

# Perché parlare ancora di razze...

Struttura geografica della  
diversità genetica,  
farmacogenetica, medicina  
di precisione



## Dizionario della stupidità. Fenomenologia del non-senso della vita

I geni del ► politicamente corretto hanno invece deciso che il modo più semplice e spiccio per eliminare la discriminazione razziale sia cancellare la parola «razza» dal vocabolario. Ma poiché i geni della biologia non si sono ancora adeguati, i figli di genitori bianchi continuano imperterriti a nascere bianchi, e analogamente per gli altri colori, a testimonianza della natura genetica delle varie razze umane.

Lo stesso succede per le razze canine o bovine, ma per fortuna nessuno ha (ancora) proposto di parlare di “etnia” chihuahua o chianina. E poiché le cose continuano a esistere anche se gli struzzi mettono la testa sotto terra, i Padri Costituenti sono stati sensati a sottolineare che ci sono sia i sessi sia le razze, ma che questo non giustifica né il sessismo contro le ► donne, né il razzismo contro le razze.

Cosa sono le **razze**

Esistono in **natura**

Descrivono la **diversità**  
**umana**



# ...Razza, parola equina

Hannover Meso-dolicomorfo



Cavallo Arabo Mesomorfo



Frisone Meso-brachimorfo



Purosangue Inglese  
Dolicomorfo



Shire Brachimorfo

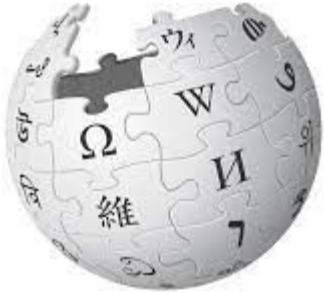


# selezione artificiale!



# selezione naturale





WIKIPEDIA  
The Free Encyclopedia

A **race** is a grouping of [humans](#) based on shared physical or social qualities into categories generally viewed as distinct by [society](#).<sup>[1]</sup>

Cosa sono le  
**razze\*** =

Non sono un  
sinonimo di  
diversità

unità

- discrete

- esclusive

- omogenee

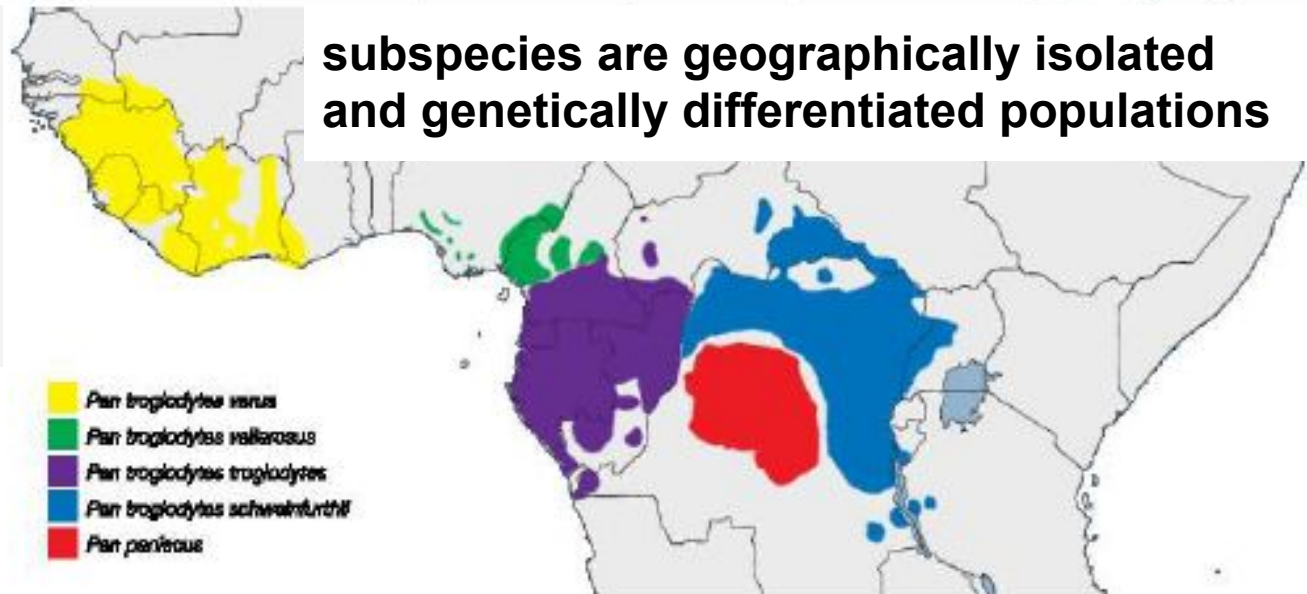
\*sottospecie





Esistono  
in natura!

subspecies are geographically isolated  
and genetically differentiated populations

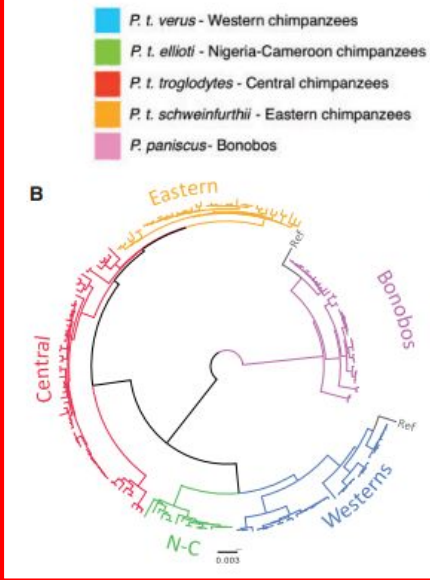






# Demographic History of the Genus *Pan* Inferred from Whole Mitochondrial Genome Reconstructions

Irene Lobon<sup>1,4</sup>, Serena Tucci<sup>2,4</sup>, Marc de Manuel<sup>1</sup>, Silvia Ghirotto<sup>2</sup>, Andrea Benazzo<sup>2</sup>, Javier Prado-Martinez<sup>2</sup>, Belen Lorente-Galdos<sup>4</sup>, Kiwoong Nam<sup>1</sup>, Marc Dabad<sup>4,5</sup>, Jessica Hernandez-Rodriguez<sup>2</sup>, David Comas<sup>2</sup>, Arcadi Navarro<sup>1,2</sup>, Mikkel H. Schierup<sup>6</sup>, Aida M. Andres<sup>9</sup>, Guido Barbujani<sup>7</sup>, Christina Hultin<sup>10</sup> and Tomas Marques-Bonet<sup>1,2,7</sup>

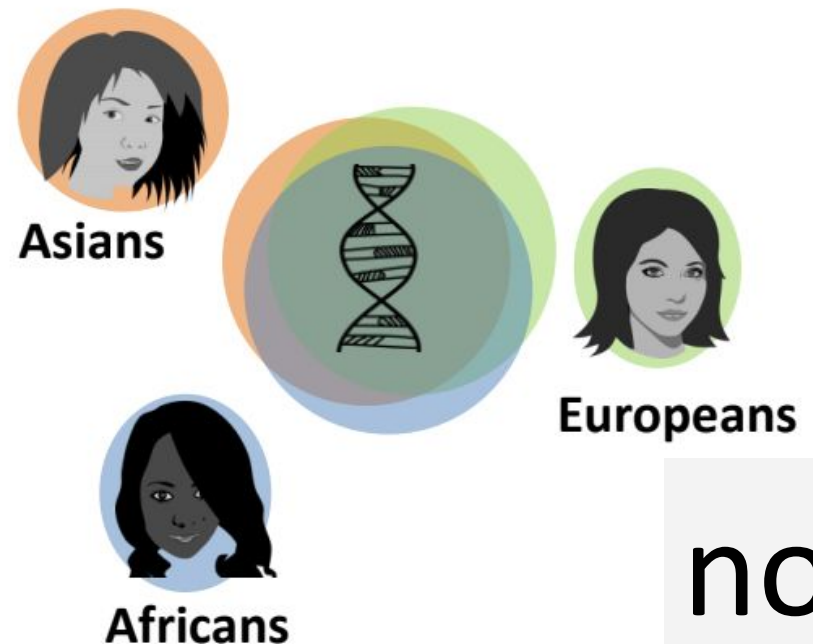
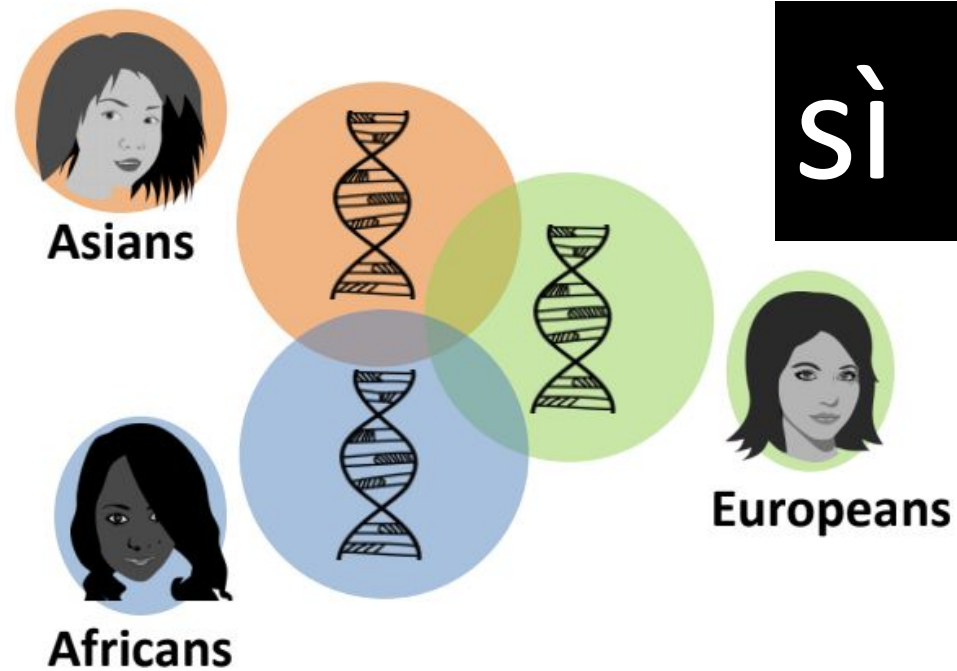


## Abstract

The genus *Pan* is the closest genus to our own and it includes two species, *Pan paniscus* (bonobos) and *Pan troglodytes* (chimpanzees). The later is constituted by four subspecies, all highly endangered. The study of the *Pan* genera has been incessantly complicated by the intricate relationship among subspecies and the statistical limitations imposed by the reduced number of samples or genomic markers analyzed. Here, we present a new method to reconstruct complete mitochondrial genomes (mitogenomes) from whole genome shotgun (WGS) datasets, mtArchitect, showing that its reconstructions are highly accurate and consistent with long-range PCR mitogenomes. We used this approach to build the mitochondrial genomes of 20 newly sequenced samples which, together with available genomes, allowed us to analyze the hitherto most complete *Pan* mitochondrial genome dataset including 156 chimpanzee and 44 bonobo individuals, with a proportional contribution from all chimpanzee subspecies. We estimated the separation time between chimpanzees and bonobos around 1.15 million years ago (Mya) [0.81–1.49]. Further, we found that under the most probable genealogical model the two clades of chimpanzees, Western + Nigeria-Cameroon and Central + Eastern, separated at 0.59 Mya [0.41–0.78] with further internal separations at 0.32 Mya [0.22–0.43] and 0.16 Mya [0.17–0.34], respectively. Finally, for a subset of our samples, we compared nuclear versus mitochondrial genomes and we found that chimpanzee subspecies have different patterns of nuclear and mitochondrial diversity, which could be a result of either processes affecting the mitochondrial genome, such as hitchhiking or background selection, or a result of population

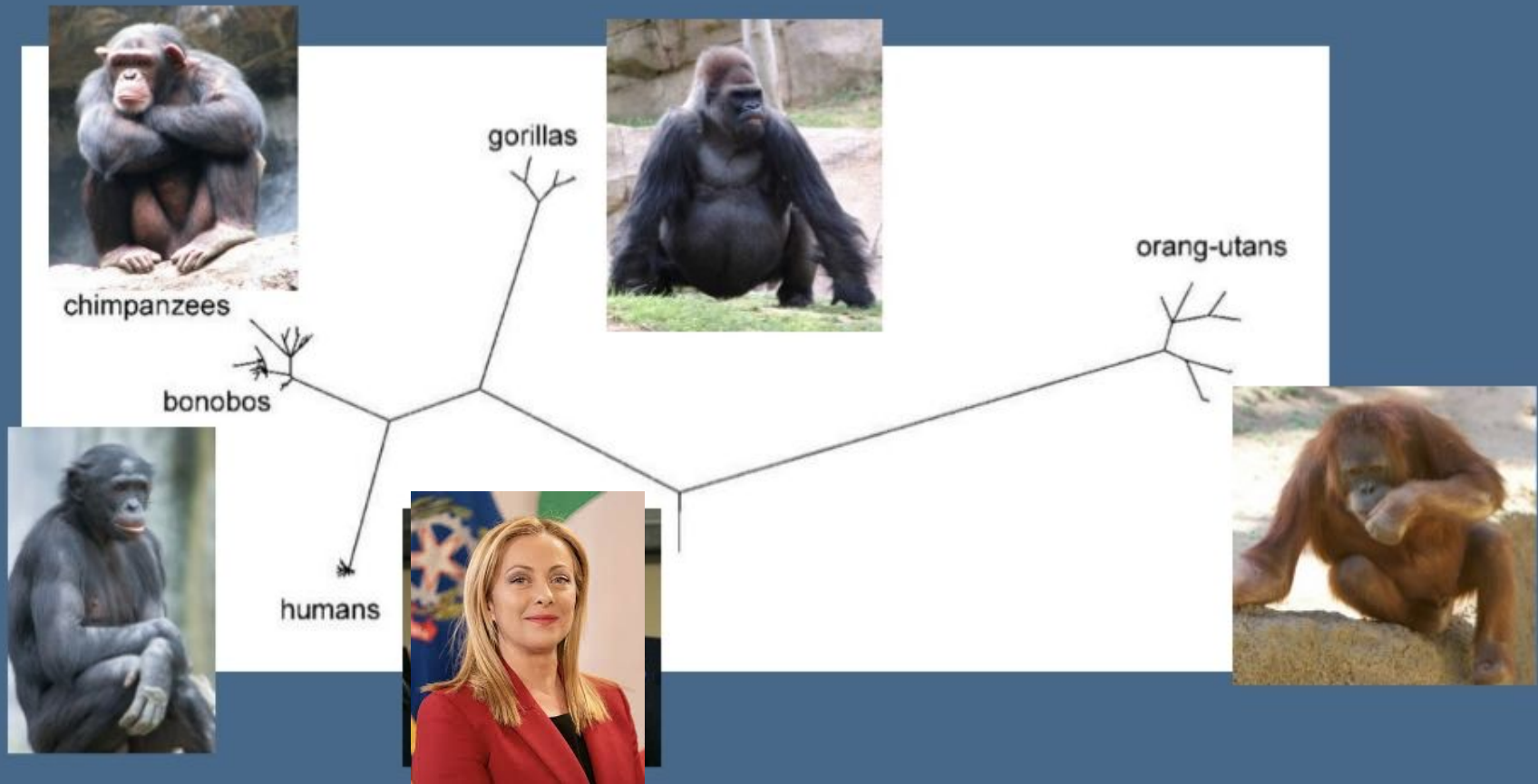


Esistono  
unità  
discrete,  
esclusive ed  
omogenee  
sulla base del  
DNA?



Riassunto delle (3) puntate  
precedenti

# 1 Extent of diversity compared



Phylogenetic tree of human ( $n=70$ ), chimpanzee ( $n=30$ ), bonobo ( $n=5$ ), gorilla ( $n=11$ ) and orang-utan ( $n=14$ ), based on 10,000 bp sequences of a noncoding Xq13.3 region. Kaessmann et al. (2001).

# 1 Extent of diversity compared

TABLE 7. 3: RELATIVE DIVERSITIES OF VARIOUS LOCI IN HUM

Locus	Chimpanzee vs. human	Bonobo vs. human
Xq13.3	3-fold greater	n.d.
mtDNA	3–4-fold greater	Greater
Y chromosome	Greater	n.d.
MHC class I genes	Greater, but less in HLA-A comparison	n.d.
ABO blood group genes	2–3-fold less	4–7-fold less
Microsatellites	Less	n.d.
Minisatellites	Less	n.d.

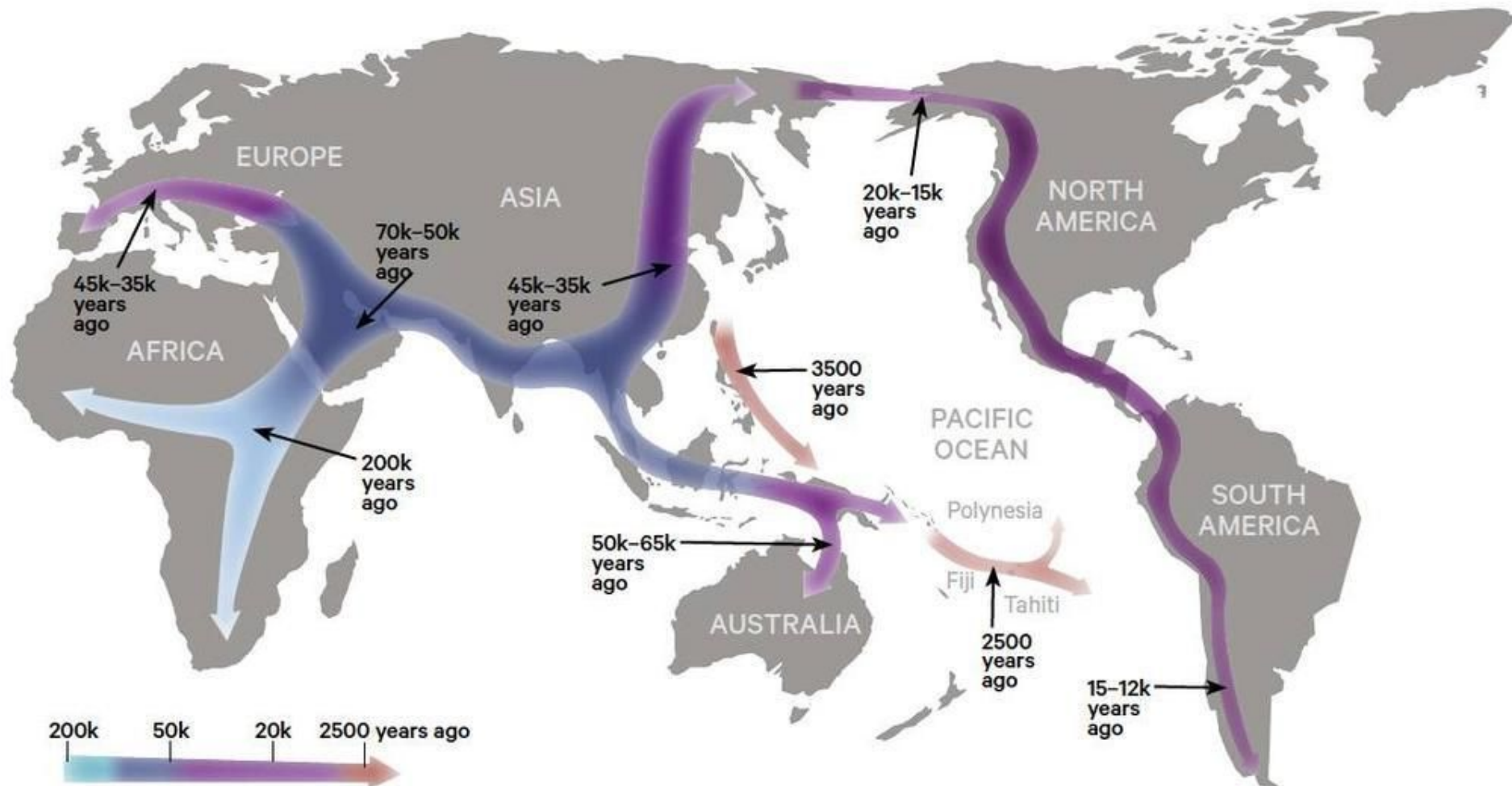


# 2 Extent of Time since divergence



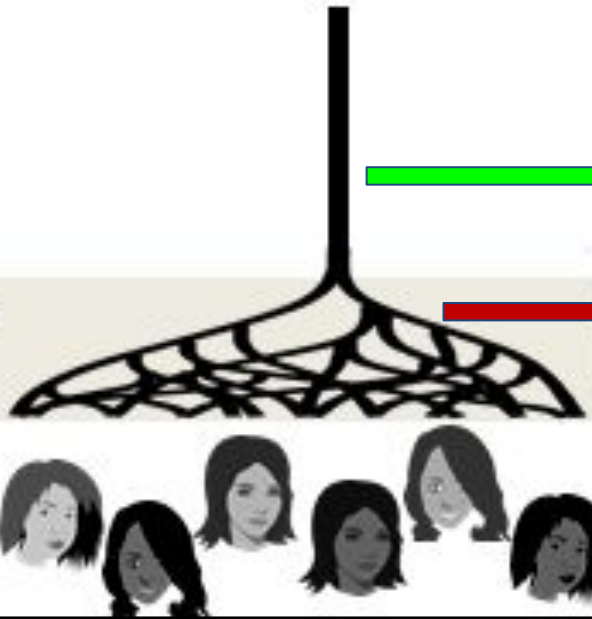


# Le più antiche migrazioni umane



and 44 bonobo individuals, with a proportional contribution from all chimpanzee subspecies. We estimated the separation time between chimpanzees and bonobos around 1.15 million years ago (Mya) [0.81–1.49]. Further, we found that under the most

tempo  
breve



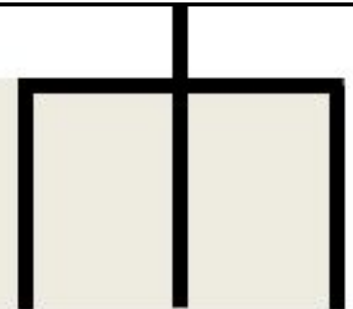
60-80 KYA

H. sapiens emergence

65 KYA

H. sapiens expansion

tempo  
lungo



Asiatici



Africani



Europei

## 2 Extent of Time since divergence

## 3

# Genomic estimates of $F_{ST}$ for the global human population are $\sim 0.12$

N of markers	Samples	$F_{ST}$	Reference
599,356 SNPs	209 individuals from 4 populations: Caucasian, Chinese, Japanese, Yoruba	<b>0.13</b>	Weir et al. 2005
1,034,741 SNPs	71 individuals from 4 populations: Caucasian, Chinese, Japanese, Yoruba	<b>0.10</b>	Weir et al. 2005
1,007,329 SNPs	269 individuals from 4 populations: Caucasian, Chinese, Japanese, Yoruba	<b>0.12</b>	International HapMap Consortium 2005
443,434 SNPs	3845 worldwide distributed individuals	<b>0.052</b>	Auton et al. 2009
2,841,354 SNPs	210 individuals from 4 populations: Caucasian, Chinese, Japanese, Yoruba	<b>0.11</b>	Barreiro et al. 2008
243,855 SNPs	554 individuals from 27 worldwide populations	<b>0.123</b>	Xing et al. 2009
100 Alu insertions	710 individuals from 23 worldwide populations	<b>0.095</b>	Watkins et al. 2008
67 CNVs	270 individuals from 4 populations with ancestry in Europe, Africa or Asia	<b>0.11</b>	Redon et al. 2006

Human populations display  $\sim 12\%$  of the maximum



Multiple intergenic autosomal regions totaling 22,400 base pairs (bp) in 20 individuals each from western, central, and eastern chimpanzee groups and in 18 bonobos, and 16,000 bp in 10 Bornean and 12 Sumatran orangutans. For human pops. 30 individuals. These regions are analyzed together with homologous information from three human populations and gorillas.

# Demographic History and Genetic Differentiation in Apes

[https://www.cell.com/current-biology/pdf/S0960-9822\(06\)01494-1.pdf](https://www.cell.com/current-biology/pdf/S0960-9822(06)01494-1.pdf)

$\pi$ between (%) $F_{st}$		Bonobos	Chimpanzees			Humans			Gorillas	Orangs	
		Bonobos	Central	Eastern	Western	Hausa	Chinese	Italians	Gorillas	Sumatran	Bornean
Bonobos	Bonobos		0.49	0.54	0.68	0.93			0.93	0.93	
Chimpanzees	Central	0.32		0.09	0.29	0.89			0.89	0.91	
	Eastern	0.31	0.20		0.32						
	Western	0.32	0.21	0.20							
Humans	Hausa	1.12	1.19				0.15	0.14	0.92	0.94	
	Chinese					0.13		0.09			
	Italians					0.14	0.09				
Gorillas	Gorillas	1.55	1.53			1.54				0.93	
Orangs	Sumatran	3.02	3.09			3.19			3.15		0.28
	Bornean									0.41	

# 4

## Mind the numbers

Humans and chimps share >98% of their genomes

Among the 2% differences, 1.9% are fixed differences within species

The remaining fraction, 0.1%, contains all human genomic variation

**oppure**

**Due persone prese a caso nel mondo hanno il 99.9% di nucleotidi identici nel loro DNA**

International HapMap Consortium 2006

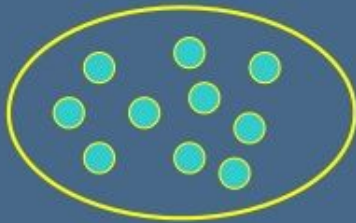


Come si ripartisce questo 0.1%  
di **diversità totale**

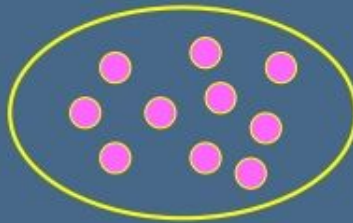
- dentro le popolazioni
- tra le popolazioni
- tra i gruppi di popolazioni  
(continenti, “razze”)

# Genetic variances within and between populations

Population 1

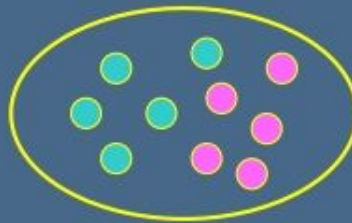
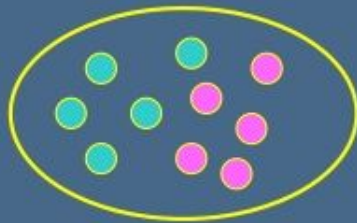


Population 2

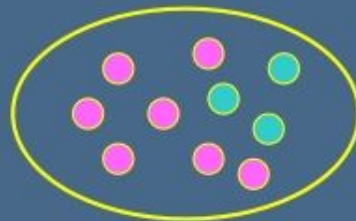
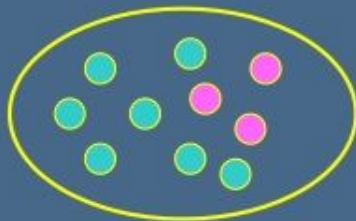


variance between pops.

100%



0%

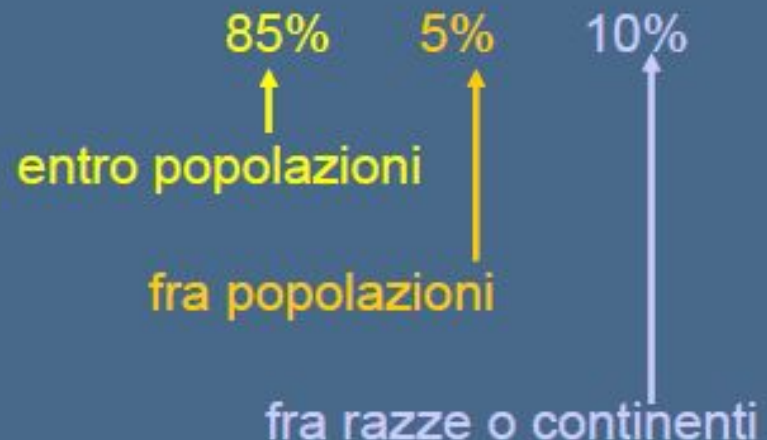


19%



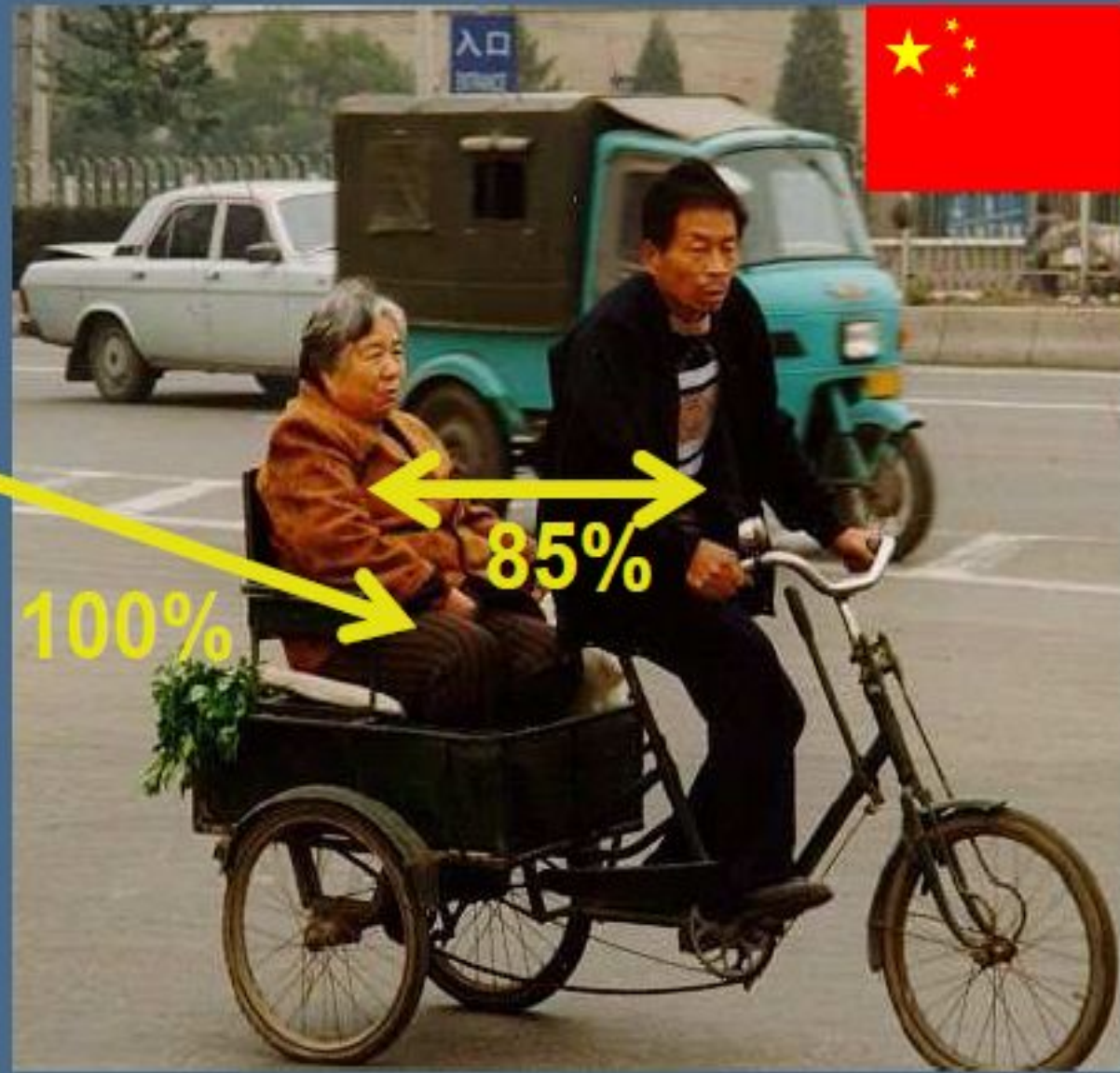
# Studi indipendenti della variabilità umana portano a risultati quasi identici: 85, 5, 10

Lewontin (1972)	17 loci	85%	8%	6%
Latter (1973)	18	86%	5%	9%
Barbujani et al. (1997)	109	85%	5%	10%
Jorde et al. (2000)	100	85%	2%	13%
Romualdi et al. (2002)	32	83%	8%	9%
Rosenberg et al. (2002)	377	93%	3%	4%
Excoffier & Hamilton (2003)	377	88%	3%	9%
Ramachandran et al. (2005)	17	90%	5%	5%
Bastos-Rodriguez et al. (2006)	40	86%	2%	12%
Li et al. (2008)	650 000	89%	2%	9%





**I membri della nostra comunità sono solo di poco più simili a noi della gente di Paesi lontani**



# Quindi la diversità tra i gruppi di popolazioni

$$1/1.000 * 1/10 = 1/10.000$$

Gene Identification Method	EST Alignment	Predicted	mRNA Alignment
Number of Genes	3,295	11,972	17,708
Exons/Gene (Avg)	4	5	12
Exon Length (Avg)	440	158	226
Intron Length (Avg)	5,605	10,512	5,478
mRNA Length (Avg)	2,127	820	2,741
Gene Length (Avg)	13,940	43,918	55,147

Ma la partita non è ancora chiusa

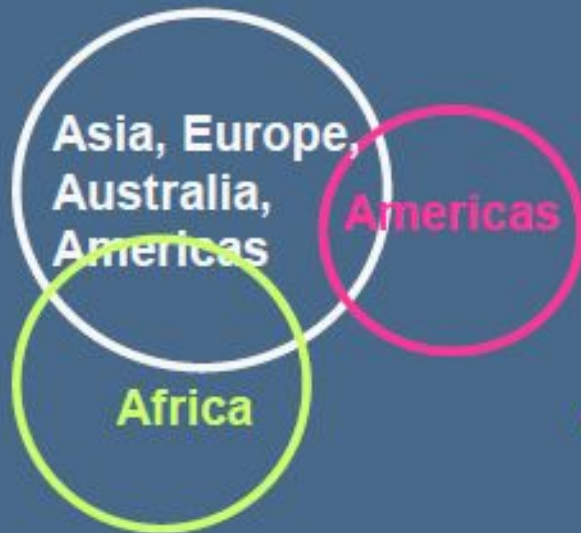
La 1/10.000 parte di 3.200.000.000 è  
320.000 nucleotidi

**Troviamo nei 300KB segni coerenti di  
differenziazione in razze?**



# Evidenze genetiche di raggruppamenti razziali ?

**Y chromosome: Romualdi et al. 2002**

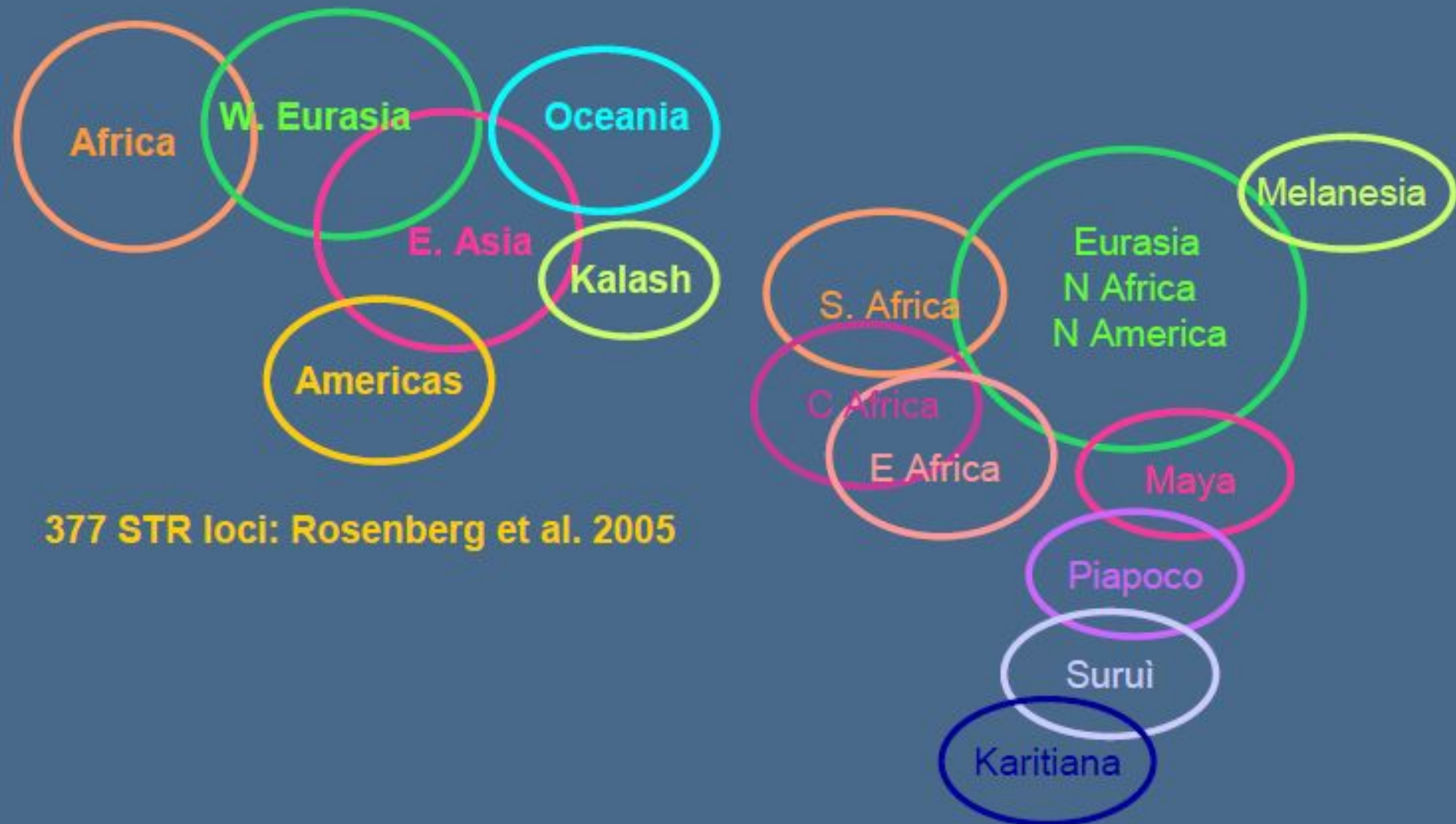


**Alu insertions: Romualdi et al. 2002**



**X chromosome: Wilson et al. 2001**

# Genes, as well as morphology, suggest inconsistent clusterings of genotypes



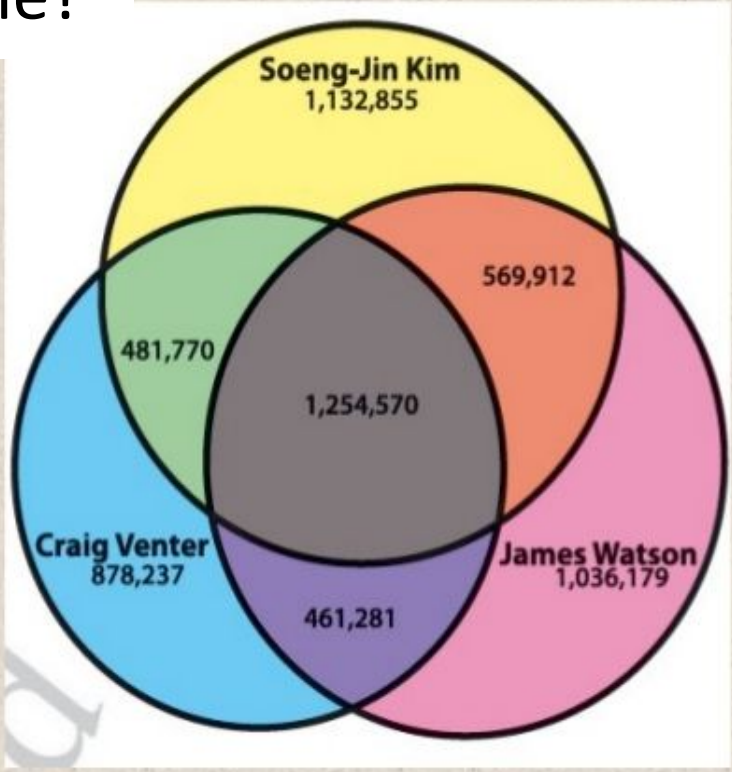
377 STR loci: Rosenberg et al. 2005

377 STR loci: Barbuji and Belle 2006

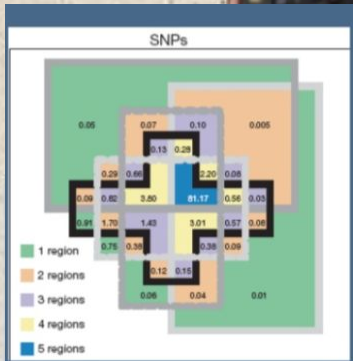


# Un problema di scarsa risoluzione?

very large



At the genomic level, two people from the same country can be more different than people from different continents



81% of SNPs cosmopolitan.  
Alleles present in one continent only: 0.91% in Africa, 0.75% in Asia, practically 0 elsewhere.



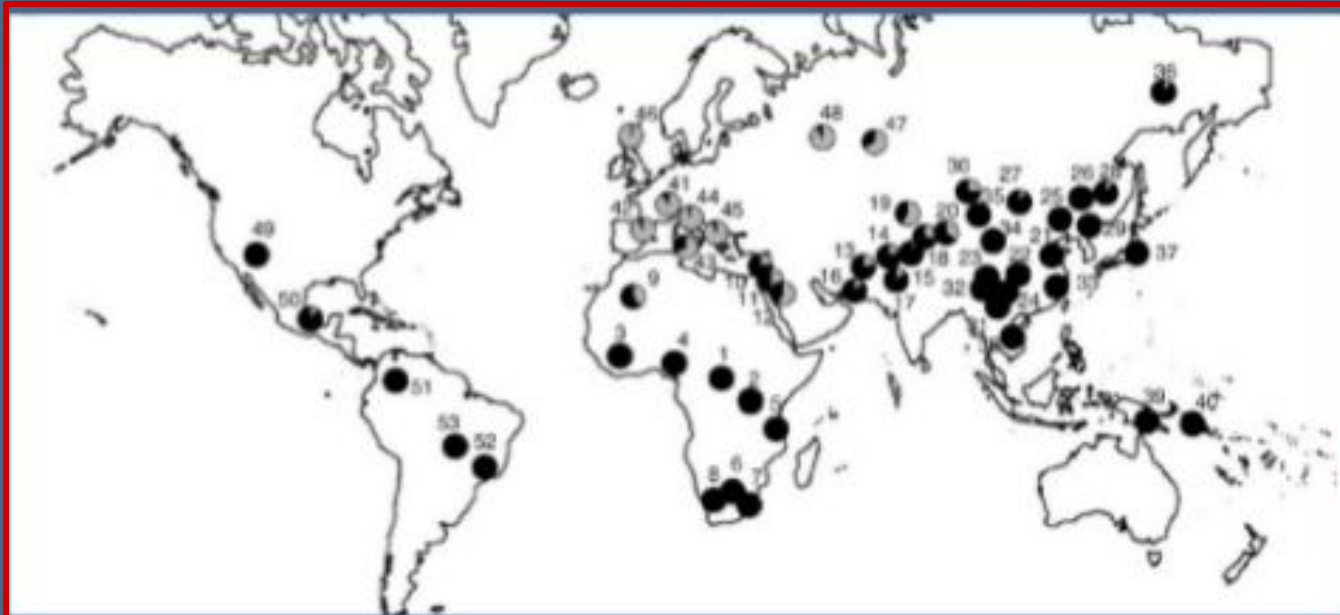
# Genetic variation is discordant across loci



[A meno  
che...](#)

**ASIP A8818G**

Agouti signaling protein, chromosome 20q11

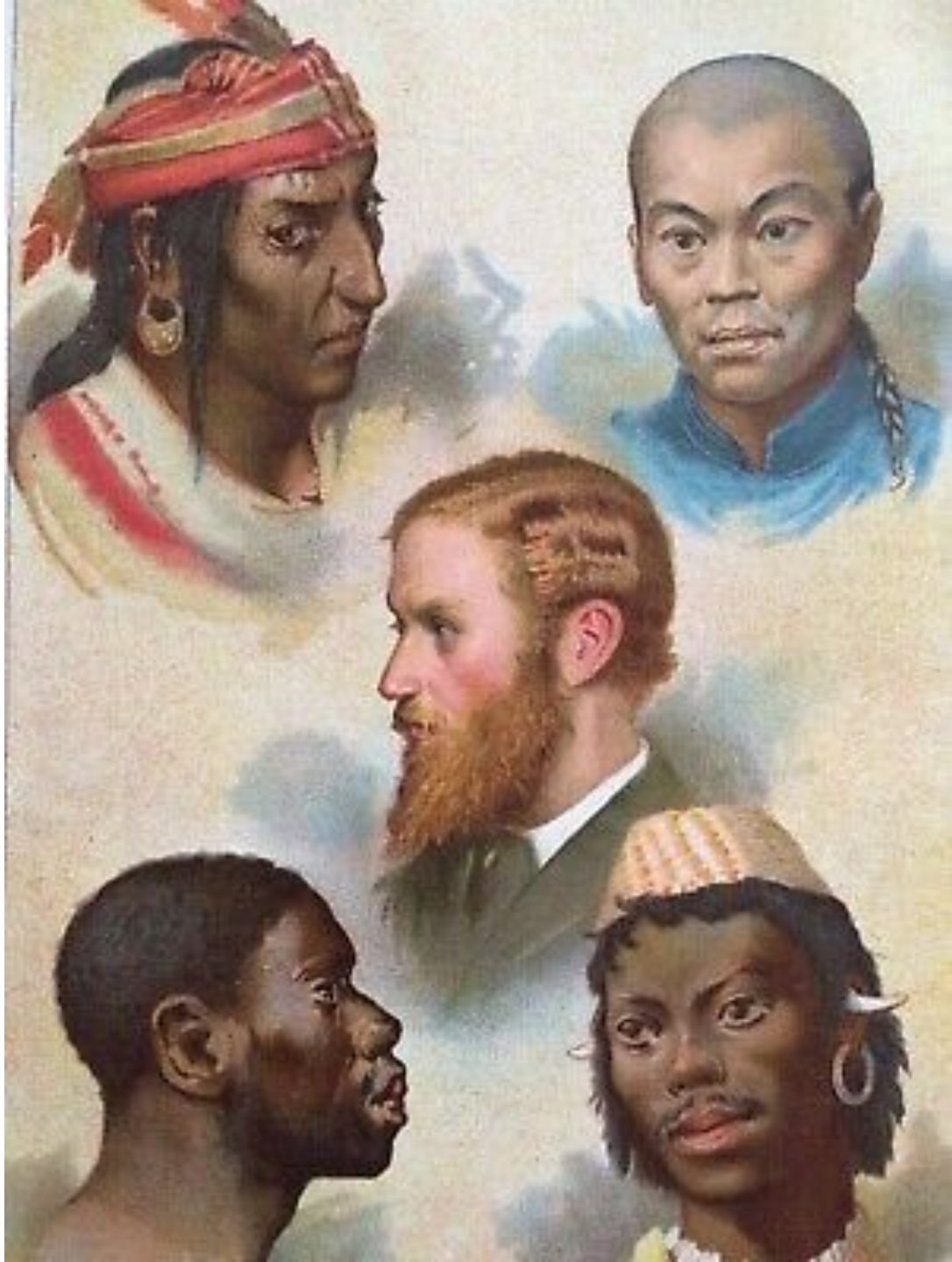


mediates melanin synthesis. It may regulate the pH of the melanosome, affecting tyrosinase activity.<sup>[</sup>

**SLC45A2**

Membrane-assoc. transporter protein, chromosome 5

Ma perchè  
allora in  
passato (e  
anche oggi.. ) si  
è dato tanto  
credito al  
concetto di  
razza?

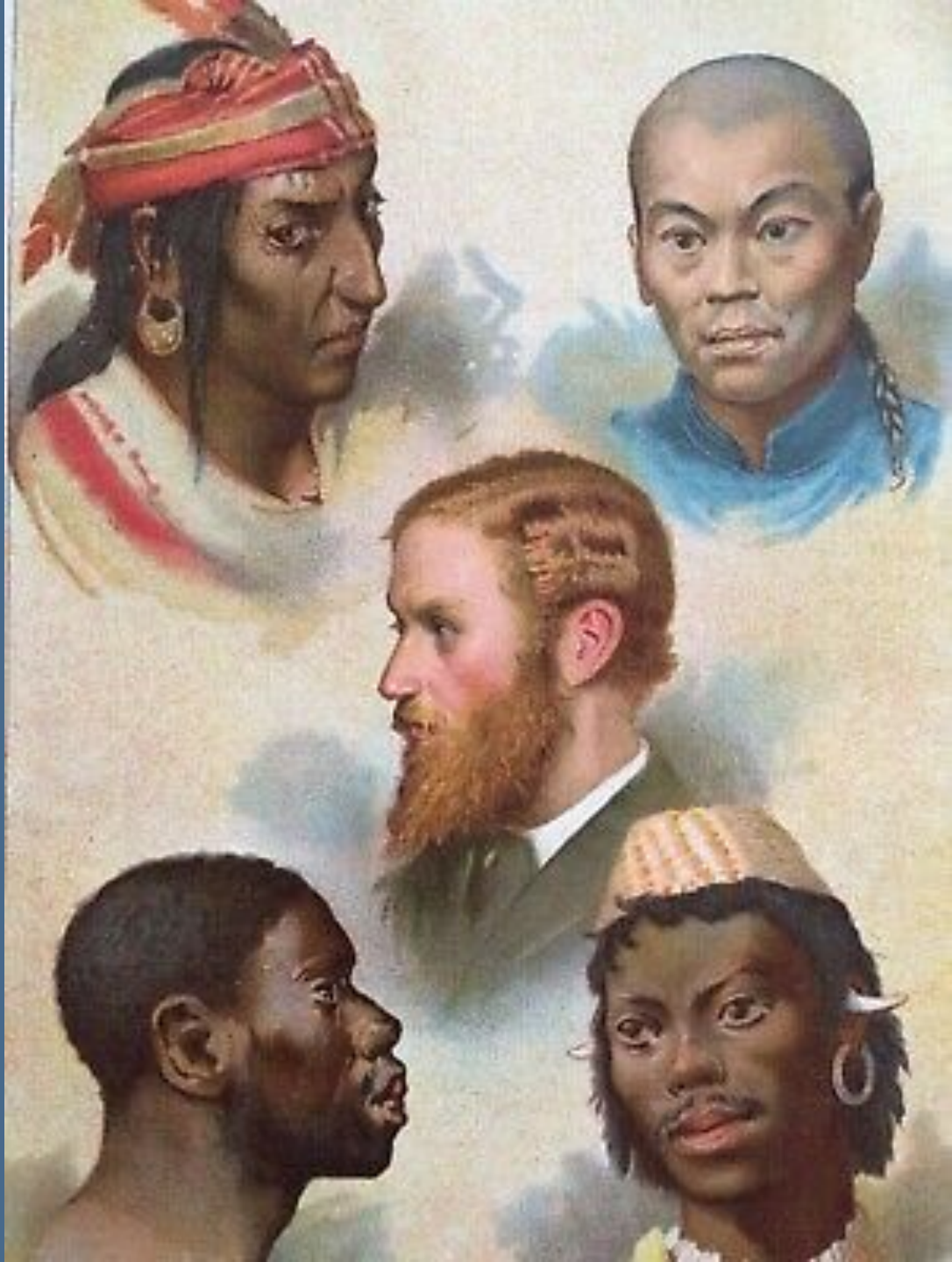




# WARNING

Sono il prodotto di più  
geni e dell'ambiente che  
può modificare la loro  
distribuzione (selezione  
naturale) ed espressione  
(statura).

Quindi  
Omoplasia?  
Convergenza adattativa?



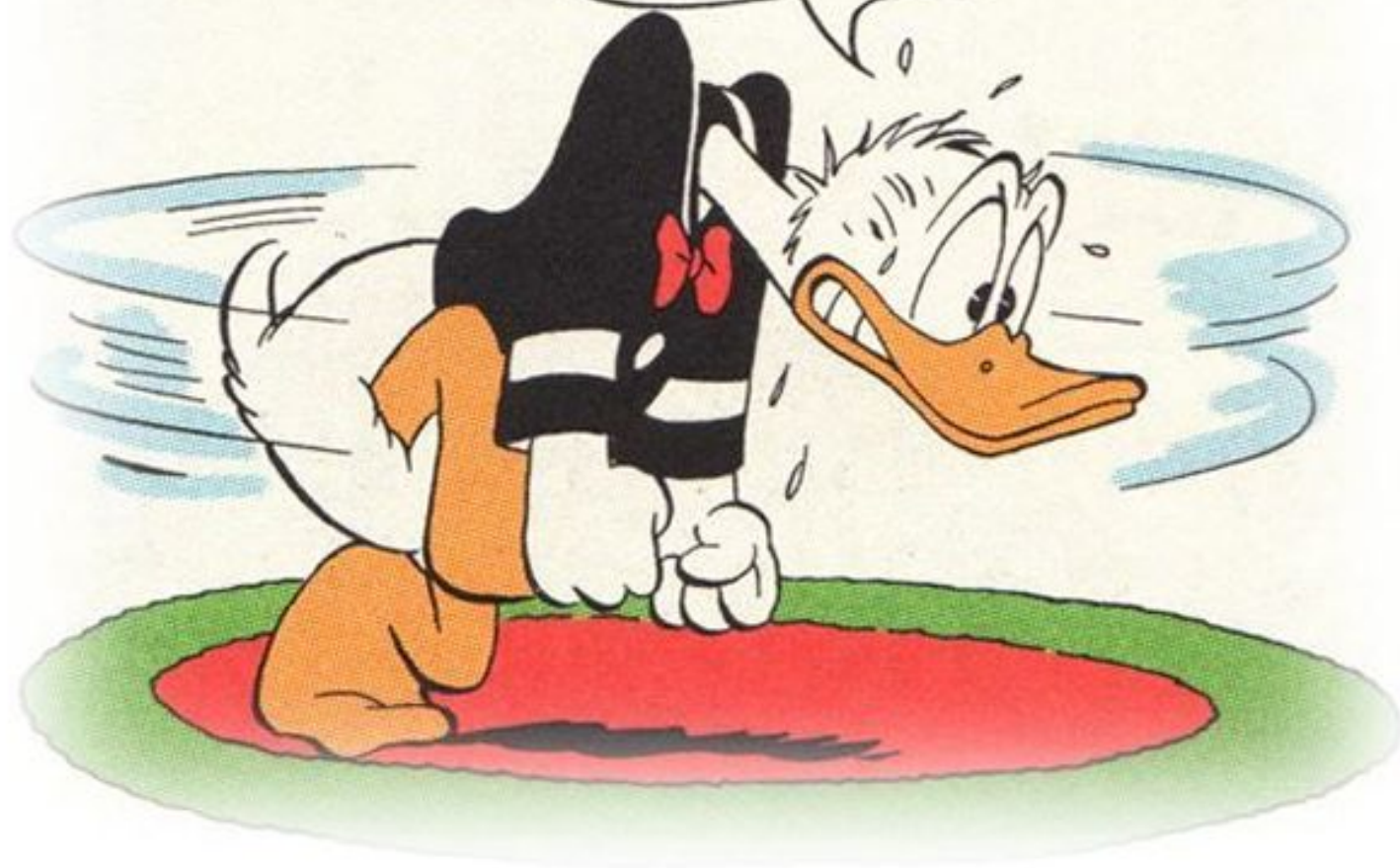


# 1. L'apparenza dei caratteri esterni inganna

INDOVINA LA NAZIONALITA!



MUMBLE! MUMBLE!  
MUMBLE!

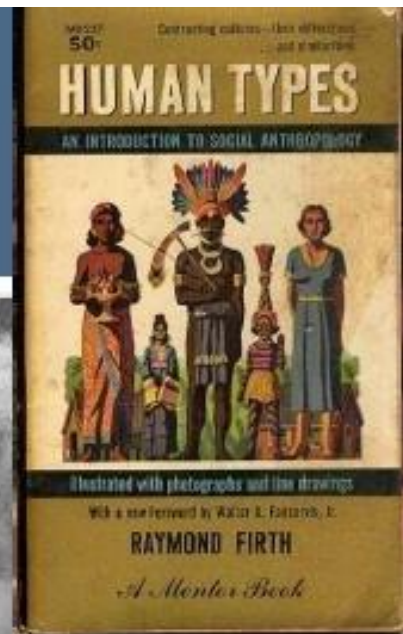
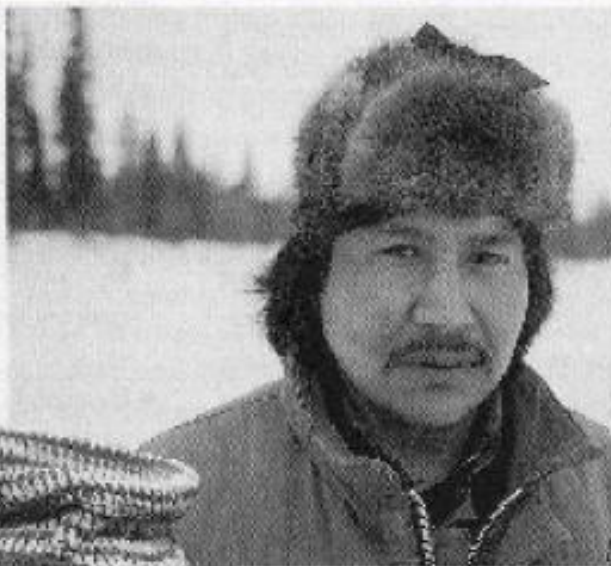




POLONIA! (sconsigliato a chi ha problemi di digestione)



# Gruppi discreti?

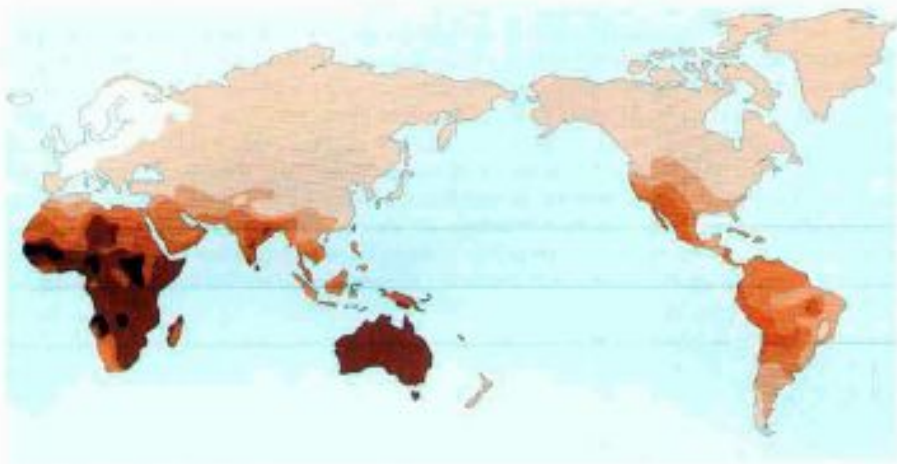




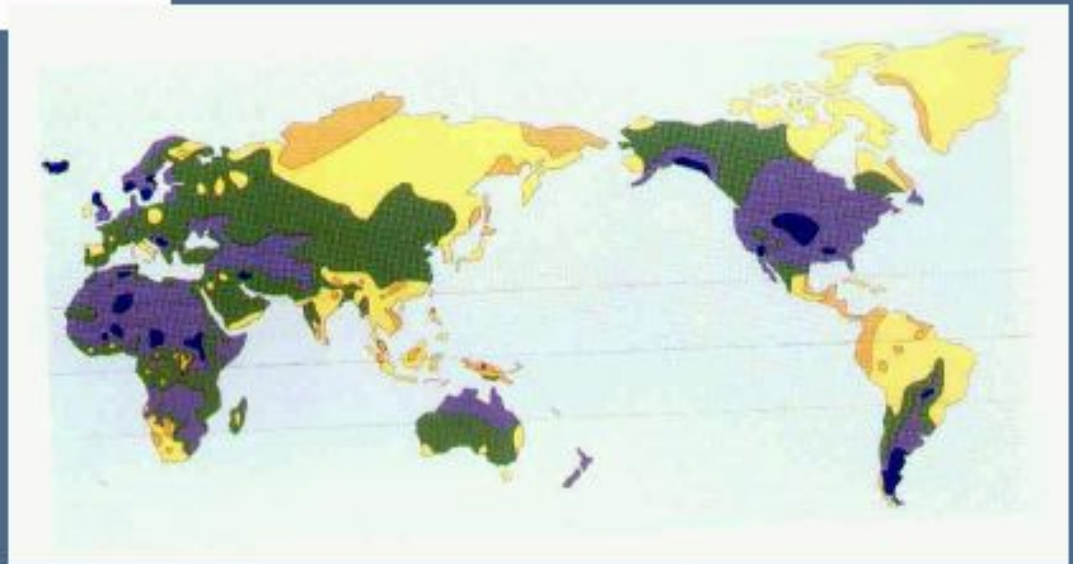
# Il guaio dei caratteri morfologici

Gruppi discreti?

Colore della pelle



La variabilità è **continua** e **discordante**. Si possono classificare le persone sulla base di un carattere, ma altri caratteri porteranno a classificazioni differenti



Statura





**Ma in ciascun gruppo ci sono molte differenze**



Gruppi  
omogenei?

# Lo studio della morfologia porta a cataloghi razziali contrastanti

Linneo (1735)	4 (europeus, luridus, afer, americanus) [+2]
Buffon (1749)	6 (europea, lappone, tartara, asiatica, etiopica, americana)
Blumenbach (1795)	5 (europeus, luridus, afer, americanus, australianus)
Cuvier (1828)	3 (caucasoide, negroide, mongoloide)
Huxley (1875)	4 (mongoloide, xantocroide, australoide, negroide)
Deniker (1900)	29
Weinert (1935)	17
Von Eickstedt (1937)	38
Museo di St. Nat., Chicago (1933)	107
Biasutti (1956)	56
Coon (1962)	5 (congoide, capoide, caucasoide, mongoloide, australoide)
Risch (2002)	5 (differenti in pagine differenti dello stesso articolo)

**Proprio come con i polimorfismi genetici**



# Lo studio della morfologia porta a cataloghi razziali contrastanti

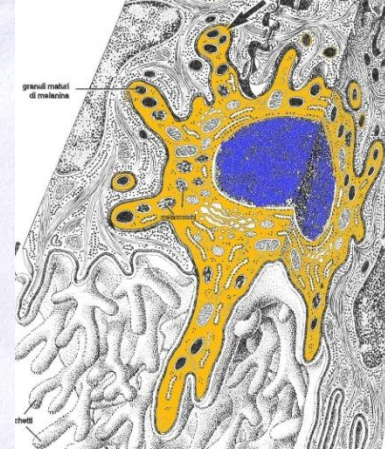
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Risch (2002)	5 (differenti in pagine differenti dello stesso articolo)

## 2. IL colore della pelle (la percezione inganna)



# Pigmentazione

## Generalità



**Pigmentazione cutanea**, risultante di:

- ▶ melanina, pigmento scuro in granuli o diffuso, strato mucoso epidermide
  - ▶ emoglobina e pigmenti biliari
  - ▶ lipocromo, a base di carotene, nello strato corneo dell'epidermide

### Melanociti

- ▶ Cellule di origine neuroectodermica, privi di nucleo e ricche di dendriti
- ▶ Strato basale dell'epidermide, bulbo pilifero e tratto uveale dell'occhio
- ▶ Originano dai melanoblasti (cresta neurale)

### Variazioni della Pigmentazione con l'età e il sesso

- ▶ Si manifesta entro alcune ore dalla nascita, aumenta nei primi mesi
- ▶ Aumento della pigmentazione nella fase pre-puberale
- ▶ Maggiore pigmentazione del maschio, ma non nell'età puberale (fattori sociali)
- ▶ Diminuzione nel corso dell'età, + marcata nelle femmine

▶ Ereditabilità: 0.83 (f. interna braccio, 685 nm, Australiani, 1981)

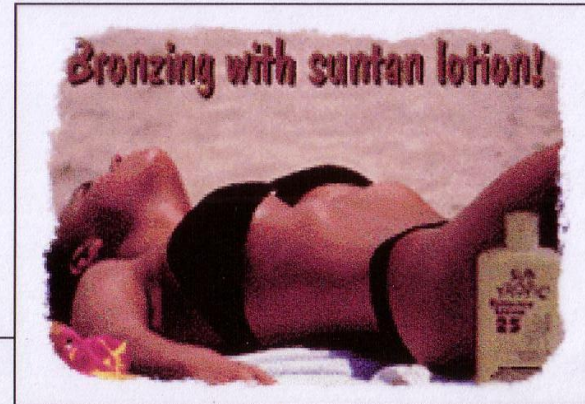
<http://science.sciencemag.org/content/early/2017/10/11/science.aan8433>



# Pigmentazione

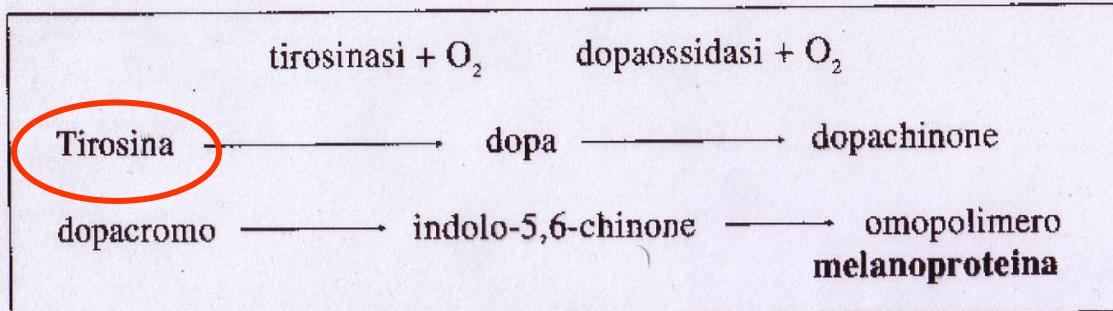
## I pigmenti melaninici

- ▶ Eumelanina (bruno-nere)
- ▶ feomelanina (giallo bruno)
- ▶ tricocromi (giallo rosso violetti)



sintesi dei pigmenti (nei melanosomi)

Nei melanociti, per effetto della luce:



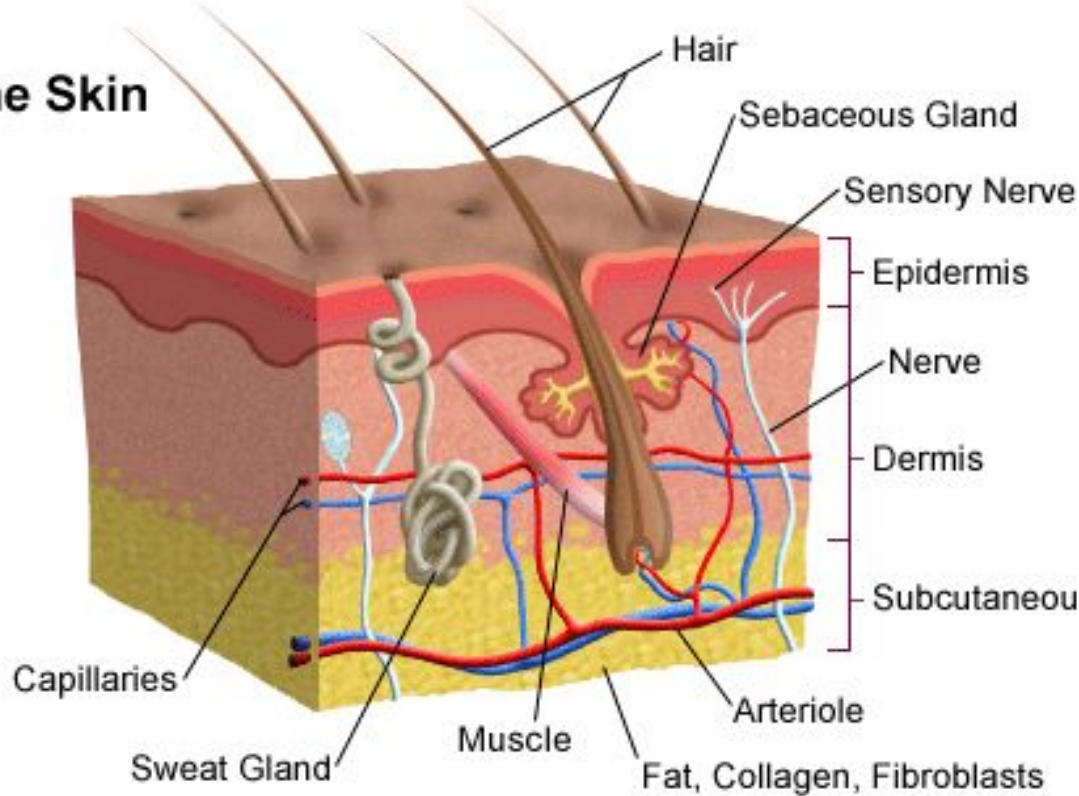
Cisteina o mercaptani  
*Feomelanine*  
*tricocromi*

Melanosomi ➡ dendriti del melanocita ➡ cheratinociti dell'epidermide

strati superficiali della pelle e bulbi piliferi

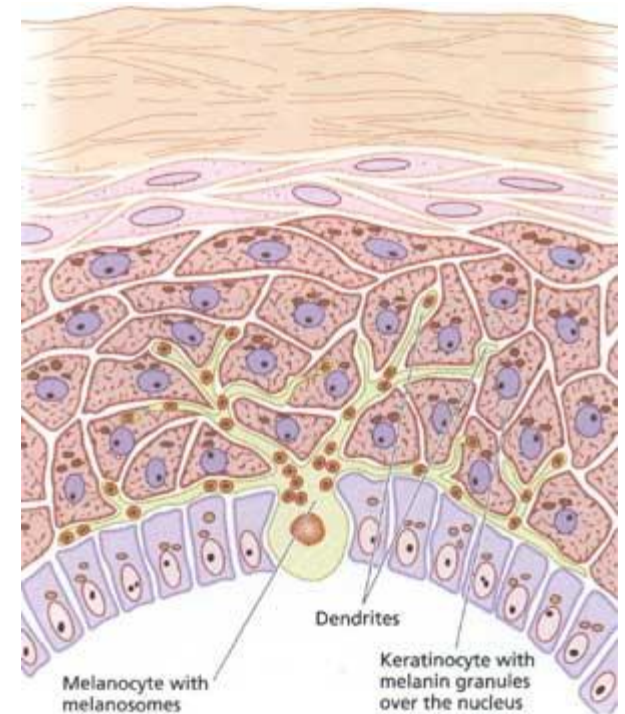


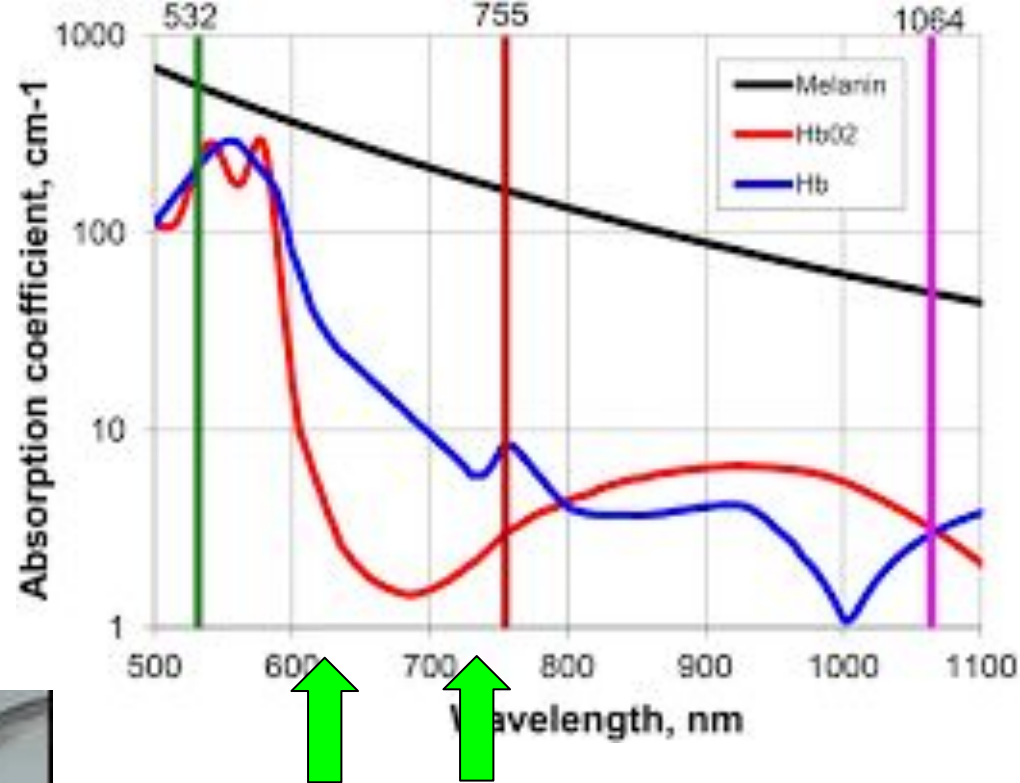
# The Skin



La melanina è contenuta all'interno dei **melanosomi** che possono essere presenti in uno spessore variabile dell'epidermide:

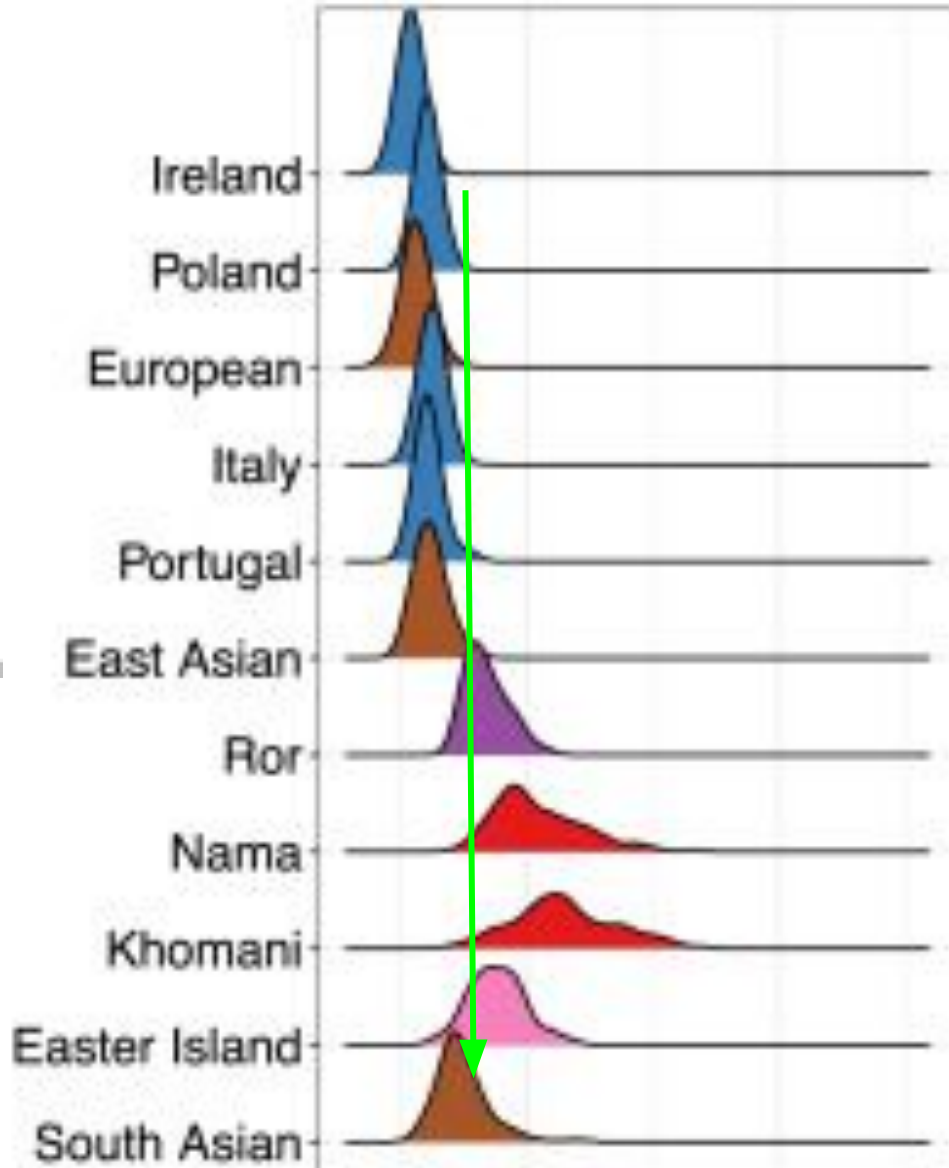
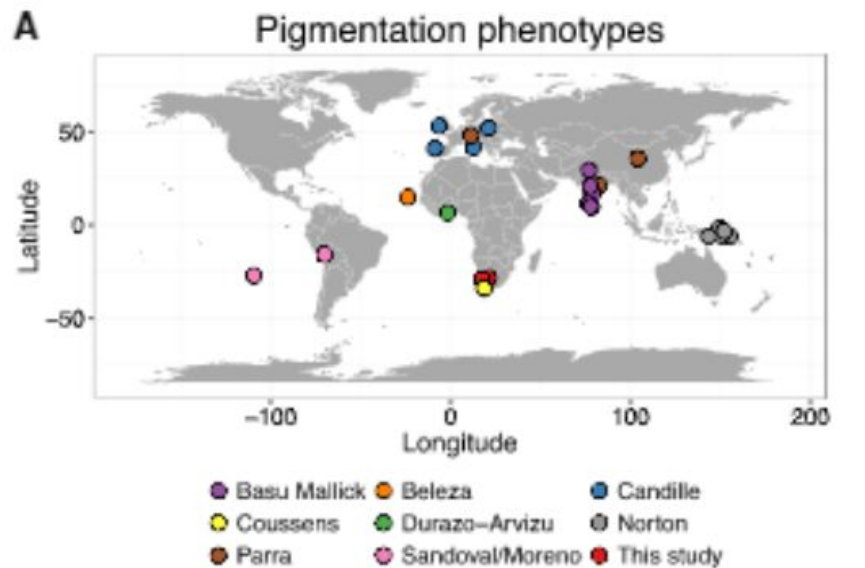
- **Epidermide germinativa:** strato più profondo dell'epidermide ed è sostenuto da una membrana basale che lo separa dal derma sottostante
- **Strato spinoso**
- **Strato granulare**





The melanin index (mx) is measured at 620- 720 nm nm





<https://doi.org/10.1016/j.cell.2017.11.015>

Violin plots of pigmentation distributions for 32 populations from 8 studies ordered by latitude; absolute latitudes provided on the right.

# Bianchi, Neri e Gialli? o piuttosto una variabilità continua?!

SAND 2-3



SAND 3-4



SAND 4-5



CLAY 1-2



CLAY 2-3



CLAY 3-4



CLAY 5 - EARTH 1



EARTH 1-2



EARTH 2-3



EARTH 3-4



EARTH 4-5



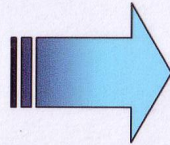
EARTH 6-7



# Pigmentazione distribuzione

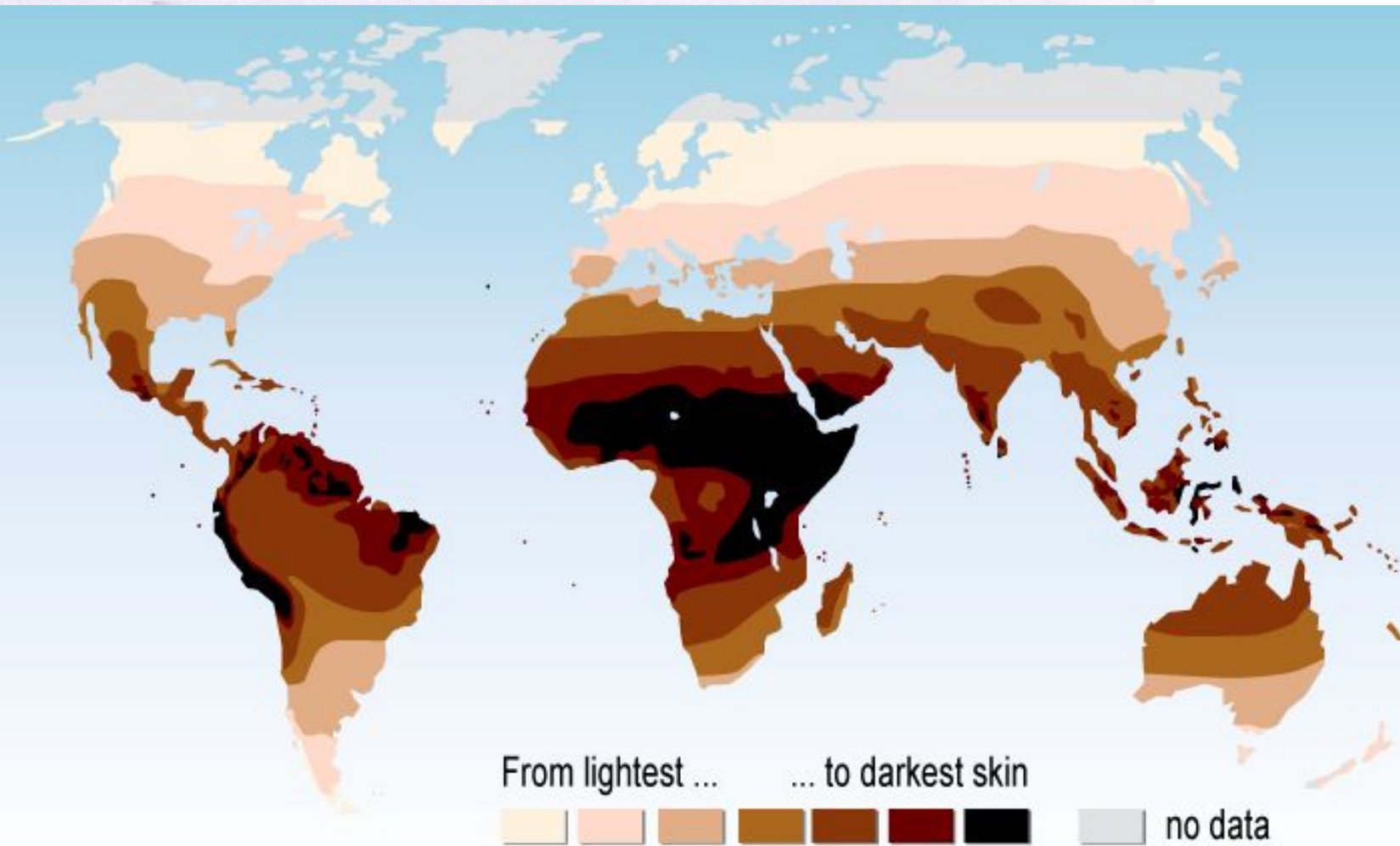
## Distribuzione della pigmentazione

- ▶ aumento dell'1% della riflettanza per ogni grado di distanza dall'equatore  
correlazione .82
- ▶ regola di Gloger
- ▶ > grado di pigmentazione nell'emisfero sud



## Eccezioni

- Eschimesi
- Pigmei Africani
- Boscimani (p. giallastra)
- Paleoindidi
- Amerindiani





# Cause della diversità del colore della pelle

**Sì** Vitamina D e fissazione del calcio  
nelle ossa

**Sì** Acido folico

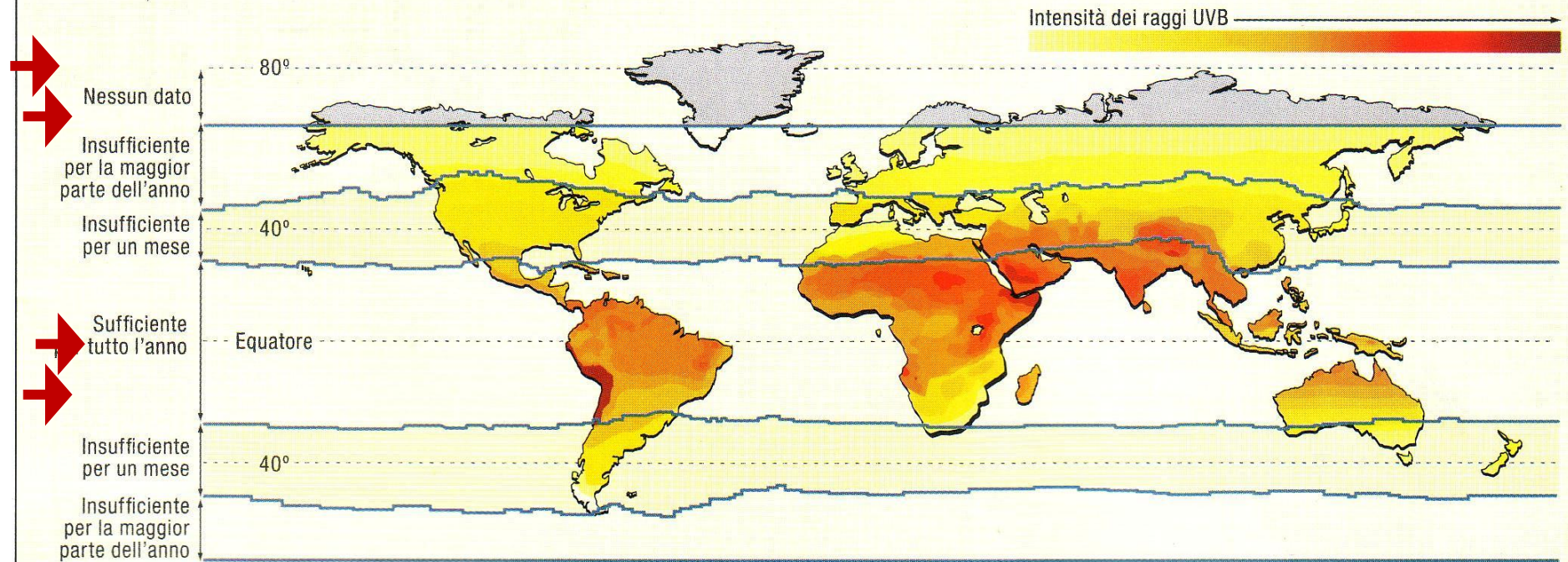
**no** Melanoma

# Cause della diversità del colore della pelle

## L'inverno della vitamina D

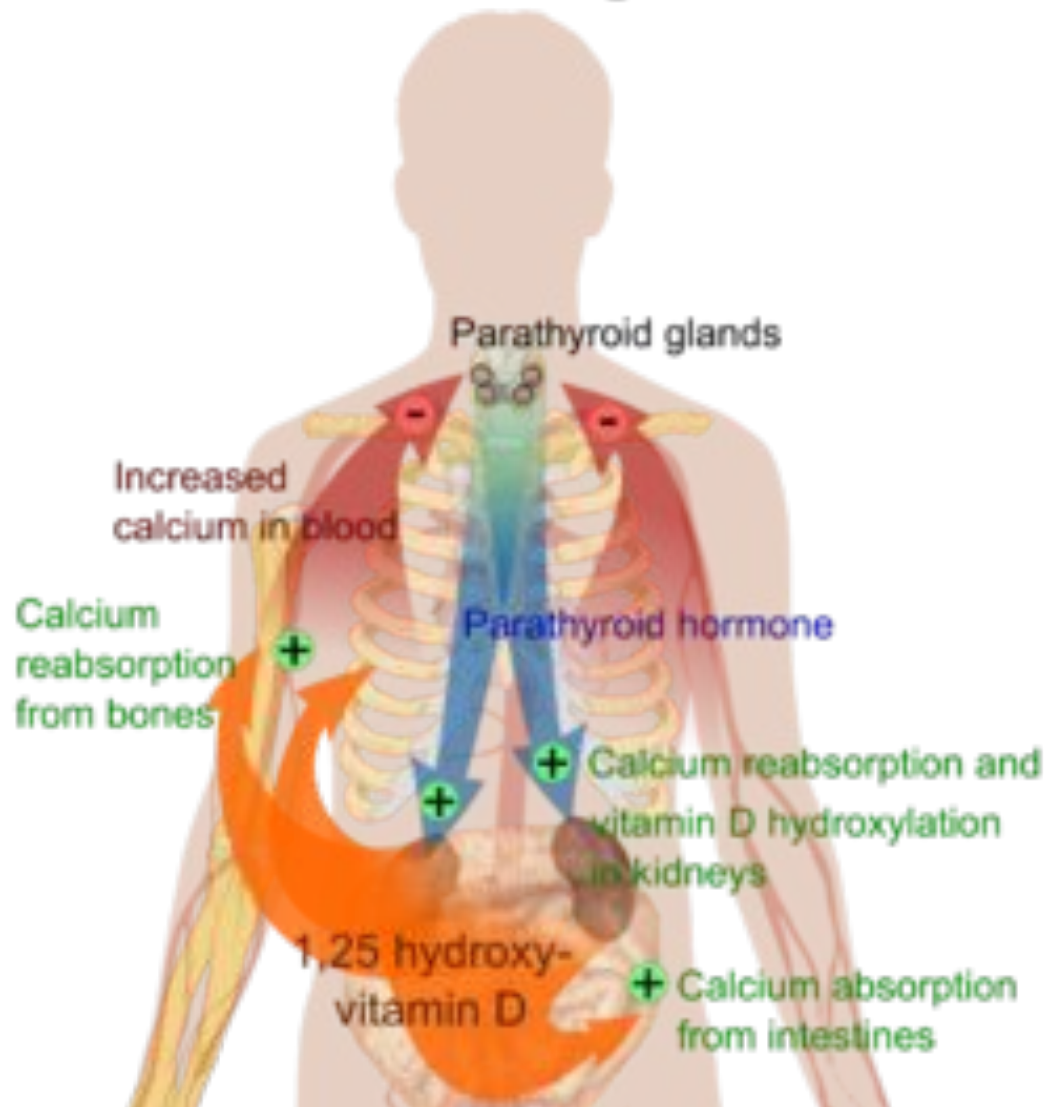
Per la maggior parte degli individui l'esposizione ai raggi UVB provenienti dalla luce solare è la sola fonte principale di vitamina D, ecco perché regione e stagione incidono sul rischio di sviluppare ipovitaminosi. Per i periodi dell'anno noti come «inverno della vitamina D», a certe latitudini l'intensità dei raggi UVB è troppo debole anche solo per indurre la sintesi della vitamina D nella pelle. L'ozono blocca i raggi

UVB, che quindi sono più intensi nei pressi dell'equatore, dove la luce del Sole percorre la distanza minima attraverso l'atmosfera terrestre e dove la sintesi della vitamina D è possibile durante tutto l'anno. Un angolo di incidenza maggiore, come quello corrispondente a latitudini più elevate, indebolisce l'intensità della radiazione UVB al punto da renderla insufficiente, specialmente d'inverno, per la produzione di vitamina D.



North or south of about 46°, levels of UVB are insufficient to initiate cutaneous production of previtamin D3 for much of the year

# Calcium regulation



Cholesterol  
ultraviolet



**Previtamin D<sub>3</sub>**  
isomerization



**Vitamin D<sub>3</sub>**  
Liver



**Calcifediol**  
**PTH + Kidneys**



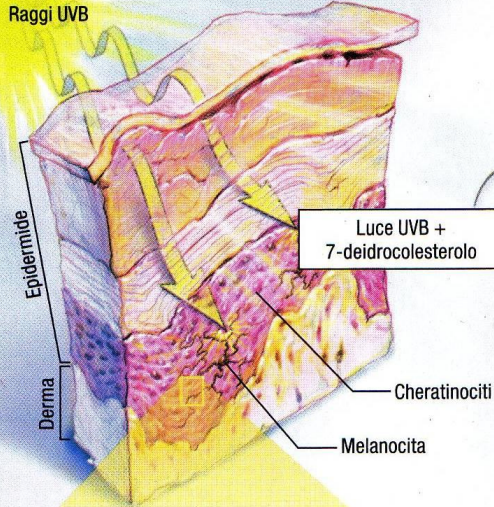
**Calcitriol**



# Produzione di una vitamina attiva

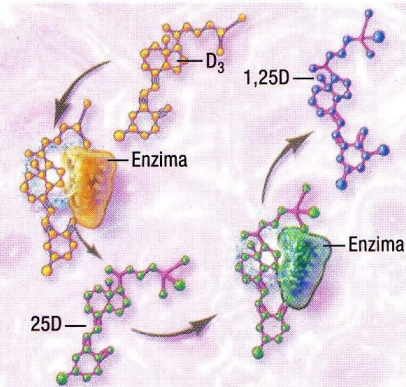
Il termine «vitamina D» si riferisce a due molecole leggermente diverse tra loro: la cosiddetta  $D_3$ , prodotta dalla pelle umana, e la  $D_2$ , che è prodotta dalle piante e che le persone possono ottenere dal cibo. Tutte e due le versioni della vitamina D devono subire una conversione enzimatica per poi trasformarsi in una forma biologicamente attiva, nota con la sigla 1,25D.

## VITAMINA D PRODOTTA DALLA PELLE



### ▼ ATTIVAZIONE LOCALE

La pelle è l'unico tessuto del corpo che produce la  $D_3$  e gli enzimi necessari per convertire la  $D_3$  prima in 25D, poi in 1,25D. Le cellule immunitarie e diversi altri tessuti producono l'enzima necessario per convertire la 25D in 1,25 a livello locale.

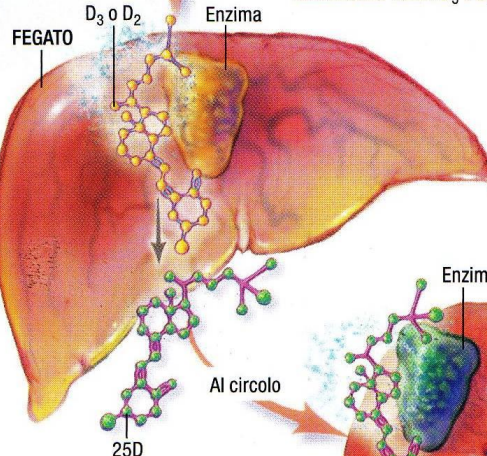


## VITAMINA D RICAVATA DAL CIBO



1 La vitamina  $D_3$  è prodotta da cellule della pelle chiamate cheratinociti quando i raggi UVB e il calore agiscono su un sottoprodotto della sintesi del colesterolo, il 7-deidrocolesterolo (a sinistra). La vitamina  $D_2$ , che si trova in alcuni alimenti, deriva da una molecola di sterolo simile, di origine vegetale (a destra). Sia prodotte dalla pelle sia assunte con gli alimenti, entrambe le forme  $D_3$  e  $D_2$  entrano nel sistema circolatorio.

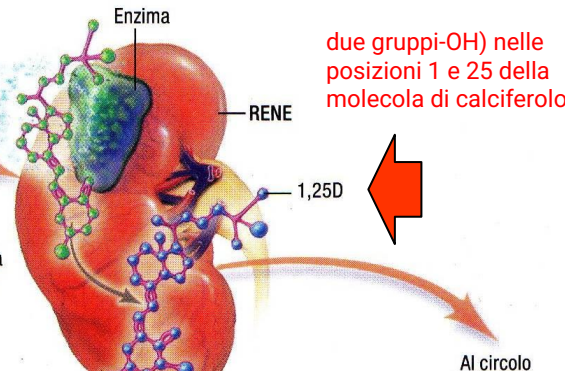
$D_3$  e  $D_2$



2 Quando la  $D_3$  o la  $D_2$  in circolo raggiungono il fegato, sono convertite da enzimi nella 25-idrossivitamina D (25D). Poi la forma 25D della vitamina rientra nel circolo sanguigno.

25D  $\square$  1,25D

3 La maggior parte della forma 25D che circola nell'organismo subisce una trasformazione finale nei reni, dove alcuni enzimi convertono la 25D in 1,25D. Quest'ultima è rilasciata nel sistema circolatorio e si sposta fino a raggiungere organi diversi e diversi tipi cellulari, dove la vitamina D influisce sulla fisiologia.



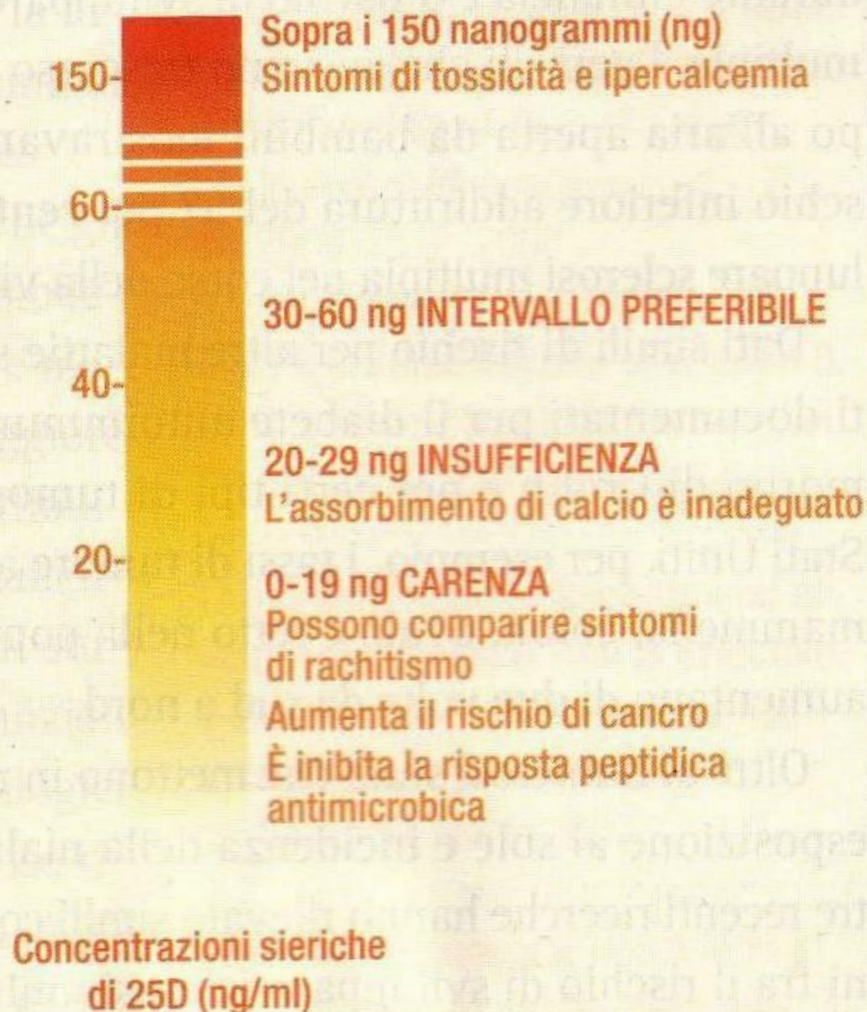
Al circolo

Ossa  
Cervello  
Cellule immunitarie  
Fegato  
Nervi  
Pancreas  
Prostata  
cheratinociti



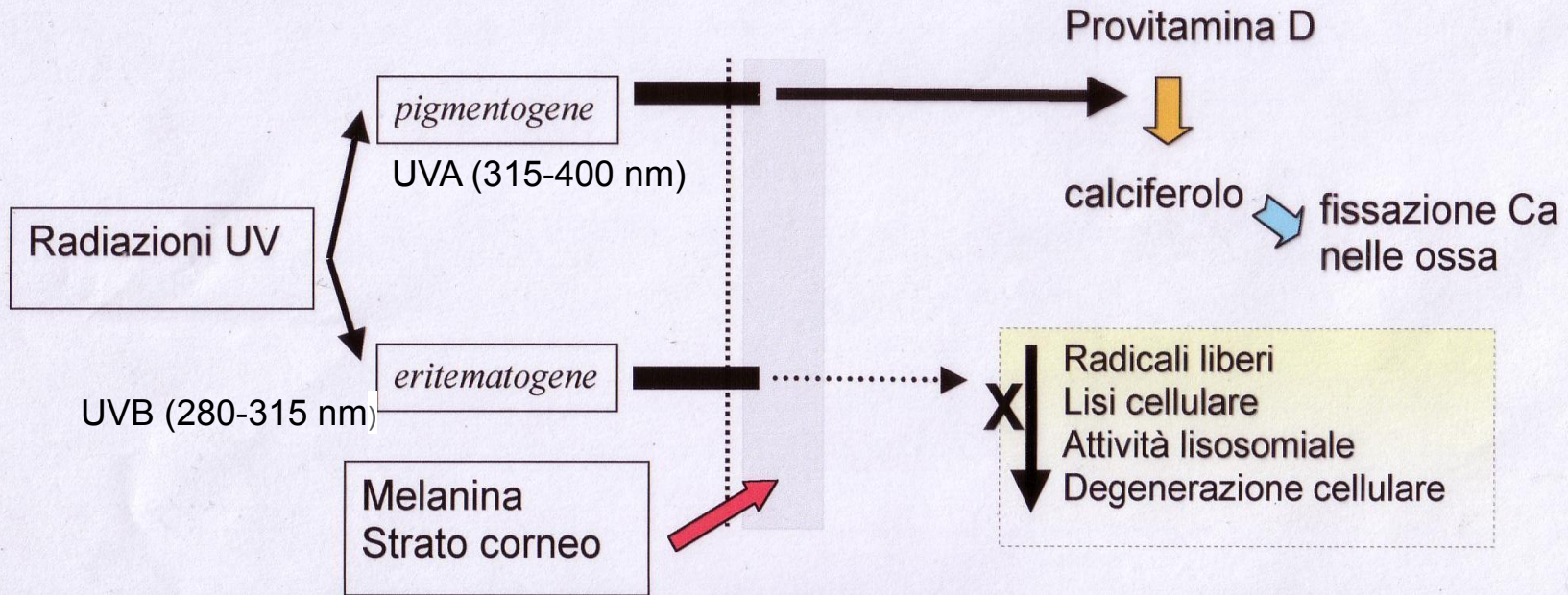
# QUAL È LA CONCENTRAZIONE OTTIMALE?

Le stime sulle quantità di vitamina D disponibile per l'organismo si basano sulla concentrazione di 25D nel siero del sangue. Livelli fra 30 e 45 nanogrammi per millilitro di siero (ng/ml) sono considerati appena sufficienti per la salute delle ossa, anche se alcune risposte cellulari diventano ottimali a concentrazioni maggiori. Sotto i 30 ng/ml aumentano i rischi per la salute; sopra 150 si può verificare un eccessivo accumulo di calcio nei tessuti, e possono comparire sintomi di tossicità.

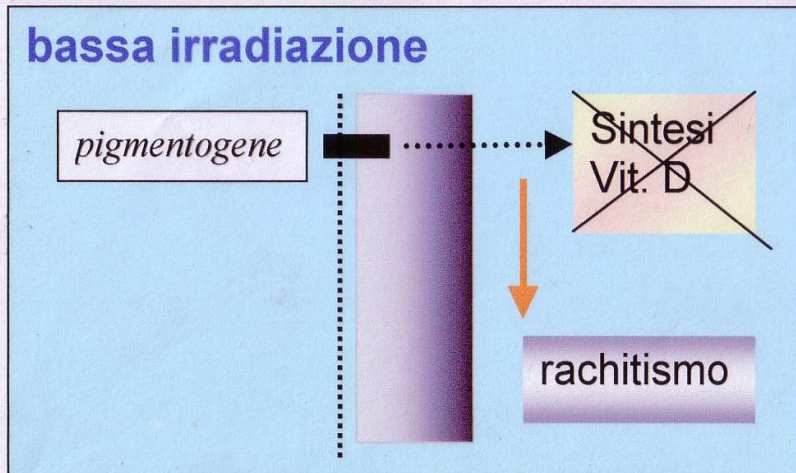




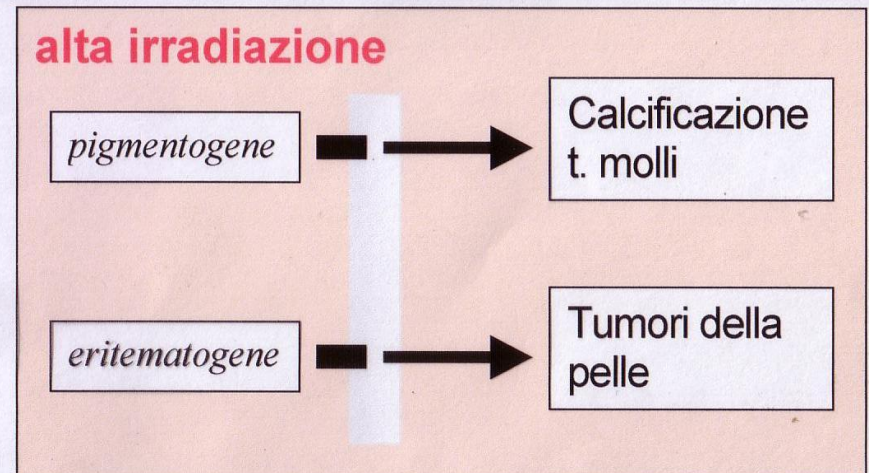
# Vitamina D e selezione naturale



## bassa irradiazione



## alta irradiazione





# oltre la Vitamina D ...

Quindi: distribuzione della pelle come risultato della selezione contro rachitismo e ipercalcificazione

altri meccanismi alla base della distribuzione della pigmentazione?

Acido folico  
spina bifida e  
spermatogenesi

<i>Spettro</i>	<i>Evento selettivo</i>	<i>Selezione per</i>	
		pelle chiara	pelle scura
UV	ustioni da sole ?		X
	cancro della pelle		X
	ipervitaminosi D		X
	fotolisi alimentare		X
	deficienza di vitamina D	X	
visibile	difficoltà di essere visti		X
	acutezza visiva	X	
infrarosso	colpo di calore	X	
	congelamento	X*	
	malattie tropicali		X

pleiotropia



# Human skin pigmentation as an adaptation to UV radiation

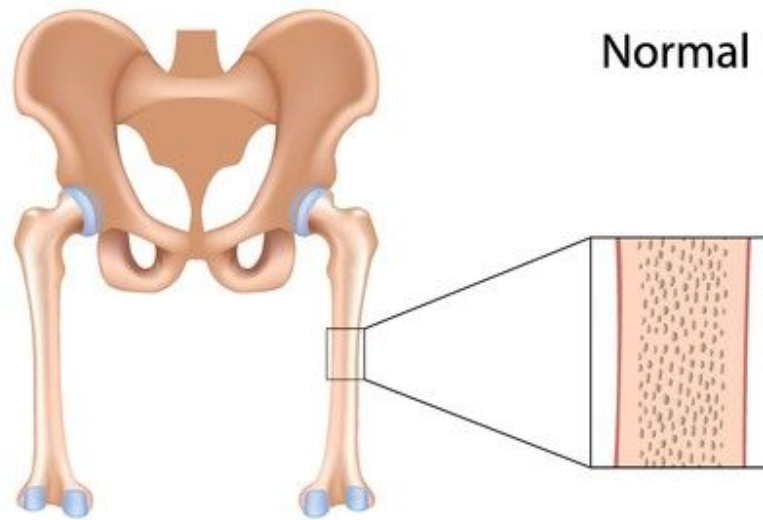
Nina G. Jablonski<sup>1</sup> and George Chaplin

Department of Anthropology, Pennsylvania State University, University Park, PA 16802

8962–8968 | PNAS | May 11, 2010 | vol. 107 | suppl. 2

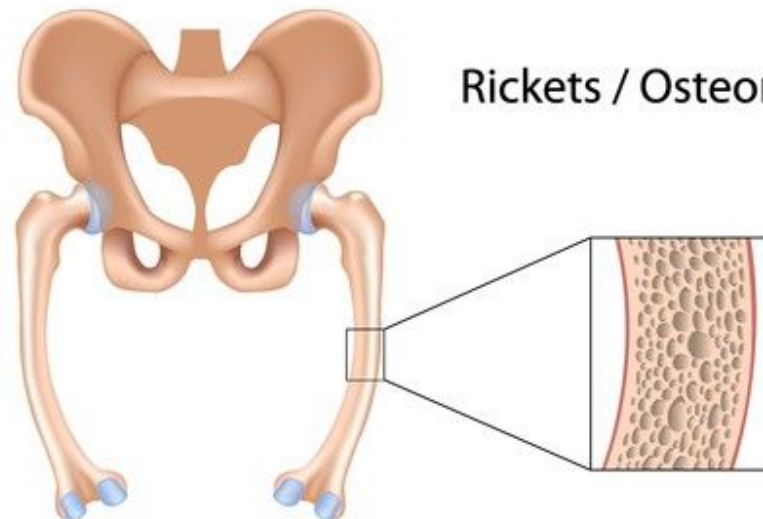
**Table 1. Summary of the effects of UVA and UVB on human body and the selective mechanisms involved in the evolution of pigmentation. The estimated strength of natural selection operating to darken and lighten pigmentation is indicated by numbers of “+” and “–” signs, respectively. See text for references for proposed mechanisms.**

Agent	Strength and direction of selection	Proposed selective mechanism(s)
UVA	+++	→ Photolysis of folate (as 5-methyltetrahydrofolate [5MTHF] in serum) directly and by ROS in the presence of flavins and porphyrins, resulting in reduction of folate available for cell division
UVA	++	→ Competition for folate: increased folate needs for DNA damage repair and as 1-carbon donor in methylation of DNA competing with folate needed for melanogenesis
UVA	++	→ Disruption of melanin production because of sensitivity of tyrosinase to high levels of ROS
UVA	+	Malignant melanoma (as the only skin cancer that causes death to individuals of reproductive age)
UVA	+	Photoconversion of excess vitamin D <sub>3</sub> to inactive metabolites
UVB	+++	→ Production of cyclobutane pyrimidine dimers and damaged nucleotides requiring repair resulting from DNA absorption of photons; activation of folate-dependent DNA repair processes
UVB	+	Direct photolysis of folate (as 5MTHF in serum), reducing the amount of folate available for cell division and regulation of tyrosinase activity in melanogenesis
UVB	+	Competition for folate: increased folate needs for DNA damage repair and as 1-carbon donor in methylation of DNA competing with folate needed for melanogenesis
UVB	No effect	Sunburn
UVB	No effect	Damage to DNA and its repair system and alterations of the immune system lead to progressive genetic alterations and the formation of nonmelanoma skin cancers
UVB	–	Cutaneous photosynthesis of vitamin D <sub>3</sub>
UVB	–	Greater need for vitamin D in females probably causing increasing sexual dimorphism in pigmentation; exaggerated by sexual selection in some populations

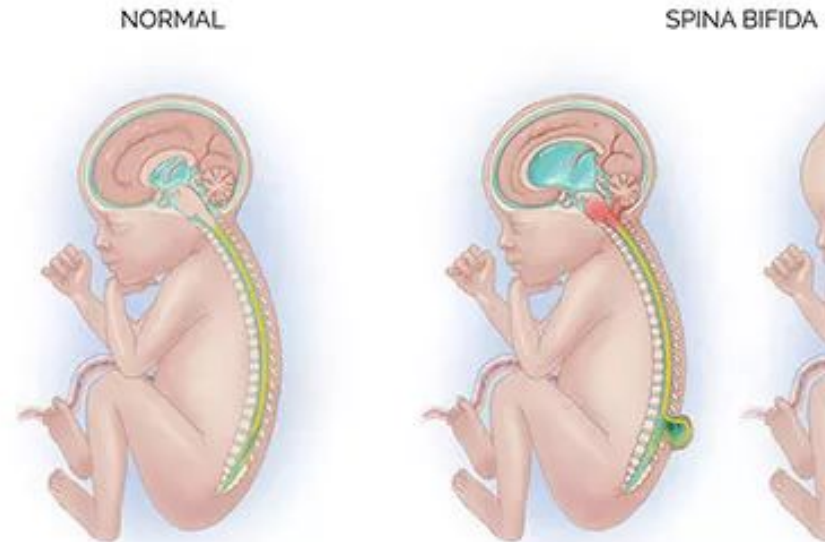


Normal

Il **rachitismo** è una malattia tipica dell'età pediatrica ed è causato da un difetto di ossificazione del tessuto osseo di nuova formazione, soprattutto a livello delle cartilagini di coniugazione e delle zone di calcificazione provvisoria. Il rachitismo colpisce sia gli esseri umani sia gli animali nei primi mesi di vita.



Rickets / Osteomalacia



NORMAL

SPINA BIFIDA

La **spina bifida** è una malformazione o difetto neonatale dovuto alla chiusura incompleta di una o più vertebre, risultante in una malformazione del midollo spinale.



# La complessità della genetica del colore della pelle

YEARBOOK OF PHYSICAL ANTHROPOLOGY ARTICLE

Shades of complexity: New perspectives on the evolution and genetic architecture of human skin

Ellen E. Quillen<sup>1,2</sup> | Heather L. Norton<sup>3</sup> | Esteban J. Parra<sup>4</sup> | Frida Lona-Durazo<sup>4</sup> |  
Khai C. Ang<sup>5</sup> | Florin Mircea Illiescu<sup>6,7</sup> | Laurel N. Pearson<sup>8</sup> | Mark D. Shriver<sup>8</sup> |  
Tina Lasisi<sup>8</sup> | Omer Gokcumen<sup>9</sup> | Izzy Starr<sup>9</sup> | Yen-Lung Lin<sup>9</sup> | Alicia R. Martin<sup>10,11,12</sup> |  
Nina G. Jablonski<sup>8</sup>

<https://onlinelibrary.wiley.com/doi/pdf/10.1002/ajpa.23737>

Like many highly variable human traits, **more than a dozen genes are known to contribute to the full range of skin color**. We are beginning to appreciate how limited our understanding of the genetic bases of human skin color have been. **Novel variants in genes not previously linked to pigmentation have been identified and evidence is mounting that there are hundreds more variants yet to be found**. Even for genes that have been exhaustively characterized in European populations like MC1R, OCA2, and SLC24A5, research in previously understudied groups is leading to a new appreciation of the degree to which **genetic diversity, epistatic interactions, pleiotropy, admixture, global and local adaptation, and cultural practices operate in population-specific ways to shape the genetic architecture of skin color**. Furthermore, we are coming to terms with how factors like tanning response and barrier function may also have influenced selection on skin throughout human history. By examining how our knowledge of pigmentation genetics has shifted in the last decade, we can better appreciate how far we have come in understanding human diversity and **the still long road ahead for understanding many complex human traits**.

# evoluzione convergente!

TABLE 1 Summary of skin color genetics association studies discussed in this manuscript

Study	Study type <sup>a</sup>	Trait	N	Continent	Population	N <sup>b</sup>	Associated genes
Abe, Tamiya, Nakamura, Hozumi, & Suzuki, 2013	Candidate gene (4)	Melanin Index	456	Asia	Japanese	1	OCA2
Ang et al., 2012	Candidate gene (2)	Melanin Index	492	Asia	Peninsular Malaysia	2	SLC24A5, SLC45A2
Beleza, Johnson, et al., 2013	Admixture mapping	Melanin Index	699	Africa	Cape Verdean	4	SLC24A5, TYR, OCA2, SLC45A2
Candille et al., 2012	GWAS	Melanin Index	469	Europe	Ireland (146), Poland (72), Italy (109), Portugal (142)	0	
Crawford et al., 2017	GWAS	Melanin Index	1,570	Africa	Ethiopia, Tanzania, Botswana	6	SLC24A5, MFSD12, DDB1, TMEM138, OCA2, HERC2
Eaton et al., 2015	Candidate gene (9)	Melanin Index	419	Asia	East Asian Ancestry (Canada)	1	OCA2
Han et al., 2008	GWAS	Melanin Index	10,755	Europe	European Ancestry (U.S. and Australia)	3	SLC24A4, IRF4, SLC45A2
Hernandez-Pacheco et al., 2017	GWAS	Melanin Index	658	Americas	Hispanic/Latinos from Puerto Rico (285) and African Americans (373)	4	SLC24A5, SLC45A2, BEND7, PRPF18
Jonnalagadda, Norton, Ozarkar, Kulkarni, & Ashma, 2016	Candidate gene (5)	Melanin Index	533	India	Western India	1	SLC24A5
Liu et al., 2015	GWAS	Self-Report	17,262	Europe	Dutch (5,857), Australian (4,296), UK (5,278)	5	SLC45A2, IRF4, HERC2/OCA2, MC1R, ASIP
Marcheco-Teruel et al., 2014	Candidate gene (15)	Melanin Index	1,019	Americas	Cuba	2	SLC24A5, SLC45A2
Martin, Lin, et al., 2017	GWAS	Melanin Index	456	Africa	KhoeSan	4	SLC24A5, TYRP1, SMARCA2/VLDLR, SNX13
Nan et al., 2009	GWAS	Tanning response	15,155	Europe	European Ancestry (U.S.)	5	SLC45A2, IRF4, TYR, OCA2, MC1r
Norton et al., 2007	Candidate gene (6)	Melanin Index		Asia	Island Melanesia	2	OCA2, ASIP
Norton, Werren, & Friedlaender, 2015	Candidate gene (9)	Melanin Index	583	Americas	European Ancestry (U.S. and Canada)	3	SLC45A2, IRF4, HERC2
Paik et al., 2011	Linkage analysis	Melanin Index	345	Asia	Mongolia	4	GRM6, ATF1, WNT1, SILV/Pmel17
Quillen et al., 2011	Candidate (14)	Melanin Index	515	Americas	Mexico (95), U.S. Hispanics (247), Colombian (173)	4	SLC24A5, SLC45A2, OPRM1, EGFR
Rawofi et al., 2017	GWAS	Melanin Index	305	Asia	East Asian Ancestry (Canada) & Chinese	1	ZNF804B
Shriver et al., 2003	Admixture Mapping Candidate (3)	Melanin Index	592	African/European	African American (232), European American (187), and African Caribbean (173 U.K.)	2	TYR, OCA2

(Continues)

# MC1R

## Diversity

### melanocyte-stimulating hormone receptor (MSHR)

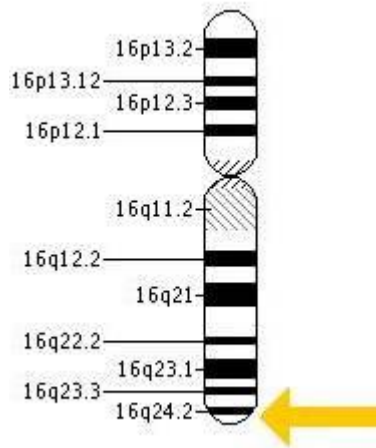
- key protein involved in regulating mammalian skin and hair color: a large protein family of transmembrane receptors that sense molecules outside the cell and activate inside signal transduction pathways and, ultimately, cellular responses.
- G protein-coupled receptor which binds to a class of pituitary peptide hormones (melanocortins, e.g. melanocyte-stimulating hormones)
- from (red) pheomelanin to (black, photoprotective ) eumelanin.
- pheomelanin: UV-induced skin damage by free radicals upon UV radiation



# MC1R

melanocyte-stimulating hormone receptor (MSHR)

melanin-activating peptide receptor



long (q) arm of chromosome 16 at position 24.3

intronless gene

size < 1 KB

65 alleles

highly polymorphic in Northern European populations  
not in Africa: selection against light skin

Loss of function mutations

- increased pheomelanin production
- freckling, skin color and beard color
- predisposition to skin cancer

**SLC24A5**

## Epistasis

the effect of a **gene mutation** is dependent on the presence or absence of mutations in one or more other genes, respectively termed **modifier genes**.

**solute carrier family 24 member 5**

also known as **Sodium/potassium/calcium exchanger 5** (NCKX5)

a member of the potassium-dependent sodium/calcium exchanger family.

SNP rs1426654

polymorphism with the G and A alleles of the encoding alanine or threonine, respectively, at amino acid 111 in the third exon

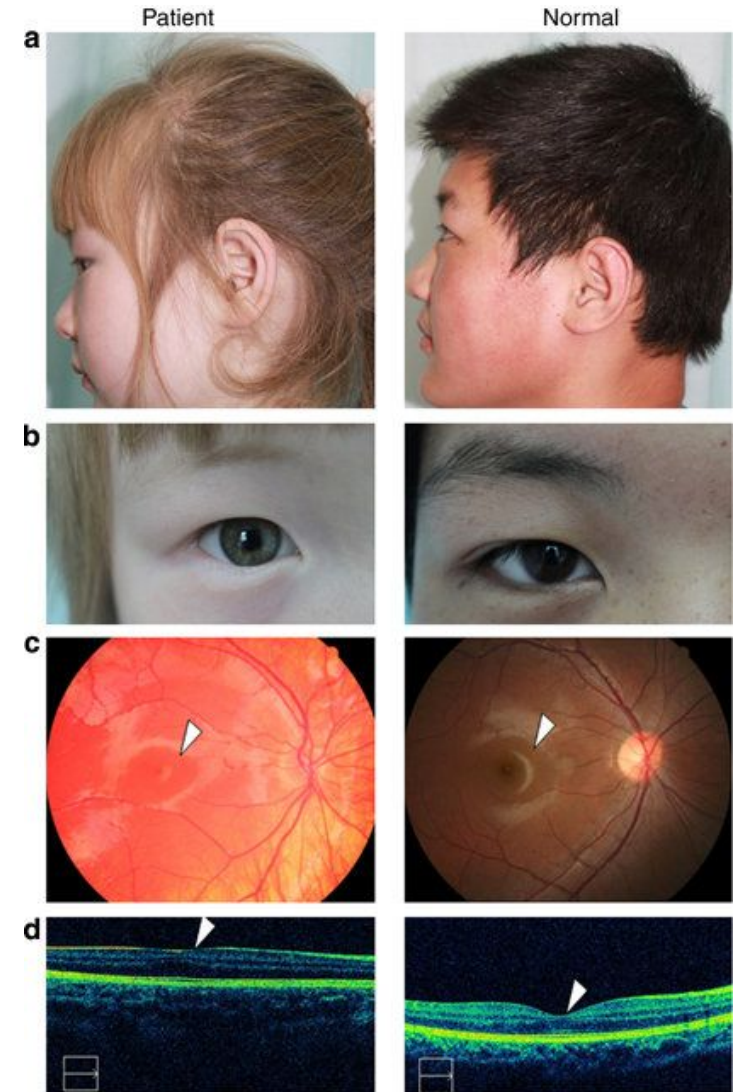
**The impact of Ala111Thr on skin color, however, varies across the Indian subcontinent depending on the epistatic context;** the SLC24A5 111Thr allele's ability to lower melanin production is dependent on specific and distinct genetic backgrounds made possible by the unique reproductive structure (caste marriage) of the Indian populations (Iliescu et al., 2018).



# Pleiotropy

## Oculocutaneous albinism II (OCA2)

- located on the long (q) arm of **chromosome 15**
- encodes for **melanocyte-specific transporter protein**, an **integral membrane protein** involved in small molecule transport, specifically of **tyrosine** - a precursor of **melanin**.
- Mutations in OCA2 may result in type 2 **oculocutaneous albinism**.
- OCA2 east Asian variant clearly impacts skin, iris, and hair color i; seems to be the main determinant of eye color depending on the amount of melanin production in the **iris stroma**





# La storia dei geni del colore della pelle



Crawford et al., Science 2017

Is it true that as humans migrated **out of Africa**, it was believed that mutations led to lighter skin that can supposedly regulate vitamin D production in lower sunlight levels?

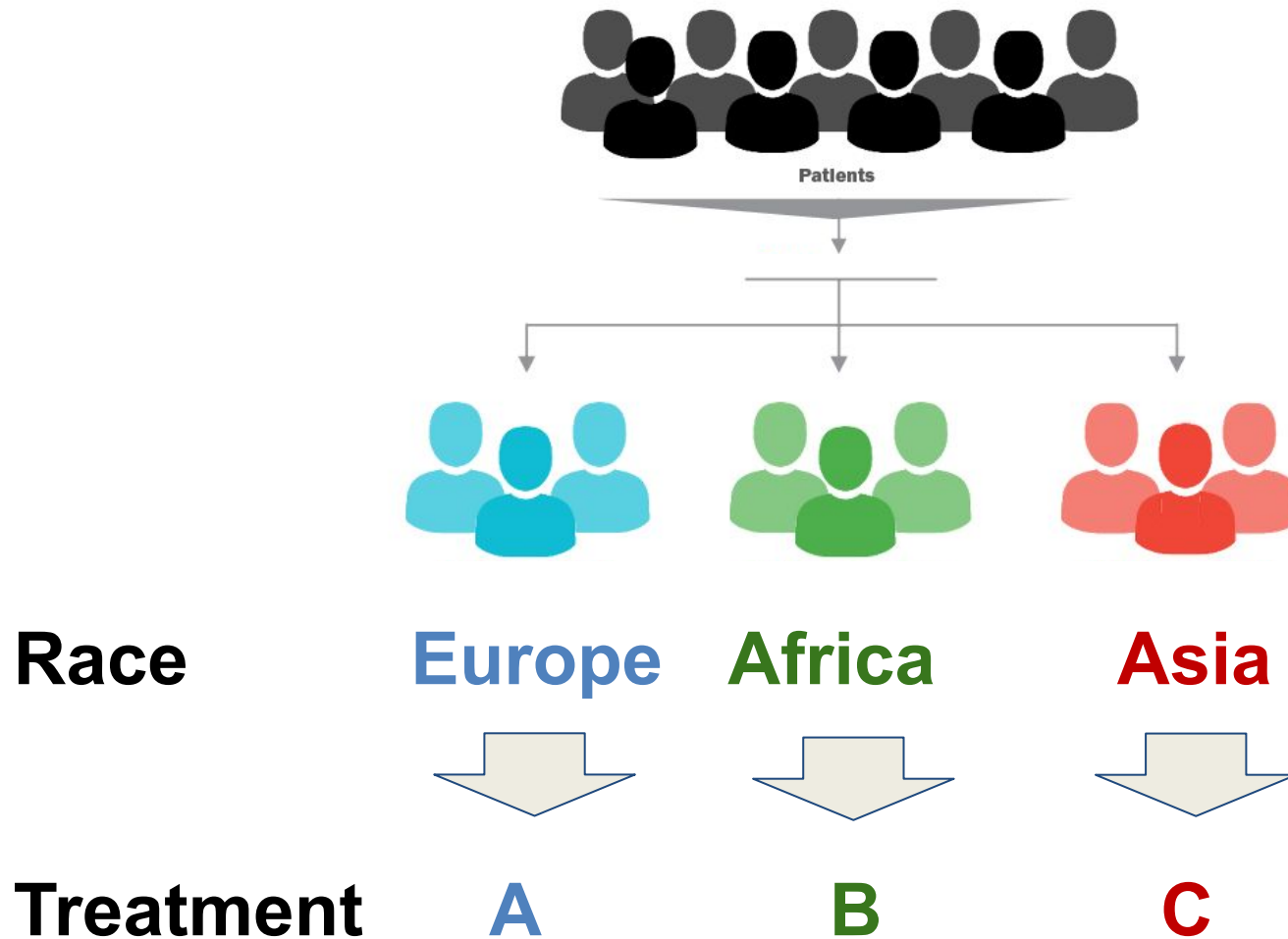
**The genes for light skin have been there since the beginning.** Chimp has light pigmentation, so skin color in the ancestors of modern humans could have been relatively light. It is likely that **when we lost the hair covering our bodies and moved from forests to the open savannah, we needed darker skin.**

**Seven genetic variants associated with lighter skin developed at least 270,000 years ago and four more than 900,000 years ago.** Considering our species, Homo sapiens, did not evolve until around 200,000 to 300,000 years ago, **genes responsible for lighter skin tones were present into the genetic material of our hominin ancestors—hundreds of thousands of years before the first humans walked the Earth.**

3.

Ciò che può  
sembrare utile non  
è per forza vero.

# Race-based Pharmacogenetics?





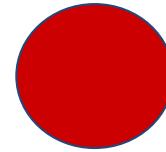
# Race-based medicine ?

## YES, if

- Races have the potential to be biologically meaningful.
- Race-based medicine helps create genome-based personalized medicine

## NO, since

- The concept of race in humans has no biological basis
- Difference in disease prevalence between two socially defined groups does not necessarily imply genetic causation
- Medical practices should maintain their focus on the individual rather than an individual's membership to any group
- Overemphasizing genetic contributions to health disparities carries various risks such as reinforcing stereotypes, promoting racism or ignoring the contribution of non-genetic factors to health disparities
- Epidemiological data show that living conditions rather than race make the biggest difference in health outcomes
- Patients are reluctant to accept racial categorization in medical practice.



## VIEWPOINT

# Race and Pharmacogenomics—Personalized Medicine or Misguided Practice?

**Christopher W. Goodman, MD**  
Department of  
Medicine, University of  
South Carolina School  
of Medicine, Columbia.

**Allan S. Brett, MD**  
Department of  
Medicine, University of  
South Carolina School  
of Medicine, Columbia.



Viewpoint pages 623  
and 627

**The use of race** in clinical decision-making is coming under increasing scrutiny, in part because of growing recognition that race-based diagnosis and treatment reflect flawed social, biological, and genetic assumptions. Despite this concern, guidelines, algorithms, and advisory and regulatory bodies (including the US Food and Drug Administration [FDA]) regularly use race in ways that influence clinical decisions. For example, race-based “corrections” have been deemed problematic in algorithms, risk scores, and physiologic calculations used in cardiology, nephrology, urology, and obstetrics.<sup>1,2</sup>

Pharmacogenomics is a field that explores relationships between genes and drug effects, with potential to “personalize” medical therapy. For clinical scenarios in which a genotype is clearly linked to important outcomes, direct genetic testing would appear to obviate

people of Southeast Asian and African American descent should be tested for the HLA-B\*5801 allele before initiation of allopurinol.<sup>4</sup>

However, genetic variation within certain geographic populations or ethnic groups can exceed variation across racial categories. Published HLA-B\*5801 allele frequencies demonstrate this intrapopulation genetic diversity and the limitations of the ACR recommendations (Figure). Data from Switzerland—available by city, not by race or ethnicity—illustrate the point. Despite Switzerland’s relatively small size and comparative racial homogeneity, HLA-B\*5801 frequencies vary considerably across the country. Although the average HLA-B\*5801 frequency in Switzerland is comparable with the US White population, the city of Basel reportedly has a higher frequency of HLA-B\*5801 than the US African American population.<sup>5</sup>

**BiDil**  
isosorbide dinitrate/hydralazine HCl

arbor  
*patient*  
**DIRECT**  
ArborPatientDirect.com

CO-PAY AS LOW AS

**\$25\***

Click here to find out how



I am a **healthcare provider** interested in prescribing BiDil to my patients



I am a **patient/caregiver** interested in learning about BiDil for African Americans with heart failure

isosorbide dinitrate



hydralazine HCl



releases nitric oxide



may also mitigate tolerance to nitrates



dilates arteries and veins



dilates arteries





1. the original study did not have **a significant number of African-American subjects** to make the BiDil's race specific claims,<sup>1</sup> and that the results of **only one clinical trial** where African-Americans were tested does not provide a full and comprehensive study.
2. **Self-identified racial identifications** from patients as an indicator for race during the trials were not a sufficient categorization method because these self-identifications were socially constructed and have no biological connection to genomic data-
3. **the trial failed to include any non-African American test subjects.** [\[22\]](#) The trial was designed to include only African American test subjects, therefore failing to show that BiDil has a greater effectiveness in African Americans than those in other races.
4. **The trials represented a new form of scientific racism** where race, a socially constructed category, would continue to be present in research as a placeholder for genomic identification.

## Another story

**Yancy *et al.* (2001)**, a drug called **carvedilol**, which blocks the function of beta-adrenergic receptors, a type of hormone receptor in the body, **worked equally well** as a treatment for both African American and Caucasian patients with heart failure.

**Exner *et al.*, 2001**, another drug called **enalpril**, which blocks the action of a **protein** known as **angiotensin-converting enzyme (ACE)**, was shown to be more effective in Caucasian patients with a particular heart defect than in African Americans. As a result of this study, there was a reported decrease in the offering of ACE inhibitors to treat hypertension in African American patients.

**Saunders & Gavin (2007)** have shown that when **adequate dosing and appropriate combinations are used**, ACE inhibitor therapy provides effective blood pressure control in both groups of patients ().

in **2008**, **Liggett *et al.***, found a mutation in G-protein-coupled receptor kinase 5 (GRK5) in 40% of African Americans. This mutation protects individuals suffering from heart failure from death and thus has an effect similar to beta-blocker drugs following heart failure. The authors concluded that this finding suggests "a reason for conflicting results of beta-blocker clinical trials in this population."

## **Genetic Structure, Self-Identified Race/Ethnicity, and Confounding in Case-Control Association Studies**

Tang *et al.* (2005)

326 microsatellites in 3,636 people who identified themselves as belonging to Caucasian, African American, East Asian, and Hispanic).

Analysis of the data produced four major genetic clusters, which showed near-perfect correspondence with the four self-reported race/ethnicity categories.

Tang and colleagues thus concluded that using self-identified race as a way to divide populations in clinical studies is valuable, because that definition encompasses genetic variations.



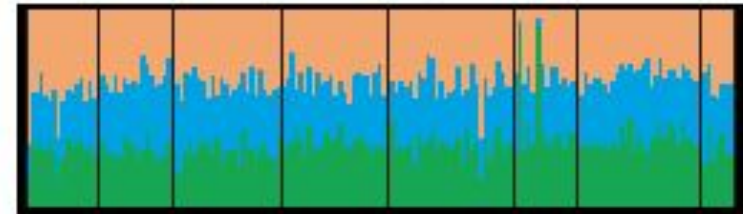
# Genetic Structure of Human Populations

Noah A. Rosenberg,<sup>1\*</sup> Jonathan K. Pritchard,<sup>2</sup> James L. Weber,<sup>3</sup>  
Howard M. Cann,<sup>4</sup> Kenneth K. Kidd,<sup>5</sup> Lev A. Zhivotovsky,<sup>6</sup>  
Marcus W. Feldman<sup>7</sup>

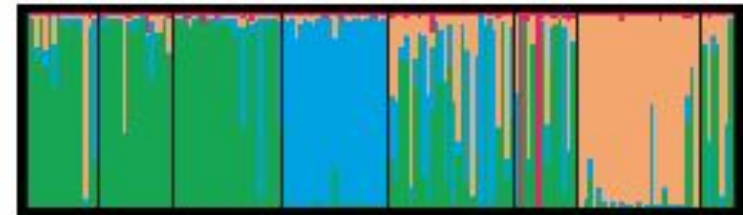
use of self-reported ancestry. In genetic case-control association studies, false positives can be obtained if disease risk is correlated with genetic ancestry (24, 26). Basing analyses on self-reported ancestry reduces the proportion of false positives considerably (25). However, association studies are usually analyzed by significance testing, in which slight differences in genetic ancestry between cases and controls can produce statistically significant false-positive associations in large samples. Thus, errors incurred by using self-reported rather than genetic ancestry might cause serious problems in large studies that will be required for identifying susceptibility loci with small effects (26). Genetic clustering is also more appropriate for some types of population genetic studies, because unrecognized genetic structure can produce false positives in statistical tests for population growth or natural selection (27).

## Europe

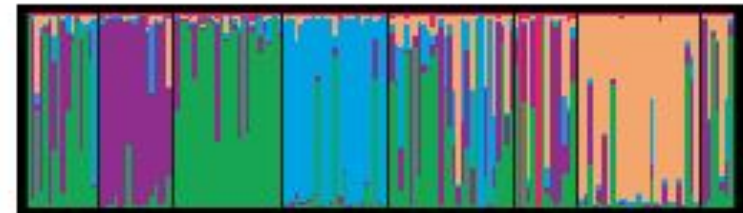
K=3



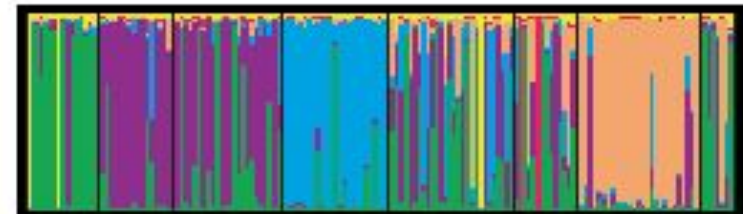
K=4



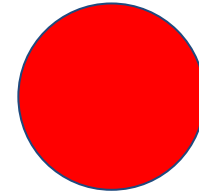
K=5



K=6



Orcadian  
Adygei  
Russian  
Basque  
French  
Italian  
Sardinian  
Tuscan




# Population genetic structure of variable drug response

James F. Wilson<sup>1,2</sup>, Michael E. Weale<sup>3,4</sup>, Alice C. Smith<sup>1</sup>, Fiona Gratrix<sup>1</sup>, Benjamin Fletcher<sup>3</sup>, Mark G. Thomas<sup>3</sup>, Neil Bradman<sup>3</sup> & David B. Goldstein<sup>1</sup>


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Because different populations have different frequencies of various alleles involved in drug metabolism, Wilson *et al.* examined variations in genes encoding these enzymes, including CYP2D6, across the clusters they identified with their **microsatellite** analysis. They found that the genetic groupings (based on the microsatellite analysis) appeared to be more informative regarding differences in drug metabolism than the groupings based on skin color or self-defined ethnic groups.

Population	A	B	C	D
Bantu	0.04	0.02	0.93	0.02
Ashkenazi	0.96	0.01	0.01	0.02
Ethiopia	0.62	0.08	0.24	0.06
Norway	0.96	0.02	0.01	0.01
Armenia	0.90	0.04	0.02	0.05
China	0.09	0.05	0.01	0.84
Papua New Guinea	0.02	0.95	0.01	0.02
Afro-Caribbean	0.21	0.03	0.73	0.03

 **Table 1: Proportion of membership of each sampled population in structure-defined subclusters**

These results indicate that a reasonably high number of loci should be used to obtain consistency in clustering; one approach would be to use one marker from each chromosome arm.

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and 23 on the **X chromosome** in a heterogeneous group of individuals. Study participants were then assigned to four subclusters according to their microsatellite alleles, which roughly corresponded to four geographic areas: Western Eurasia, Sub-Saharan Africa, China, and New Guinea (Table 1).



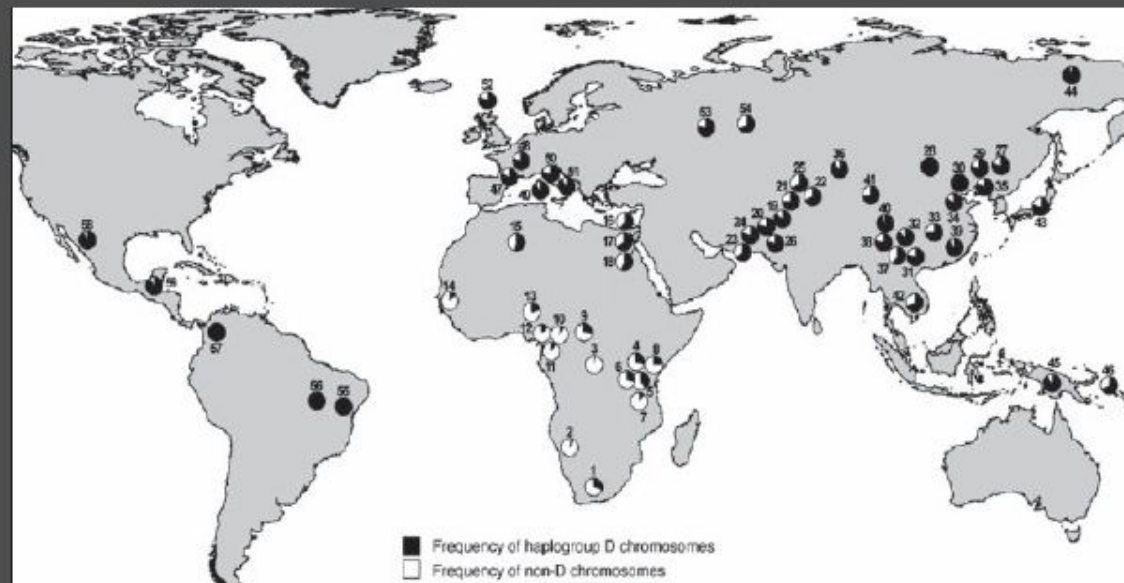
# The trouble with genetic traits



NAT2 acetylator

MCPH D-haplogroup

Variation is **continuous** and **discordant**. It is possible to cluster people on the basis of any trait, but the resulting classification does not allow one to predict clustering for other traits





# Race-based medicine ?

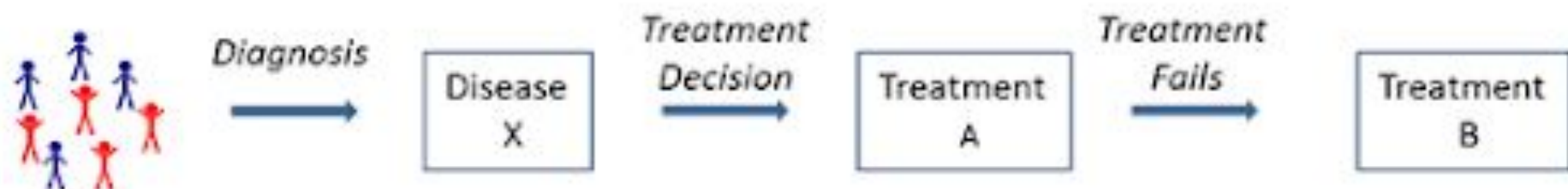
**YES**

- Races have the potential to be biologically meaningful.
- Race-based medicine helps create genome-based personalized medicine

**NO**

- The concept of race in humans has no biological basis
- Difference in disease prevalence between two socially defined groups does not necessarily imply genetic causation
- Medical practices should maintain their focus on the individual rather than an individual's membership to any group
- Overemphasizing genetic contributions to health disparities carries various risks such as reinforcing stereotypes, promoting racism or ignoring the contribution of non-genetic factors to health disparities
- Epidemiological data show that living conditions rather than race make the biggest difference in health outcomes
- Patients are reluctant to accept racial categorization in medical practice.

## Symptoms based approach



## Stratified medicine approach

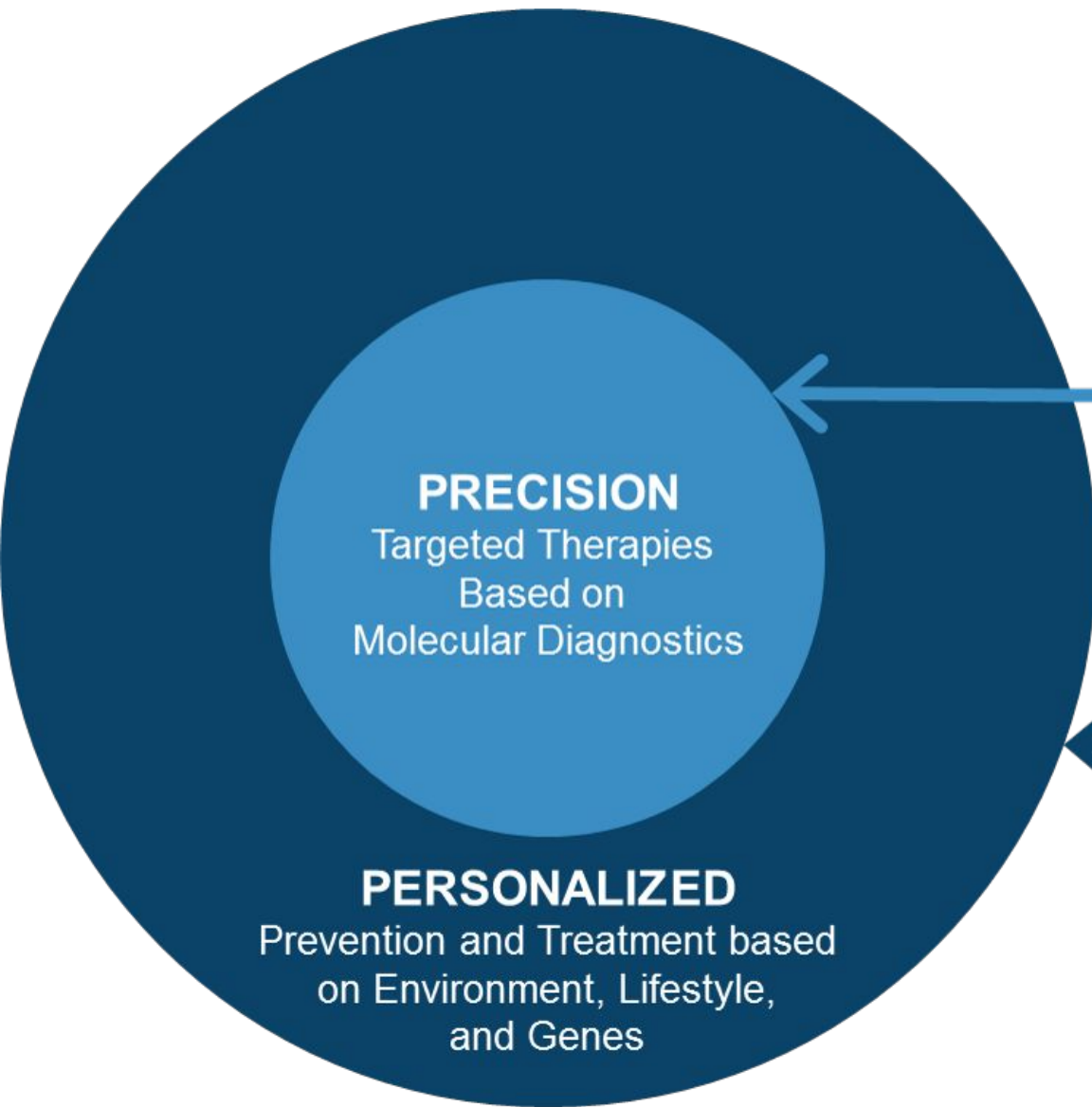


“To attain truly personalized medicine, the scientific community must leave behind simplistic race-based approaches, and look instead for the genetic and environmental factors contributing to individual drug reactions”



Gene	Examples of substrates	James Watson	Craig Venter	Known effects
CYP1A2	Antipsychotics, caffeine, warfarin	*1F/*1F	*1F/*1F	*1F influences the induction of CYP1A2 activity
CYP2C9	Anti-inflammatory drugs, statins, warfarin, sulfonylurea (antidiabetic), angiotensin receptor blockers (hypertension)	*1A/*1A	*1A/*1B	*1B appears to be normal
CYP2C19	Proton pump inhibitors, tricyclic antidepressants	*1B/*1B	*1B/*1B	*1B has normal enzyme activity
CYP2D6	β-Blockers, antiarrhythmics, antipsychotics, tricyclic antidepressants	*10/*10	*1A/*1A	*10 has decreased activity
CYP3A4	Calcium channel blockers, chemotherapeutic agents, statins	*1A/*1B	*1A/*1A	*1B may influence prostate cancer
CYP3A5	Immunosuppressive drugs, protease inhibitors, statins	*3/*3	*3/*3	*3 is nonfunctional because of a splicing defect





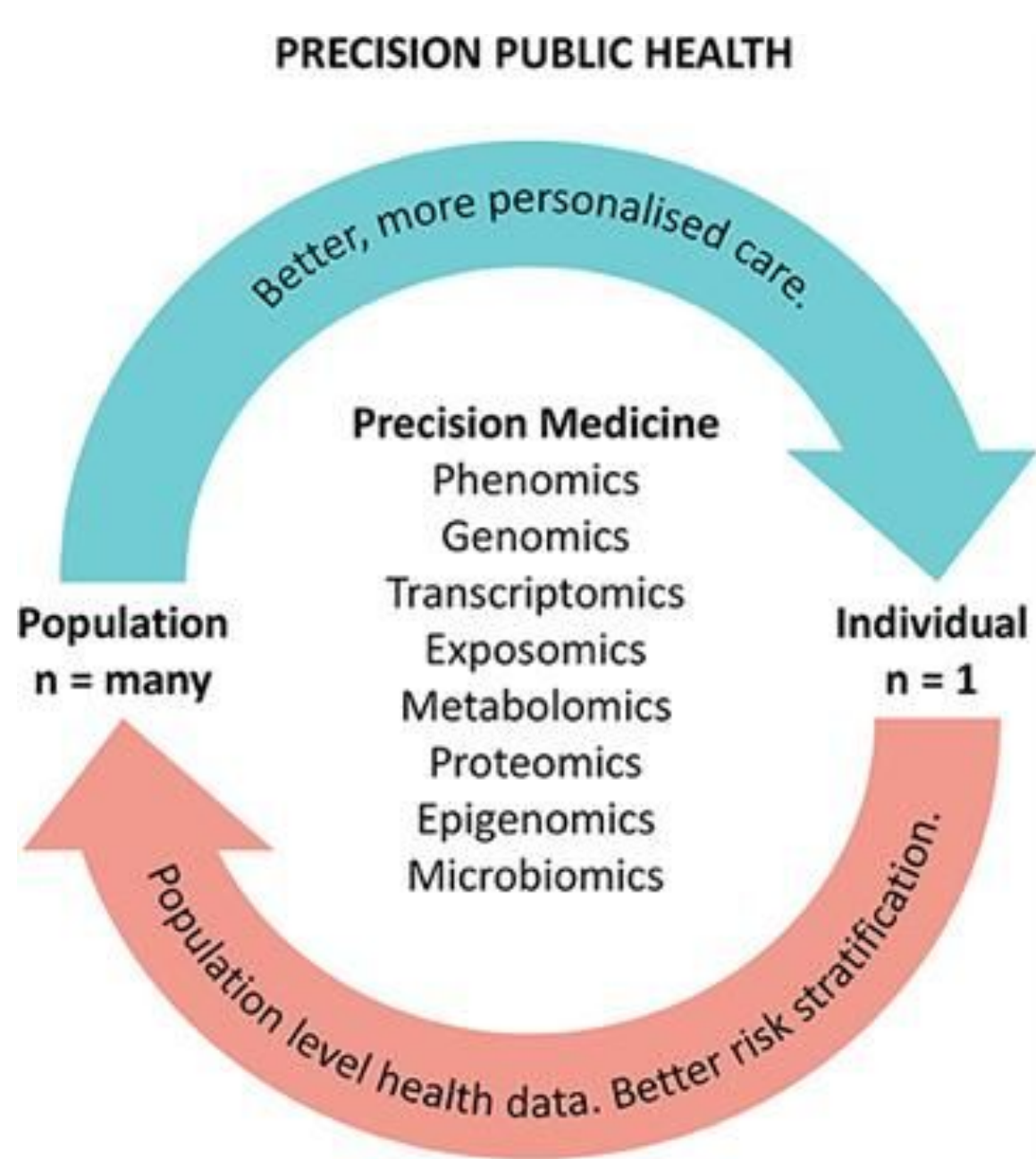
**PRECISION**  
Targeted Therapies  
Based on  
Molecular Diagnostics

**PERSONALIZED**  
Prevention and Treatment based  
on Environment, Lifestyle,  
and Genes

**Precision Medicine**  
is science – a new wave of  
evidence-based medicine

**Personalized Medicine**  
is a practice – managing a  
patient's care more  
holistically

**Precision medicine** is “an emerging approach for disease treatment and prevention that takes into account **individual variability in genes, environment, and lifestyle** for each person.” The new GHR primer stresses that, although the term *precision medicine* is relatively new, the concept has existed in different areas of medical practice for a long time.



# Ma.... c'è un ma!

Le razze escono dalla porta ma  
rientrano dalla ...finestra





**Richard Lewontin**

1929

*Human Diversity, 1982*

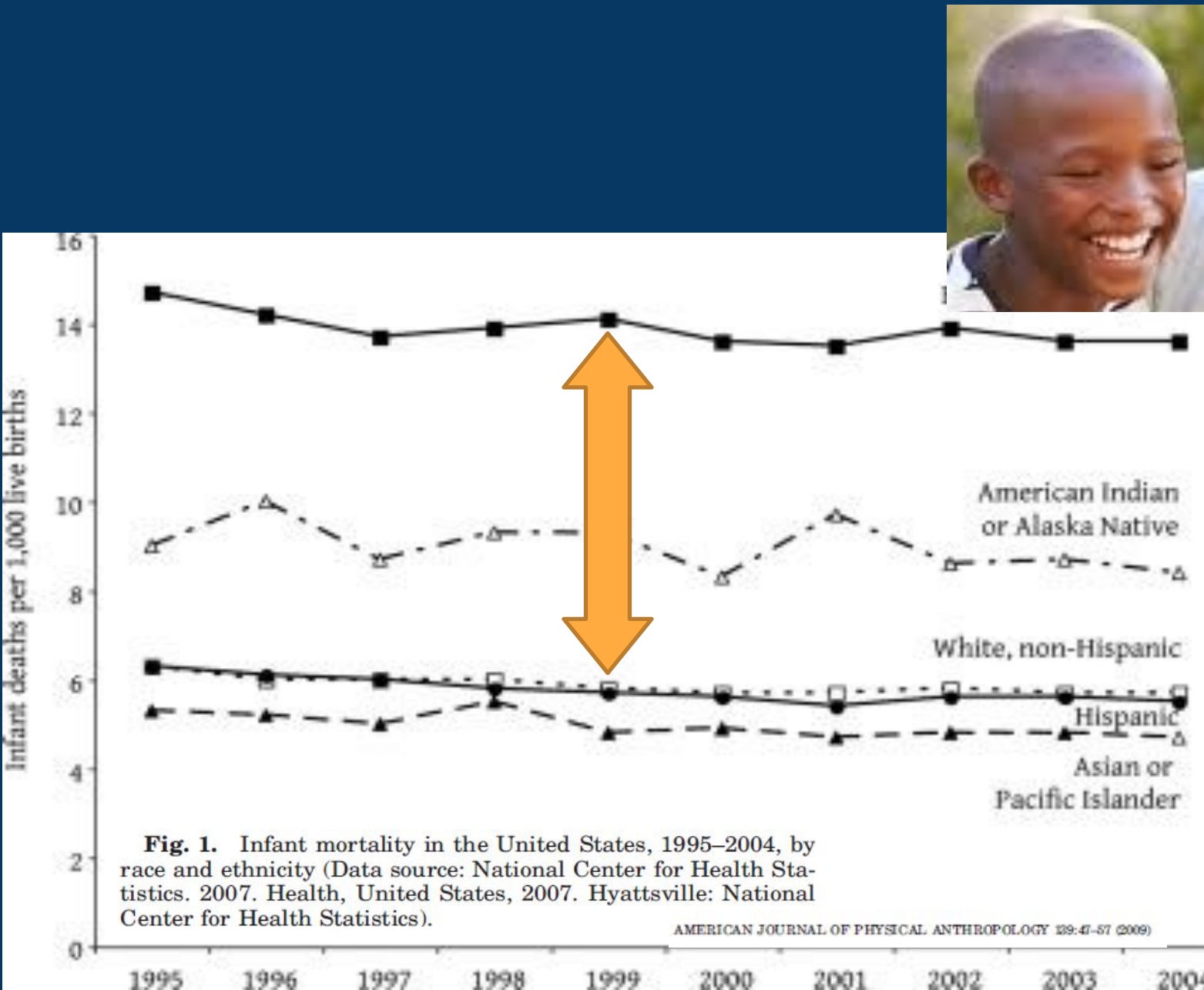
Non vi è praticamente alcun aspetto della variazione tra esseri umani che non sia influenzato in qualche modo dall'organizzazione sociale che caratterizza la nostra specie.

Anche le differenze nell'andamento delle malattie e della mortalità sono caratteristiche di gruppi socialmente definiti.

# Esistono le razze umane ?

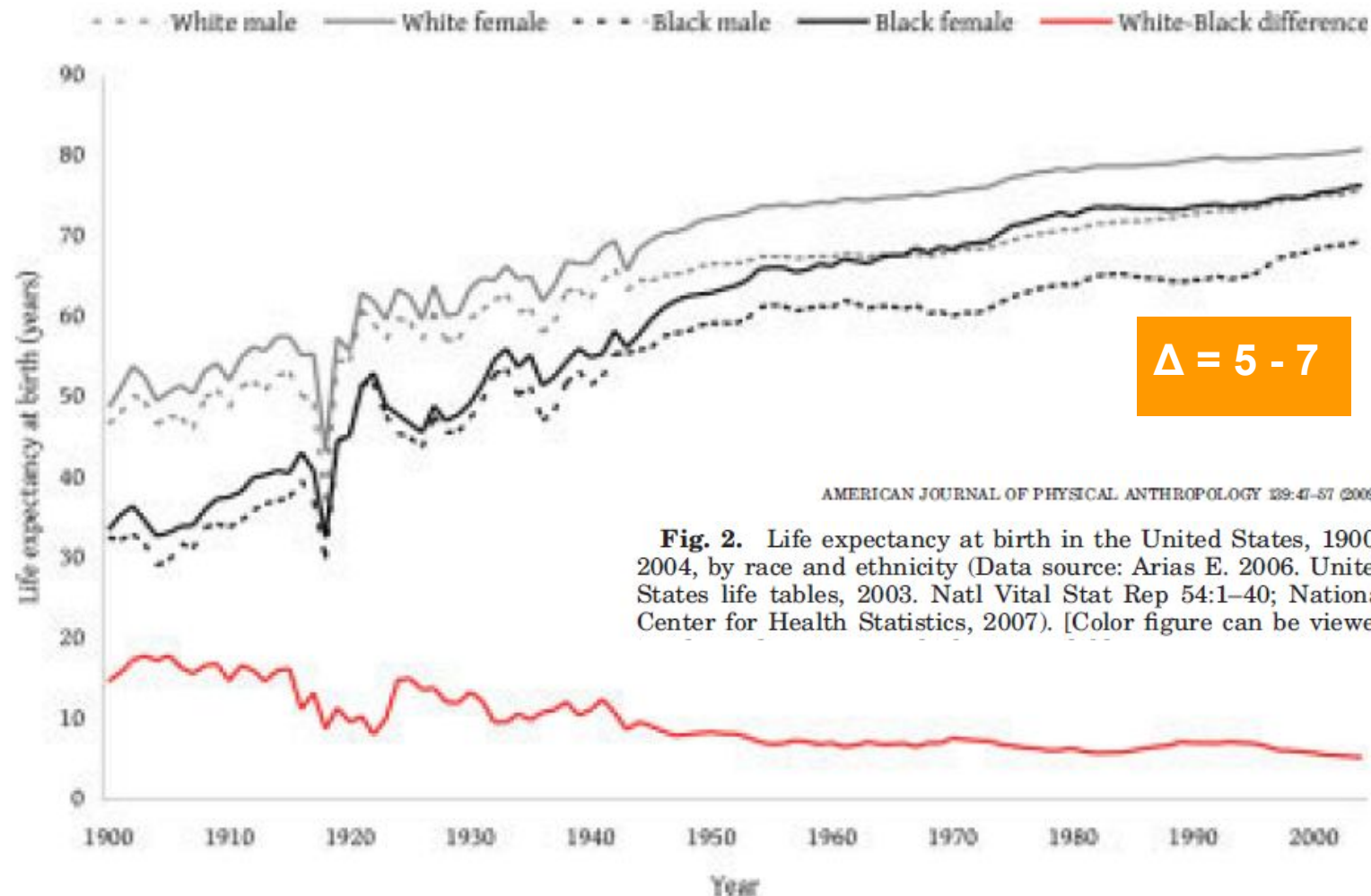
**Esistono differenze  
biologiche tra gruppi umani  
riconducibili a categorie  
razziali?**

# Mortalità infantile 1995-2004 (Gravlee, AJPA 2009)





# Aspettativa di vita 1995-2004 (Gravlee, AJPA 2009)



**Fig. 2.** Life expectancy at birth in the United States, 1900–2004, by race and ethnicity (Data source: Arias E. 2006. United States life tables, 2003. Natl Vital Stat Rep 54:1–40; National Center for Health Statistics, 2007). [Color figure can be viewed



Le **malattie cardiovascolari** rappresentano la percentuale maggiore di differenza bianco-neri nella mortalità (34,0%)

I tassi di mortalità per età dovuti a **diabete, setticemia, malattie renali e ipertensione** sono più di due volte più alti tra gli afroamericani

il **tasso di mortalità** corretto per l'età è superiore di oltre il 30% negli afroamericani



... ancora la **percezione**

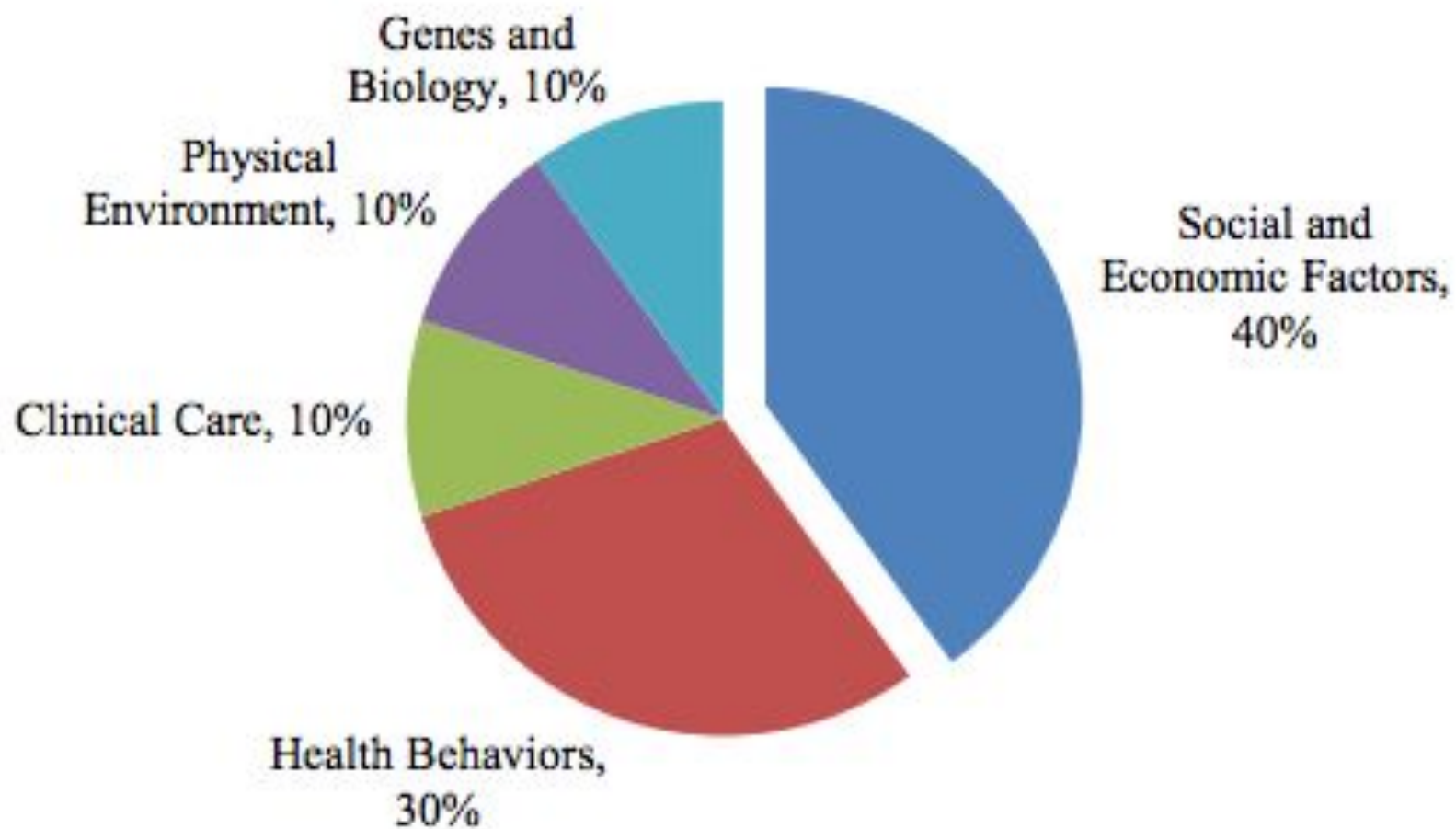




# **“Racial” inequalities in health**

- 1) socioeconomic status
- 2) health behaviors
- 3) psychosocial stress
- 4) Social structure and cultural context.
- 5) genetic factors.

## The Determinants of Health



## How race becomes biology

First, the sociocultural reality of race and racism has biological consequences for racially defined groups. Biology may provide some of the strongest evidence for the persistence of race and racism as socio cultural phenomena

Second, epidemiological evidence for racial inequalities in health reinforces public understanding of race as biology; this shared understanding, in turn, shapes the questions researchers ask and the ways they interpret their data —reinforcing a racial view of biology.

# Races as a scientific fiction and a social fact