of<br>age; upper respiratory illness (often<br>subclinical) in older children and adults | No treatment available (no published evidence of ribavirin being effective), supportive care, vaccines not available   |
| Measles                        | Secondary bacterial pneumonia common;<br>primary viral (giant cell) pneumonia in<br>those with immunodeficiency                | Adult infection rare but severe; ribavirin may be used as<br>treatment, the King and Queen of Hawaii both died of<br>measles when they visited London in 1824; vaccine available |
| Respiratory<br>syncytial virus | Bronchiolitis (infants); common cold<br>syndrome (adults)  | Peak mortality in 3- to 4-month-old infants; ribavirin treatment available, palivizumab prophylaxis if at high risk  |
| Adenovirus                     | Pharyngoconjunctival fever, pharyngitis, atypical pneumonia (military recruits)  | Cidofovir or ribavirin could be used in specific clinical settings, vaccine available for military   |
| Cytomegalovirus                | Interstitial pneumonitis   | In immunocompromised patients (e.g. bone marrow<br>transplant recipients); antivirals (e.g. ganciclovir, valganciclovir,<br>foscarnet, cidofovir) and immunoglobulin available   |
| Herpes simplex                 | Interstitial pneumonitis   | In immunocompromised patients; antivirals (e.g. aciclovir, valaciclovir, foscarnet)  |
| Varicella-zoster<br>virus      | Pneumonia in young adults with chickenpox  | Uncommon; recognized 1–6 days after rash; lung lesions may<br>eventually calcify; antivirals (e.g. aciclovir, valaciclovir,<br>foscarnet) and vaccine available                  |

# VIRAL pneumonia

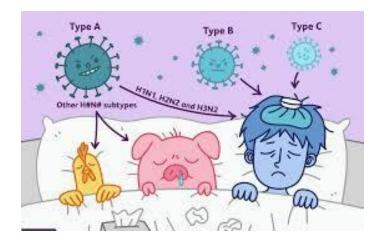
### **INFLUENZA VIRUS**



Antigenic differences between the nucleocapsid and matrix proteins distinguishes 4 types of viruses:

- A: causing epidemics, occasionally pandemics animal reservoir, notably in birds
- B: causing only epidemics no animal hosts involved
- C: causing no epidemics only minor respiratory illness
- D: mostly affecting cattle





## **INFLUENZA VIRUS INFECTION**

## TRANSMISSION

- By droplet inhalation
- Ubiquitous infections mostly in the coldest months of the year
- > Different disease prevalence by years depending on **antigenic drift**

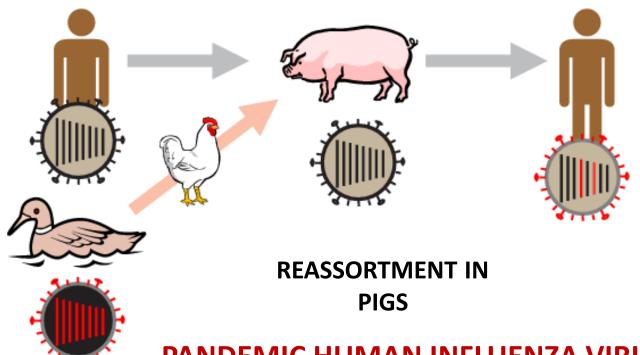
## **PATHOGENESIS**

Direct viral damage + associated inflammatory responses

#### Secondary bacterial invaders: staphylococci, pneumococci, H. influenzae

- → Mortality due to secondary bacterial pneumonia is higher in apparently healthy individuals over 60 years of age and in those with impaired resistance
- $\rightarrow$  Pregnant women are also vulnerable

## **INFLUENZA VIRUS SHIFT MAY CAUSE PANDEMICS**



#### PANDEMIC HUMAN INFLUENZA VIRUSES

| Туре | Subtype <sup>ª</sup>          | Year | Clinical severity | Prototype virus                          |
|------|-------------------------------|------|-------------------|--|
| A    | H3N2 (?)                      | 1889 | Moderate          | Designation based on serological studies |
|      | H1N1 (avian) <sup>b</sup>     | 1918 | Severe            | H1N1 virus sequenced retrospectively     |
|      | H2N2 (Asian)                  | 1957 | Severe            | A/Japan/57/H2N2                          |
|      | H3N2 (Hong Kong) <sup>c</sup> | 1968 | Moderate          | A/Hong Kong/68/H3N2                      |
|      | H1N1                          | 1977 | Mild              | A/USSR/77                                |
|      | H1N1pdm09                     | 2009 | Mild              | H1N1 virus sequenced                     |

## Influenza diagnosis guidelines

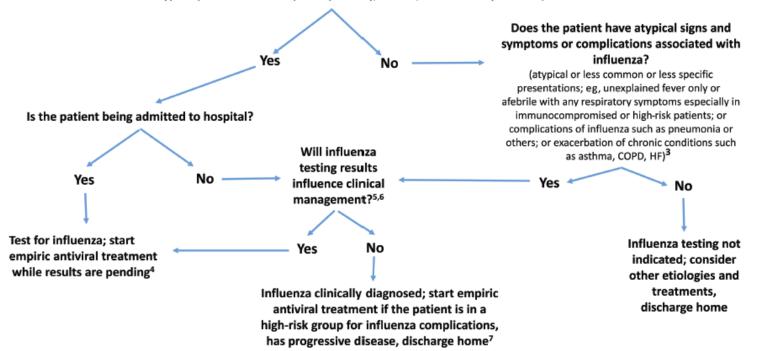
Clinical Infectious Diseases



Clinical Practice Guidelines by the Infectious Diseases Society of America: 2018 Update on Diagnosis, Treatment, Chemoprophylaxis, and Institutional Outbreak Management of Seasonal Influenza<sup>a</sup>

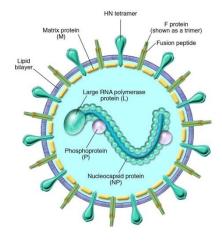
#### Does the patient have signs and symptoms suggestive of influenza?

(eg, fever with cough or other suggestive respiratory symptoms, often with myalgias or headache. Note that some persons may have atypical presentations - especially elderly, infants, immunocompromised)<sup>2</sup>



# VIRAL pneumonia

### **PARAINFLUENZA VIRUS**

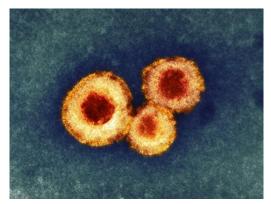


Parainfluenza viruses 1–3

- Pharyngitis
- Croup (in children less than 5 years of age)
- Otitis media
- Bronchiolitis
- Pneumonia

#### Parainfluenza virus 4

- Less common
- Common-cold-type illness



## HUMAN METAPNEUMOVIRUS

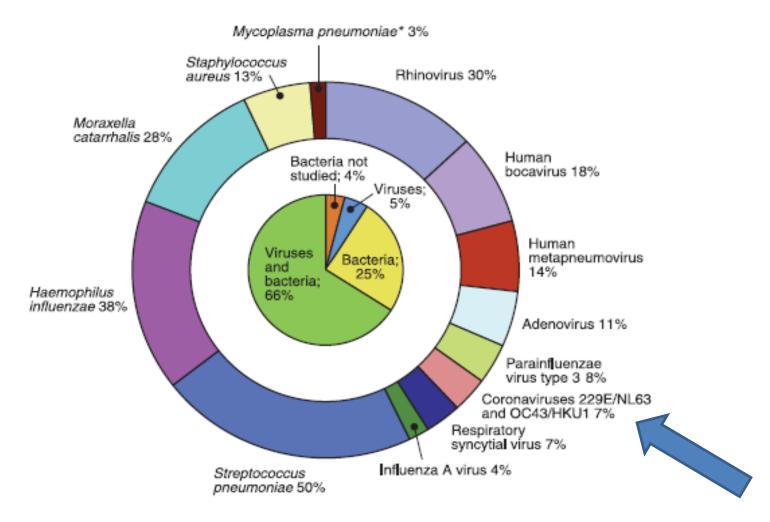
## **HUMAN BOCAVIRUS**

RHINOVIRUSES ENTEROVIRUS-D68 RESPIRATORY ENTEROVIRUSES

## **ADENOVIRUS**

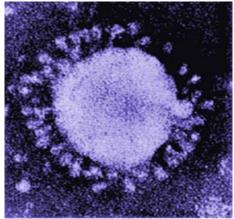
**Types 3, 4 and 7** may cause outbreaks ranging from pharyngitis to atypical pneumonia An **emerging variant**, -**14p1**, in United States caused outbreaks of acute respiratory disease with high rates of illness and death

#### Virus in paediatric pneumonia



From: Honkinen et al Viruses and bacteria in sputum samples of children with community-acquired pneumonia. CMI 2011

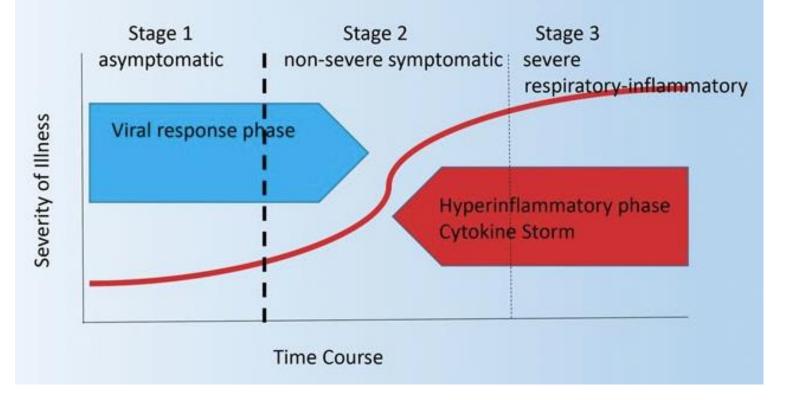
# CORONAVIRIDAE



Human coronaviruses.

| Coronavirus   | Transmission   | Disease outcome  | Human receptor  | Classifica         |
|---------------|--|--|---|--------------------|
| HCoV-229E     | Bats to humans through alpacas,<br>camelids          | Mild respiratory symptoms in immuno-<br>compromised patients | Amino-peptidase N   | α-CoV              |
| HCoV-NL63     | Bats to humans through an unknown intermediate       | Mild respiratory symptoms in immuno-<br>compromised patients | Angiotensin- converting enzyme 2,<br>Heparan sulfate                                  | α-CoV              |
| HCoV-OC43     | Rodents to humans through cattle                     | Mild respiratory symptoms in immuno-<br>compromised patients | 9-0-acetylsialic acids  | <mark>β-CoV</mark> |
|               | Bats to humans through wild animals,<br>palm civets  | Acute pneumonia and respiratory disease                      | Angiotensin- converting enzyme 2,<br>C-type lectin,<br>Pulmonary surfactant protein D | β-CoV              |
| MERS-CoV      | Bats to humans through dromedary camels              | Acute pneumonia and respiratory disease                      | Dipeptidyl-peptidase 4, Sialic acid   | <mark>β-CoV</mark> |
| HCoV-<br>HKU1 | Rodents to humans through an<br>unknown intermediate | Mild respiratory symptoms in<br>immunocompromised patients   | 9-0-acetylsialic acid   | <mark>β-CoV</mark> |
|               | Bats to humans possibly through<br>pangolins         | Acute pneumonia and respiratory disease                      | Angiotensin- converting enzyme 2  | β-CoV              |

# **Course of COVID-19 Infection**



# other VIRAL pneumonia

### **MEASLES VIRUS INFECTION**

Measles virus replicates in the lower respiratory tract and can cause:

Damage leading to secondary bacterial pneumonia

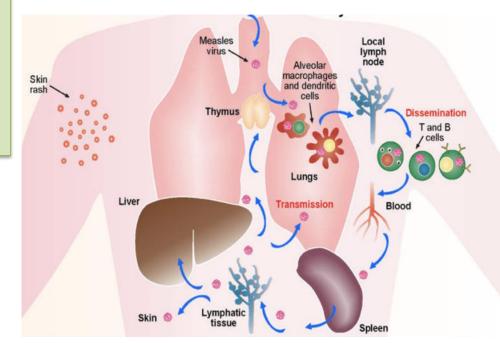
'Giant cell' pneumonia in frail hosts

## DIAGNOSIS

Clinical diagnosis

**Confirmatory** laboratory diagnosis:

- Detection of specific IgM responses
- Viral RNA detection



# CMV INFECTION in immu

#### **INTERSTITIAL PNEUMONIA**

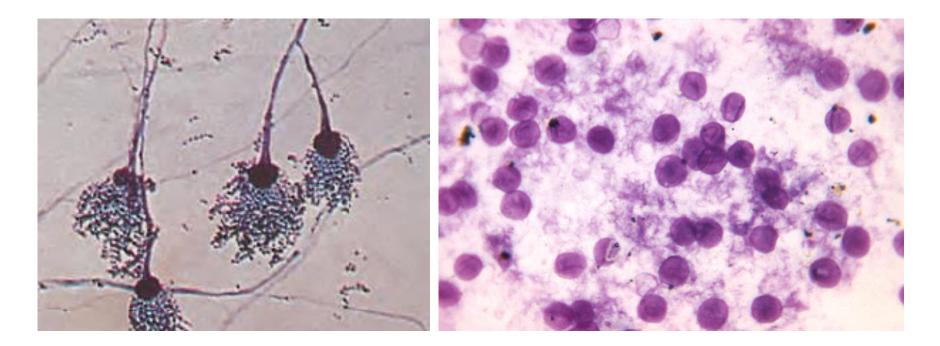
in immunocompromised patients, and in particular allogeneic bone marrow transplant recipients

# **FUNGAL INFECTIONS**

Most commonly seen in patients with defective immunity

Two species are of particular importance:

#### Aspergillus fumigatus and Pneumocystis jirovecii



# **PROTOZOAL INFECTIONS**

Various species of parasites pass through or localize in the lungs at some stage in their life cycle. Damage is limited unless the parasite load is high

Nematodes (Ascaris, Strongyloides, hookworms)

Schistosome larvae

**Microfilariae of filarial nematodes** (*Wuchereria, Brugia*)

Echinococcus granulosus

Entamoeba histolytica

Paragonimus westermani



Two adult *Paragonimus* contained within a fibrous cyst in the lung

## **Pneumonia - DIAGNOSIS**

Arguments for determine the etiology of CAP

- 1) antimicrobic resistant pathogen may be identified; 2) therapy may be narrowed; 3) identification of atypical pathogens, eg *Legionella*, that may have public health implications; 4) therapy may be adjusted when patients fail initial therapy; 5) the constantly changing epidemiology of CAP requires ongoing evaluation.
- Sputum Gram stain and culture recommended in hospitalized patients with severe CAP, and when strong risk factors for MRSA and *P. aeruginosa* are identified

# **Pneumonia - DIAGNOSIS**

# SAMPLING

**Expectorated sputum** 

Collection is not invasive Contamination with oral microbial flora can occur

Transtracheal aspiration Bronchoscopy Bronchoalveolar lavage Open lung biopsy

Invasive collection Yield more useful results

Samples should be transported and processed as soon as possible After 2-3 hours from sampling, a delay in the processing could:

- Allow the growth of Gram- bacilli that could mask the presence of pathogens
- Increase the mortality of Haemophilus and S. pneumoniae

Samples can be refrigerated and processed within 48 h from the sampling

## **General Guidelines Respiratory Specimens**

#### Specimen good quality is very important!!!

#### A. Lower respiratory tract:

Bronchoalveolar lavage, tracheal aspirate, Sputum (expectorate deep cough) Collect 2-3 mL into a sterile screw-cap sputum collection cup or sterile dry container.

#### B. Upper respiratory tract

#### Nasopharyngeal swab <u>AND/OR</u> oropharyngeal swab

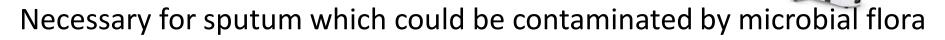
Use synthetic fiber swabs with plastic shafts. Do not use calcium alginate swabs or wooden shafts, as they may contain **substances that inactivate some viruses and inhibit PCR testing**. Viral transport media (broth and bovine albumin fraction sterile distilled water 400 ml, gentamicin sulfate solution and 3.2 ml amphotericin, Sterilized)

Nasopharyngeal wash (Sterile saline, 0.85% NaCI)/aspirate or nasal aspirate (infants) Collect 2-3 mL into a sterile, sterile dry container.

# **BACTERIAL DIAGNOSIS**

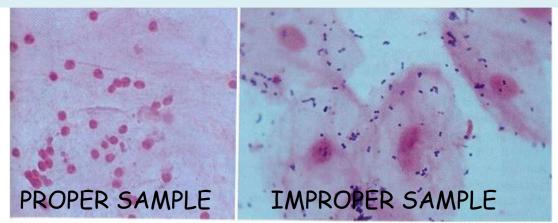
#### **MICROSCOPIC EXAMINATION** after GRAM-STAIN

1. SAMPLE QUALITY EVALUATION



**Cell count**: n. PMN/n. epithelial cells for field (*Bartlett or Murray Evaluation System*)

A positive score is assigned to neutrophils (sign of infection) A negative score to epithelial cells (sign of oropharyngeal contamination) A final value  $\leq 0$  suggests the lack of active infection or saliva contamination  $\rightarrow$  a new sample is required

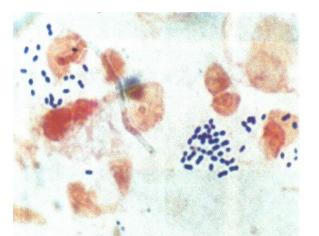


# **BACTERIAL pneumonia - DIAGNOSIS**

### **MICROSCOPIC EXAMINATION** after **GRAM-STAIN**

2. PRESUMPTIVE DIAGNOSIS

## **Observation of abundant polymorphs and the putative pathogen** e.g. Gram-positive diplococci characteristic of *Strep. pneumoniae*



Presence of Gram positive diplococci (*S. pneumoniae*)

Presence of clusters of Gram positive cocci (*Staphilococci*)

Presence of Gram negative bacilli (*L. pneumophila*)



The causative agents of atypical pneumonia will not be seen in Gramstained smears



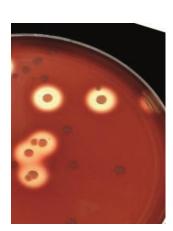


# BACTERIAL DIAGNOSIS CULTURE

#### Standard culture techniques for:

Streptococcus pyogenes Strep. pneumoniae Staph. aureus H. influenzae Klebsiella pneumoniae Other non-fastidious Gram-negative rods

#### Special media or conditions are required for the causative agents of atypical pneumonia e.g. Buffered charcoal yeast extract medium for *Legionella* growth





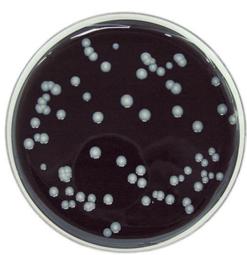
Streptococcus pyogenes



#### Strept pneumoniae (alfa-emolisis).

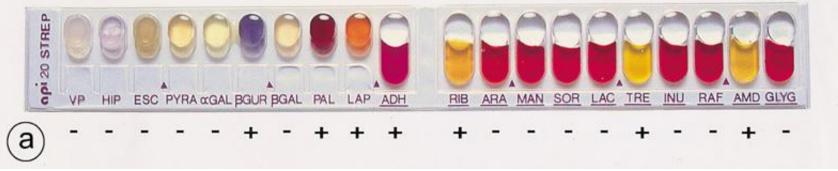
Gram- bacteria

White colonies of *L.* pneumophila on BCYE



## **BACTERIAL DIAGNOSIS**

### Biochemical identification:



eg card VITEK<sup>®</sup> Carrier Station<sup>™</sup>

#### **MALDI-TOF Mass Spectrometer:**

identification and structural characterization of bacteria



# **BACTERIAL DIAGNOSIS**

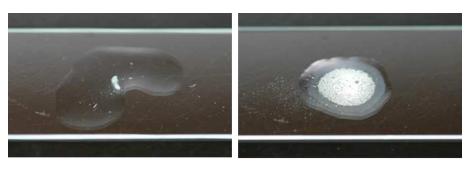
#### **RAPID NON-CULTURAL TECHNIQUES**

• Rapid Latex agglutination assay

Detection of **antigen** by agglutination of antibody-coated latex particles

| Pathogen   | Test  |
|--|---|
| Mycoplasma pneumoniae                                | Complement fixation test<br>(CFT), IgM by latex<br>agglutination or ELISA |
| Legionella pneumophila                               | Urinary antigen test or rapid<br>microagglutination test                  |
| Chlamydophila<br>pneumonia<br>Chlamydophila psittaci | Microimmunofluorescence<br>or ELISA using species-<br>specific antigens   |
| Coxiella burnetii                                    | CFT (phase I and phase II<br>antigens)                                    |

#### **ATYPICAL PNEUMONIA**



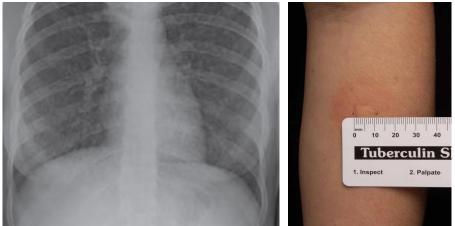
Strept. pyogenes: catalase neg Staph. aureus: catalase pos

# **Tuberculosis**

## DIAGNOSIS

Diagnosis of TB is suggested by the clinical signs and symptoms, supported by:

- characteristic changes on chest
   radiography
- positive tuberculin (Mantoux) test



# LABORATORY CONFIRMATORY DIAGNOSIS

Sputum sample  $\rightarrow$  MICROSCOPIC EXAMINATION

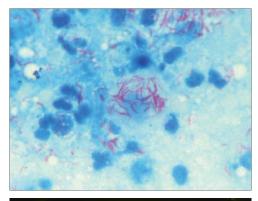
#### Ziehl–Neelsen's staining

Microscopic demonstration of ACID-FAST RODS

#### Auramine-rhodamine stain

Microscopic demonstration of **FLUORESCENT RODS** 

Complex media and long time required for culture results





# **Tuberculosis**

GeneXpert

Xpert<sup>®</sup> MTB/RIF

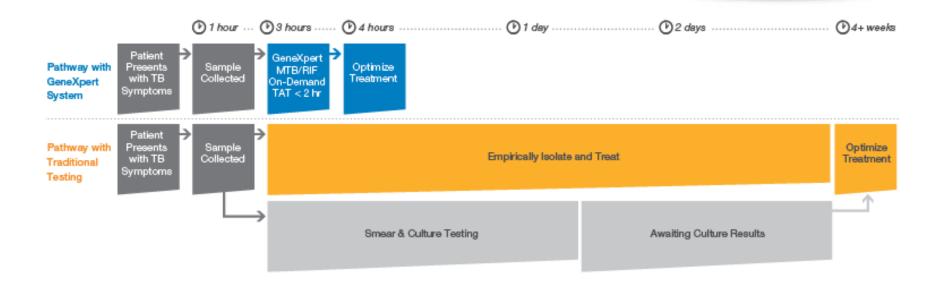
Cenheir

## DIAGNOSIS

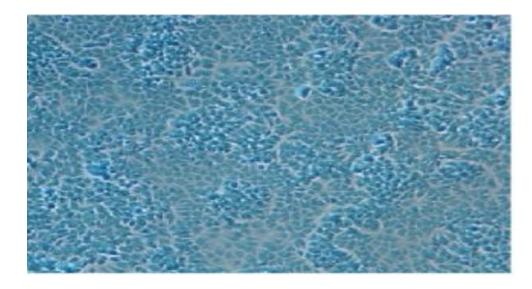
## **RAPID MOLECULAR METHODS**

### ✓ PCR

✓ Xpert MTB-RIF molecular test: detects TB and rifampicin resistance



### Cell culture growth for respiratory viruses



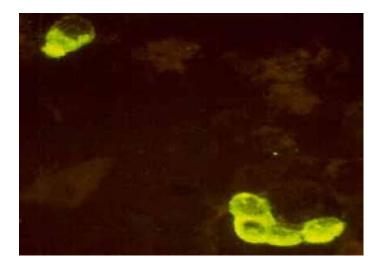
Commercial MixedCellsTM R-MixIn shell vials ready for inoculation; incubated for 48 hours and then screened using a respiratory virus monoclonal "cocktail". If positive using the "cocktail" multiple smears are prepared and stained using monoclonal antibodies to specific respiratory viruses

#### Immunofluorescence

#### • SimilFluor respiratory screen Chemicon:

Respiratory Panel I: RSV (yellow-gold) vs Adeno, Flu A /B, Para 1-3 (apple green). Panel II per differenziare Adeno, Flu A/B, Para1-3

- D3 Respiratory Virus Screening ID Microgen
- Seven Respiratory Virus Biotrin



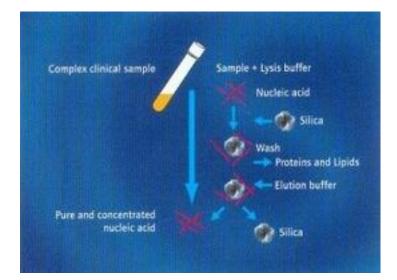
#### THE FIRST RAPID TESTS FOR INFLUENZA AND RSV

- **Rapid immunochromatographic tests** identify **antigens** in respiratory specimens
- Specificities are high (90-95%)
- Sensitivities are low to moderate (50-70%) and much lower in case of pandemic Influenza virus (Morbidity and Mortality Weekly Report 6/8/2009)



### **MOLECULAR METHODS: Nucleic Acid** extractions

#### Automated DNA and RNA extraction from many samples





#### The first commercial Real-time for respiratory viruses: limited targets, not quantitative

- Prodesse ProFlu (the first real-time to receive FDA clearance in 2008)
- Real-time multiplex RT-PCR Artus Infl A/B RG RT-PCR Kit IVD test
- InfA and B Rotor-Gene Q MDx Qiagen
- ARGENE Influenza A/B r-gene<sup>®</sup>
- Roche RealTime ready Influenza A

- Hexaplex<sup>®</sup> : Influenza A Virus Influenza B Virus Parainfluenza 1 Virus Parainfluenza 2 Virus Parainfluenza 3 Virus RSV
- Q-Hexaplex<sup>®</sup> Plus: added with Metapneumovirus

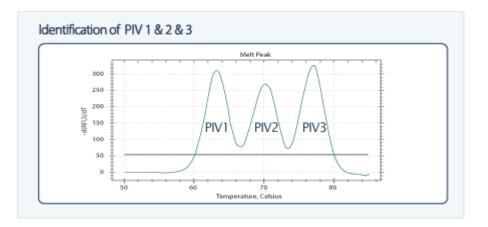
A molecular diagnosis in real-time with limited targets for viruses and bacteria leave most LRTI cases without an etiological agent detected

#### NOVEL MOLECULAR METHODS CE-IVD Multiplex real-time PCR

#### New technologies with enhanced multiplexing in real-time PCR

e.g. The Anyplex<sup>™</sup> II **16 respiratory viruses** influenza A and B virus, RSVA and B, adenovirus, metapneumovirus, coronavirus 229E, NL63, OC43, Parainfluenza 1-4, Rhinovirus A/B/C, Enterov and Bocav.

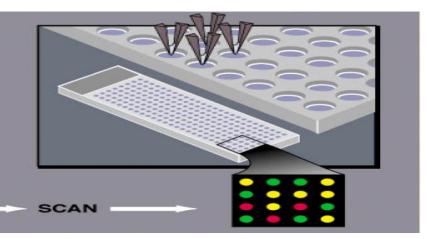
**Capillary electrophoresis** as the detection platform: semi-quantitative analysis performed on the melting peak due to amount of infecting pathogens



# FilmArray<sup>™</sup> Respiratory Panel (BioFire Diagnostics, Salt Lake City, UT) FDA cleared Biomerieux

### Micro-arrays for multi pathogen detection

٠





**CLART® PneumoVir** a low density array 120 spot specific identification of multiple probes

|   | Results   |                                      |          |  |
|---|---|--------------------------------------|----------|--|
| RESULTS<br>PneumoVir  |   | Analysis code<br>040507              | Export   |  |
| Test reference:   | 1   |                                      | automa . |  |
| AT code:  | 11861043040507  |                                      | Print    |  |
| Analysis type:  | End point detection   |                                      | -        |  |
| Date and time:  | 2007-01-03 16:33  |                                      |          |  |
| 2,649 TH 8 6010 1   | VIRUS   |                                      |          |  |
| Virus   |   | Controls                             |          |  |
|   | VIRUS   | Controls<br>Passed                   |          |  |
| <b>Virus</b><br>Respiratory Syncytial Vir A   | VIRUS<br>Result<br>Negative                                     |                                      |          |  |
| <b>Virus</b><br>Respiratory Syncytial Vir A<br>Respiratory Syncytial Vir B                      | VIRUS<br>Result<br>Negative                                     | Passed                               | -        |  |
| Virus<br>tespiratory Syncytial Vir A<br>tespiratory Syncytial Vir B<br>thinovirus               | VIRUS<br>Result<br>Negative<br>POSITIVE                         | Passed<br>Passed                     | •        |  |
| Virus<br>Respiratory Syncytial Vir A<br>Respiratory Syncytial Vir B<br>Rhinovirus<br>Rhinovirus | VIRUS<br>Result<br>Negative<br>POSITIVE<br>Negative             | Passed<br>Passed<br>Passed           | •        |  |
| Virus   | VIRUS<br>Result<br>Negative<br>POSITIVE<br>Negative<br>POSITIVE | Passed<br>Passed<br>Passed<br>Passed | •        |  |

### Syndromic diagnosis:

nearly all respiratory viruses and bacteria, including several recently detected viruses and atypical bacteria up to 35 microbes

#### TABLE 1 ] Characteristics of Commonly Used Multiplex Viral Testing Platforms

| Product  | Manufacturer                     | Technology  | Fully<br>Automated | Throughput        | Turnaround<br>Time (h) | Viruses Detected  |
|--|----------------------------------|---|--------------------|-------------------|------------------------|---|
| CLART PneumoVir  | Genomica                         | Multiplex RT-PCR, low-<br>density microarray                      | No                 | Moderate-<br>high | > 6                    | AdV, bocavirus, CoV (229E), Ev, hMPV A/B,<br>Flu-A, Flu-A H1, H1 2009, Flu-A H3, Flu-<br>B, Flu-C, PIV 1-4, RhV, RSV-A, RSV-B |
| eSensor Respiratory<br>Viral Panel <sup>a</sup>                      | GenMark Diagnostics              | Multiplex RT-PCR,<br>hybridization,<br>electrochemical detection  | Yes                | Low               | 1.5                    | AdV-B/E, AdV-C, Flu-A, Flu-A H1N1, Flu-A<br>H1 2009, Flu-A H3, Flu-B, hMPV, PIV 1-3,<br>RhV, RSV-A, RSV-B,                    |
| FTD Respiratory<br>Pathogens 33                                      | Fast Track Diagnostics           | Multiplex qPCR  | No                 | Moderate-<br>high | > 6                    | AdV, Bocavirus, CoV (4), Ev, Flu-A, Flu-A<br>H1, Flu-B, hMPV A/B, parechovirus, PIV<br>1-4, RhV, RSV-A, RSV-B                 |
| FilmArray respiratory<br>pathogen panel <sup>a</sup>                 | BioFire Diagnostics              | Nested multiplex RT-PCR,<br>melting temperature<br>analysis       | Yes                | Low               | 1                      | AdV, bocavirus, CoV (4), Flu-A, Flu-A H1,<br>Flu-A H1-2009, Flu-A H3, Flu-B, Flu-C,<br>hMPV, PIV 1-4, RhV/Ev, RSV             |
| Infiniti respiratory<br>pathogen panel                               | AutoGenomics                     | Multiplex PCR and RT-PCR, solid array analyzer                    | No                 | Moderate-<br>high | > 6                    | AdV, CoV, Ev, Flu-A, Flu-B, PIV 1-4, RhV-A,<br>RhV-B, RSV-A, RSV-B  |
| RespiFinder 22   | PathoFinder                      | Multiplex qPCR, melting<br>temperature analysis                   | No                 | Moderate-<br>high | > 6                    | AdV, bocavirus, CoV (4), Flu-A, Flu-A H1<br>2009, Flu-B, hMPV, PIV 1-4, RhV/Ev,<br>RSV-A, RSV-B                               |
| ResPlex II   | Qiagen                           | Target-enriched multiplex<br>PCR with Luminex<br>suspension array | No                 | Moderate-<br>high | 5-6                    | AdV (B/E), bocavirus, CoV (4), CV/<br>echovirus, Flu-A, Flu-B, hMPV-A, hMPV-<br>B, RSV-A, PIV 1-4, RSV-B                      |
| xTAG Respiratory<br>Viral Panel <sup>a</sup>                         | Luminex Molecular<br>Diagnostics | Multiplex PCR and RT-PCR<br>with Luminex suspension<br>array      | No                 | Moderate          | 8                      | AdV, Flu-A, Flu-A H1, Flu-A H3, Flu-B,<br>hMPV, PIV1-3, RhV/Ev, RSV-A, RSV-B  |
| Verigene Respiratory<br>Virus Plus Nucleic<br>Acid Test <sup>a</sup> | Nanosphere                       | Multiplex RT-PCR,<br>hybridization to gold<br>nanoparticles       | Yes                | Low               | 2                      | AdV, Flu-A, Flu-A H1, Flu-A H3, Flu-B, PIV<br>1-4, RhV, RSV-A, RSV-B  |

AdV = adenovirus; CoV = coronavirus; CV = coxsadkievirus; Ev = enterovirus; Flu = influenza; hMPV = human metapneumovirus; PCR = polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase real-time polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase real-time polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase real-time polymerase chain reaction; PIV = parainfluenza virus; qPCR = quantitative real-time polymerase chain reaction; RhV = rhinovirus; RSV = respiratory syncytial virus; RT-PCR = reverse-transform polymerase real-time polymerase

# Pros and cons syndromic diagnosis

- High analytical sensitivity and specificity
- Minimal hands-on time
- Full automation from extraction to data analysis and reports
- Scalability

However:

- These platforms are often medium-high throughput
- High costs for few samples in a single run
- Relatively long turnaround time 3-6 h
- Uncertain pathogenic role of common agents (e.g HRV, BocaV, S. aureus)

## SARS-CoV-2 molecular diagnosis

- First emergency use: real-time RT-PCR (reverse transcriptase polymerase chain reaction), amplifying N gene (protocol CDC USA), RdRp and/or E gene (protocol Charitè Berlin), validated by OMS
- Can detect low numbers of viral genomic RNA

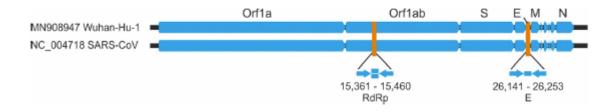


 Table 1A
 Summary table of in-house protocols published by public health and research labs at the time of discovery of COVID-19 (https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/laboratory-guidance)

| Country       | Institute   | Gene targets  | Reference  |
|---------------|---|---|--|
| China         | China CDC   | ORF1ab and N  | http://lvdc.chinacdc.cn/kyjz/202001/t20200121_211337.html  |
| Germany       | Charité   | RdRP, E, N  | https://www.who.int/docs/default-source/coronaviruse/protocol-v2-1.pdf?sfvrsn=a9ef618c_2   |
| Hong Kong SAR | нки   | ORF1b-nsp14, N                                      | https://www.who.int/docs/default-source/coronaviruse/peiris-protocol-16-1-20.pdf?sfvrsn=af1aac73_4   |
| Japan         | National Institute of<br>Infectious Diseases,<br>Department of Virology III | Pancorona and<br>multiple targets,<br>spike protein | https://www.who.int/docs/default-source/coronaviruse/method-niid-20200123-2.pdf?sfvrsn=fbf75320_7  |
| Thailand      | National Institutes of<br>Health  | Ν   | https://www.who.int/docs/default-source/coronaviruse/conventional-rt-pcr-followed-by-sequencing-for-<br>detection-of-ncov-rirl-nat-inst-health-t.pdf?sfvrsn=42271c6d_4 |
| USA*          | US CDC  | Three targets in N<br>gene                          | https://www.fda.gov/media/134922/download  |
| France        | institut Pasteur, Paris   | Two targets in RdRP                                 | https://www.who.int/docs/default-source/coronaviruse/real-time-rt-pcr-assays-for-the-detection-of-sars-cov-<br>2-Institut-pasteur-paris.pdf?sfvrsn=3662fcb6_2          |

\*CDC update effective from 15 March 2020.

CDC, Centers for Disease Control and Prevention; ORF, open reading frame.

#### Diagnostic molecular Tests for SARS-CoV-2 Rapid development of numerous molecular Tests based on real-time RT-PCR or on no-PCR based amplifications approved CE-IVD EUA/FDA

Table 2 Commercial molecular diagnostic tests that received EUA from the Food and Drug Administration of the USA as listed on their website at the time of this review. The website should be checked regularly for updates. (https://www.fda.gov/medical-devices/emergency-situations-medical-devices/emergency-use-authorizations#covid19ivd)

| Date EUA was<br>issued | Manufacturer   | Diagnostic (letter of authorisation)  | Fact sheet for<br>healthcare providers | Fact sheet for<br>patients | Manufacturer<br>instructions/package<br>Insert | Other documents                                     |
|------------------------|--|---|--|----------------------------|--|---|
| 2 April 2020           | Becton, Dickinson & Company  | BioGX SARS-CoV-2 Reagents for<br>BD MAX System                                      | Healthcare providers                   | Patients                   | IFU  | None  |
| 1 April 2020           | Ipsum Diagnostics, LLC   | COV-19 IDx Assay  | Healthcare providers                   | Patients                   | EUA summary                                    | None  |
| 1 April 2020           | Cellex*  | qSARS-CoV-2 IgG/IgM Rapid Test  | Healthcare providers                   | Patients                   | IFU  | None  |
| 30 March 2020          | QIAGEN GmbH  | QIAstat-Dx Respiratory SARS-<br>CoV-2 Panel   | Healthcare providers                   | Patients                   | IFU  | None  |
| 30 March 2020          | NeuMoDx Molecular  | NeuMoDx SARS-CoV-2 Assay  | Healthcare providers                   | Patients                   | IFU  | None  |
| 27 March 2020          | Luminex Molecular Diagnostics  | NxTAG CoV Extended Panel<br>Assay   | Healthcare providers                   | Patients                   | IFU  | None  |
| 27 March 2020          | Abbott Diagnostics<br>Scarborough  | ID NOW COVID-19   | Healthcare providers                   | Patients                   | IFU  | None  |
| 26 March 2020          | BGI Genomics Co  | Real-Time Fluorescent RT-PCR Kit<br>for Detecting SARS-2019-nCoV                    | Healthcare providers                   | Patients                   | IFU  | None  |
| 25 March 2020          | Avellino Lab USA   | AvellinoCoV2 test   | Healthcare providers                   | Patients                   | EUA summary                                    | None  |
| 24 March 2020          | PerkinElmer  | PerkinElmer New Coronavirus<br>Nucleic Acid Detection Kit                           | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (1 April 2020)  |
| 23 March 2020          | Mesa Biotech   | Accula SARS-Cov-2 Test  | Healthcare providers                   | Patients                   | IFU  | None  |
| 23 March 2020          | BioFire Defense, LLC   | BioFire COVID-19 Test   | Healthcare providers                   | Patients                   | IFU  | None  |
| 20 March 2020          | Cepheid  | Xpert Xpress SARS-CoV-2 Test  | Healthcare providers                   | Patients                   | IFU for labs<br>IFU for point of care          | None  |
| 20 March 2020          | Primerdesign   | Primerdesign Ltd COVID-19<br>genesig Real-Time PCR Assay                            | Healthcare providers                   | Patients                   | IFU  | None  |
| 19 March 2020          | GenMark Diagnostics  | ePlex SARS-CoV-2 Test   | Healthcare providers                   | Patients                   | IFU  | None  |
| 19 March 2020          | DiaSorin Molecular LLC   | Simplexa COVID-19 Direct Assay  | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (26 March 2020) |
| 18 March 2020          | Abbott Molecular   | Abbott RealTime SARS-CoV-2<br>Assay   | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (1 April 2020)  |
| 17 March 2020          | Quest Diagnostics Infectious<br>Disease                                    | Quest SARS-CoV-2 rRT-PCR  | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (26 March 2020) |
| 17 March 2020          | Quidel Corporation   | Lyra SARS-CoV-2 Assay   | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (23 March 2020) |
| 16 March /2020         | Laboratory Corporation of<br>America                                       | COVID-19 RT-PCR Test  | Healthcare providers                   | Patients                   | EUA summary                                    | None  |
| 16 March 2020          | Hologic  | Panther Fusion SARS-CoV-2   | Healthcare providers                   | Patients                   | IFU  | None  |
| 13 March 2020          | Thermo Fisher Scientific   | TaqPath COVID-19 Combo Kit  | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (24 March 2020) |
| 12 March 2020          | Roche Molecular Systems  | cobas SARS-CoV-2  | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (31 March 2020) |
| 29 February<br>2020    | Wadsworth Centre, New York<br>State Department of Public<br>Health's (CDC) | New York SARS-CoV-2 Real-Time<br>Reverse Transcriptase (RT)-PCR<br>Diagnostic Panel | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (15 March 2020) |
| 4 February 2020        | CDC  | CDC 2019-nCoV Real-Time RT-<br>PCR Diagnostic Panel (CDC)                           | Healthcare providers                   | Patients                   | IFU  | Letter granting EUA<br>amendment(s) (30 March 2020) |

Authorization Documents include the Healthcare Provider (HCP) and Patient Fact Sheets and either th \*Antibody rapid test.

Venter M, Richter K. J Clin Pathol 2020;0:1-8. doi:10.1136/jclinpath-2020-206685

# Important limitations of molecular tests

- a) **Real Time PCR workflow is of high complexity**, need trained personnel, is endangered by availability and price of instruments and reagents;
- b) time to diagnosis is of hours from sampling to tests results (turnaround time of 12–24 hours);
- c) positive results may be due to the presence of acting replicating virus or residual viral nucleic acid (i.e., non-infectious virus);
- d) to avoid false negative results in low-copy number samples, 2/3 viral genes are to be targeted; this can generate discrepant reports among genes, due to their differential transcriptional efficiency, thus complicating the reports;
- e) though using high-quality dedicated reagents, some assays yield false negative results due to inhibitors of the amplification steps;
- f) specimen collection, transport and processing are slowed due to safety requirements (saliva or other self-collected samples instead of physician-collected respiratory secretions are being evaluated for diagnostics).
- FROM: Antonelli G et al. The need for innovative solutions in SARS-CoV-2 diagnostics 2020

# Usefulness of a RAPID CAP diagnosis

- Infected cases may need separate management e.g. in case of pandemic viruses!
- Early and rapid diagnosis leads to effective treatment of critical illness
- Testing offers a potential way forward combating antibiotic overuse

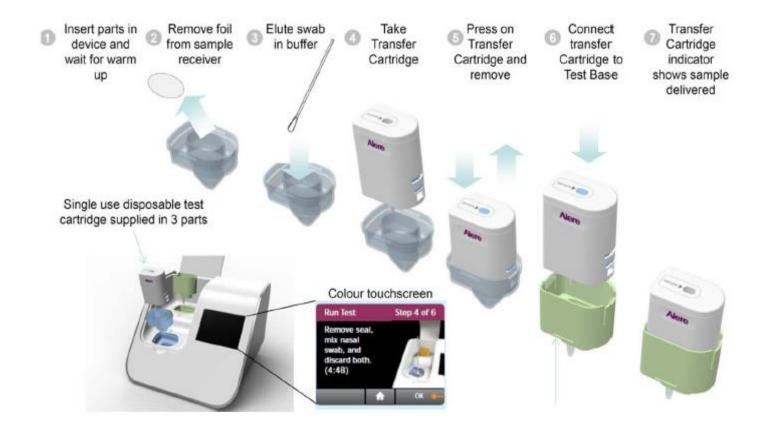
### Rapid molecular assays

- Rapid molecular assays extract RNA from upper respiratory tract specimens and test for influenza viruses in approximately 15-30 minutes
- Based on RT-PCR or isothermal amplification.
- Sensitivities 70-100% respect to standard PCR-based kit
- Redundancy in gene target (e.g. Xpert Flu) may detect mutated Influenza
- Rapid molecular multi-tests (e.g Xpert® Xpress Flu/RSV)
- Rapid molecular assays reduced hospitalizations and other diagnostic tests but the impact on antibiotic prescribing is less marked up to now (Braybrook et al J. of Hospital Infect, 2018; Walter et al, Chest 2018; Vos et al Clinical Infectious Disease, 2019)

# **RAPID MOLECULAR TESTS**

Rapid detection of the current pandemic coronavirus SARS-CoV-2 in as soon as 30 minutes for positive results with less than a minute of hands on time to prepare the sample.

It can detect SARS-CoV-2, Flu A and B, RSV in the same cartridge



#### Rapid molecular diagnostic tests



 Simple to operate; no need for trained professionals; rapid turnaround-time; low throughput; Ct values can be obtained; costeffective.

However, PCR inhibitors found in crude samples can cause failed reactions; target detection at low copies varies widely

## ANTIGENIC TESTS SARS-CoV-2

#### LATERAL FLOW TEST



- LFT use immunoassay technology using nitrocellulose membrane, coloured nanoparticles (or labels), and antibodies toward antigens contained in the infected sample.
- When a sample is added, the sample will flow along the test device passing through the conjugate pad into the nitrocellulose membrane and then onto the absorbent pad.
- As the sample moves along the device the binding reagents situated on the nitrocellulose membrane will bind to the target at the test line. A coloured line will form and the density of the line will vary depending on the quantity of the target present. Some targets may require quantification to determine target concentration.
- Chromatographic rapid tests have relatively lower sensitivity and specificity